

1

**Switch off your lighting.**

2

**Only use what you really need.**

3

**Pull the plug.**

4

**Avoid personal heating and cooling.**



## **Become Energy Smart**



**Sustainability Tip of the Month**  
**[sustain@carleton.ca](mailto:sustain@carleton.ca)**

Join in with colleagues and become energy smart.

Read more about Carleton University's Sustainability Commitments and how you can save energy at:

[www.carleton.ca/sustainability](http://www.carleton.ca/sustainability)