The Effect of Sexual Arousal on Rapists' Implicit Attitudes and Explicit Cognitive Distortions toward Rape

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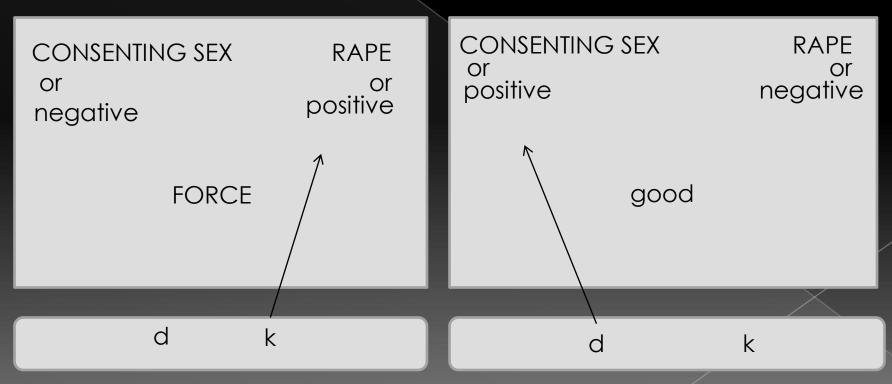
Background Theory & Research

- Rape-related cognitions are theoretically and empirically related to rape (e.g, Bumby, 1996; DeGue & DiLillo; 2004, Hall & Hirschmann, 1991; Lanier, 2001; Polaschek & Gannon, 2004; Polaschek & Ward, 2002)
- Attitudes fall within the cognitions construct

 Attitudes toward rape have received little empirical attention

Background Theory & Research

- Implicit vs. Explicit cognition
- Implicit Association Test (Greenwald, McGhee, & Schwartz, 1998)



Background Theory & Research

- Sexual arousal theoretically plays a role in the sex offence process (e.g., Self-Regulation Model of Sex Offending; Ward & Hudson, 2000)
- Sexually aroused participants report they are more likely to be sexually aggressive (Ariely & Loewenstein, 2006; Loewenstein et al., 1997)
- Importance of sexual assault benefits may mediate the link between sexual arousal and sexual coercion (Bouffard, 2002)

Summary

- Rape-related cognitions are theoretically and empirically important to the study of rape
- There are two types of cognition: Implicit and Explicit
- Sexual arousal is a motivational state that plays a theoretical role in the sex offence process
- Sexual arousal influences:
 - > Reported likelihood of rape
 - > May be mediated by evaluations of sexual assault benefits

Research Question

• How does sexual arousal influence implicit attitudes and explicit cognitive distortions toward rape in rapist and non-sex offender populations?

Participants

- \odot Incarcerated Rapists (n = 24):
 - > Sexually motivated offence with a female victim equal to or greater than 16 years old
 - > Recruited from federal institutions in Ontario, Canada
- \odot Non Sex Offenders (n = 12):
 - > No evidence of committing a sex offence
 - Recruited from federal institutions and a maximum security mental health facility in Ontario, Canada

Measures

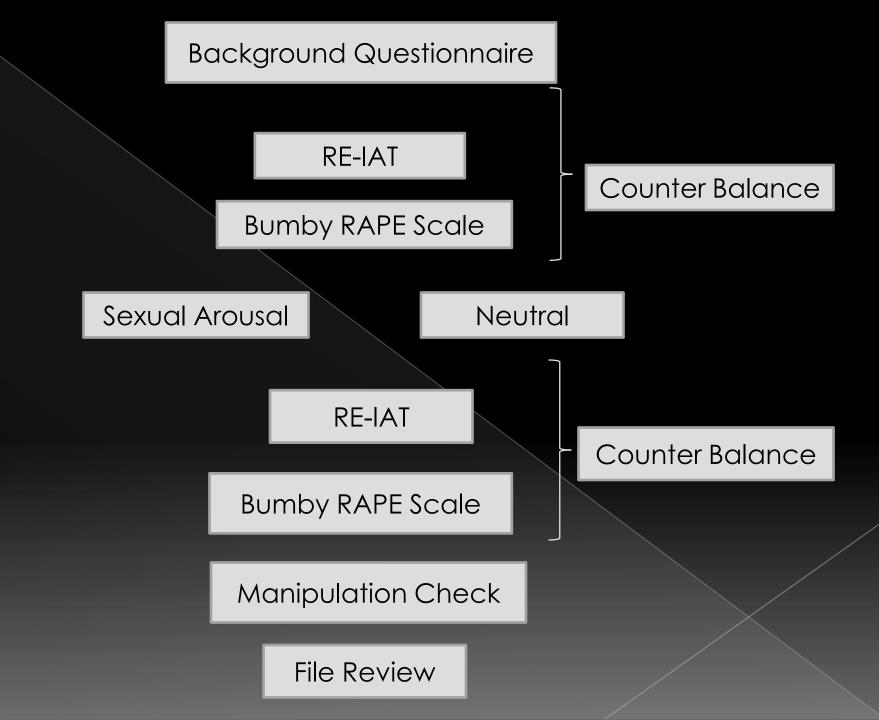
- Rape Evaluation IAT (RE-IAT):
 - > Implicit attitudes toward rape relative to consenting sex
- Bumby RAPE Scale:
 - > Explicit cognitive distortions

