

SOARING 2 – Decision Grid



Fill in this **Decision Grid** with your client, focusing on a primary **Criminogenic Need**. Help your client walk through the short- and long-term costs and benefits of their decisions related to this **Need**.

Client Name: _____

Date: _____

Primary Need: _____

**Pros of Engaging in
Risky Behavior**

**Cons of Engaging in
Risky Behavior**

**Pros of NOT Engaging
in Risky Behavior**

**Cons of NOT Engaging
in Risky Behavior**

SOARING 2 – Decision Grid



This page is a guide to using the **Decision Grid** with your offender client. The main goal of this sheet is to help you and your offender client better understand the reasons he/she makes decisions to offend.

The **Decision Grid** allows you to learn clear and specific information about your offender client's motivations. You can use this grid to initiate conversations about what makes it worth it for your client to put effort into staying crime-free. This thought exercise often motivates offenders to maintain effort toward managing risk situations and initiating positive, non-criminal behaviors. This tool helps you create a realistic plan of action.

Pros of Risky Behavior

What aspects of this behavior affect you in a good way?
What good things tend to happen when you do this behavior?
How does this behavior make your life easier?
What good things do you feel about yourself when you do this behavior?
How does this behavior help you cope in life?
Do people important to you join you in this behavior?

Cons of Risky Behavior

What aspects of this behavior affect you in a bad way?
Do you ever regret this behavior? What does that look and feel like?
How does this behavior make your life harder?
What bad things tend to happen when you do this behavior?
What unpleasant things do you feel about yourself when you do this?
Do people important to you disapprove of this behavior?

Pros of NO Risky Behavior

If you stopped this behavior, what new things could you look forward to?
How would your life be easier if you stopped this behavior?
If you stopped this behavior, how would your life be different in a positive way?
What bad things would go away if you stopped this behavior?
What good things would start happening if you stopped this behavior?

Cons of NO Risky Behavior

What would you miss about this behavior if you stopped doing it?
How would your life be harder if you stopped this behavior?
If you stopped this behavior, how would your life be different in an unpleasant, negative way?
What bad things would start happening if you stopped this behavior?
What good things would go away if you stopped this behavior?