Manipulation

- Sexual Arousal
 - > Audio recording read by female
 - > 2 minute Penthouse story
 - > Consensual and mutually satisfying heterosexual sexual encounter

Neutral

- > Audio recording read by female
- > 2 minute story about a man grocery shopping



Participants

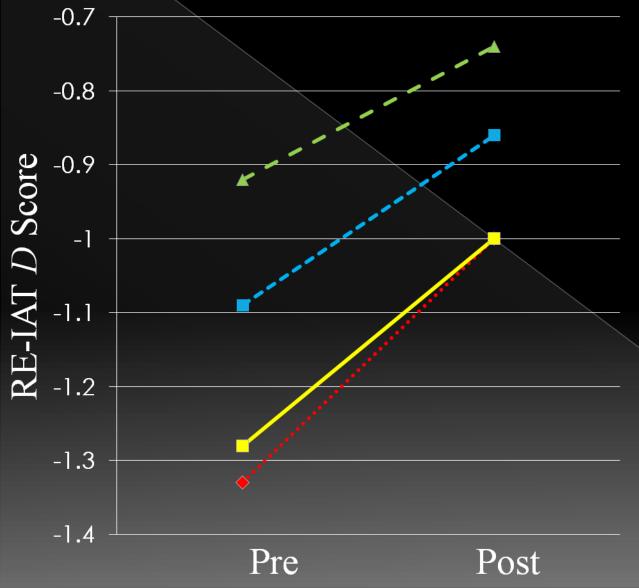
Table 1
Participants' Demographic Information

	Rapist Arousal	Rapist Neutral	Non Sex Offender Arousal	Non Sex Offender Neutral
Mean Age Category (SD)	35-39 (1.52)	35-39 (1.66)	30-34 (1.17)	30-34 (1.22)
Has Grade 8 Education %(n)	92.30% (12)	100% (11)	100% (6)	100% (6)
Had a Victim Under 16 yrs old %(n)	30.77% (4)	36.36% (4)	-	-
Any SO Treatment %(n)	53.85% (7)	63.64% (7)	-	-
Static -99 M (SD)	5.50 (1.27)	6.28 (2.50)	-	-

Figure 1

Results

Sexual Arousal and Implicit Attitudes toward Rape



- Rapist Arousal (d = 0.66, 95%CI 0.14 to 1.17))
- ---Rapist Neutral (d = 0.57, 95%CI 0.02 to 1.12)
- → Non Sex Offender Arousal (d = 0.40, 95%CI -0.23 to 1.02)
- Non Sex Offender
 Neutral (d = 0.38,
 95%CI -0.31 to
 1.08)

Results

Figure 2
Sexual Arousal and Implicit Attitudes Towards Rape when Treatment and Effectiveness of Arousal Manipulation are Controlled.

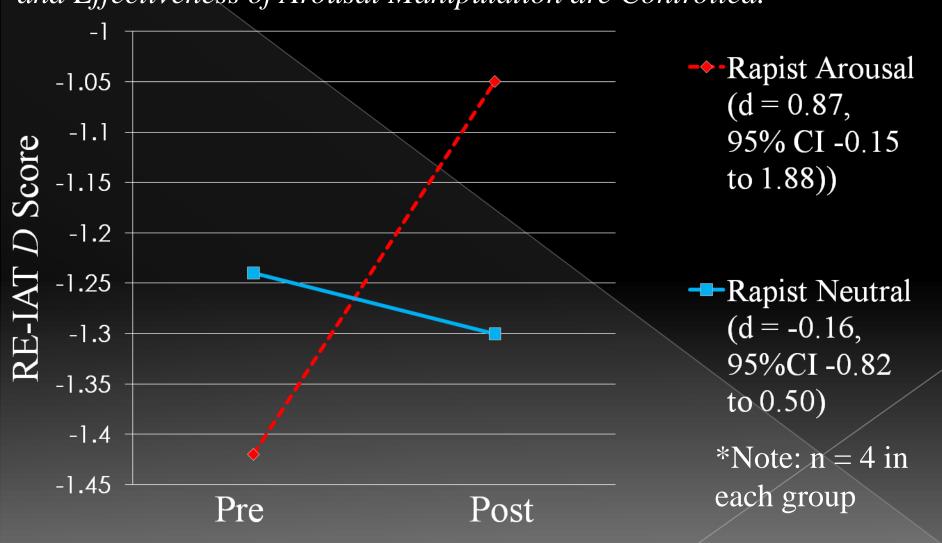
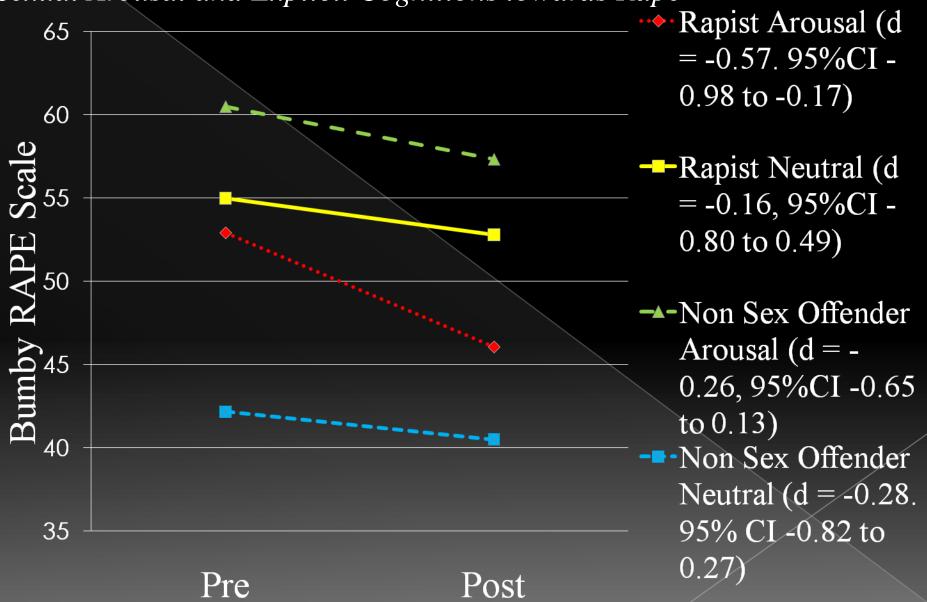


Figure 3

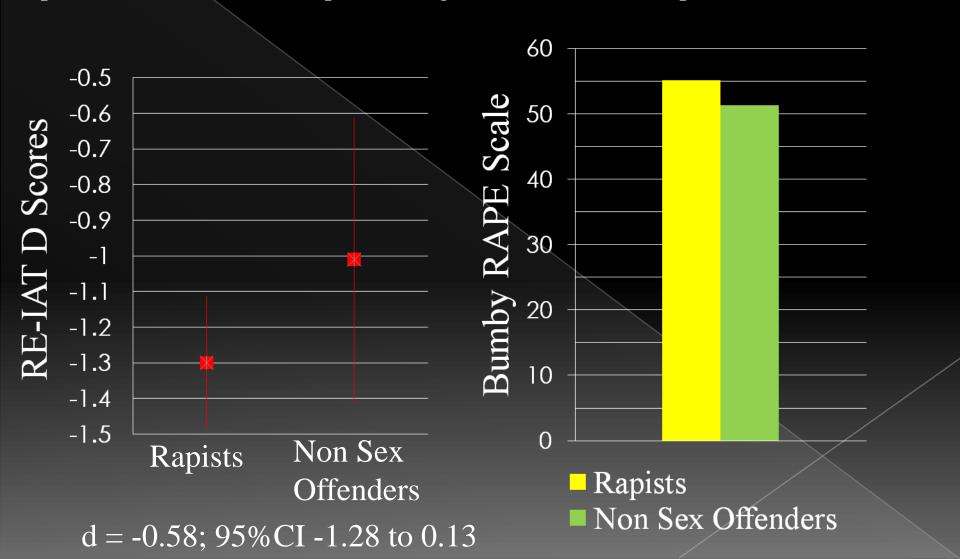
Results

Sexual Arousal and Explicit Cognitions towards Rape



Results

Figure 4
Differences between Rapists and Non Sex Offenders on Pre Manipulation
Implicit Attitudes and Explicit Cognitions toward Rape



Discussion

- When sexually aroused rapists implicitly evaluate rape less negatively
 - > Consistent with theories of rape that suggest sexual arousal plays a role in the offence process
- When sexually aroused rapists endorse less cognitive distortions on the Bumby RAPE Scale
 - > Unexpected
 - > Could be because some of the cognitive distortions are not relevant to the goal of obtaining sex

Limitations

Small Sample Size

Effectiveness of Sexual Arousal Manipulation

Generalizability of sample

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RE-IAT

Right Key Categories

Consenting Sex

Negative

Consenting Sex & Negative

B4	40	Rape & Positive	Consenting Sex & Negative		
B5	40	Consenting Sex	Rape		
В6	20	Consenting Sex & Positive	Rape & Negative		
В7	40	Consenting Sex & Positive	Rape & Negative		
Note Blocks 3 and 4 are counterbalanced with Blocks 6 and 7 and					

Left Key Categories

Rape

Positive

Rape & Positive

Block

B1

B2

B3

Number

of Trials

20

20

20

Note. Diocks 5 and 4 are counterparanced with blocks o and Blocks 1 and 5 are counterbalanced with each other, between participants.

RE-IAT

 Evaluates implicit attitudes toward rape relative to consenting sex

Rape	Consenting Sex	Positive	Negative
Force	Consent	Vacation	Rotten
Violent	Mutual	Rainbow	Poison
Rape	Willing	Smile	Sickness
Violate	Permission	Sunshine	Vomit
Assault	Agreement	Paradise	Cancer
		Freedom	Evil