### Is There an Association Between Self-Esteem and Denial?

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### Denial and Self-Esteem

### **Denial and Minimization**

- ° Can be distinct concepts or can be placed on a continuum
- Some measures can include denying or minimizing any planning, sexual deviance, risk of recidivism or need for treatment

### Self-Esteem

- Refers to whether one evaluates oneself as favourable or unfavourable
- · Can be measured implicitly or explicitly

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### Theory

Sexual offenders' denial or minimization of their guilt and other offence related aspects may be a consequence of low self-esteem. (e.g., Marshall et al., 2009, Xuereb et al., 2015)

Denial and minimization should be associated with lower self-

Sexual offenders' denial or minimization may protect their self-esteem (e.g., Lord & Wilmot, 2004).

Denial and minimization should be associated with higher self-esteem.

### Literature Review

Higher levels of self-esteem are associated with coping with denial (Gudjonsson and Sigurdsson, 2003)

Denial is associated with higher levels of self-esteem in offenders (Xuereb, Ireland, & Davies, 2009; Xuereb, Ireland, Archer, & Davies, 2015)

Adolescent Sexual Offender admitters had lower self-esteem than their denier counter-parts (Sefarbi, 1990)

### **Current Study**

Examined the relationship between self-esteem and denial in child molesters

Included both explicit and implicit self-esteem.

Higher levels of denial will be associated with higher explicit self-esteem

No hypothesis was made for implicit self-esteem as there has been no previous research on the association between denial and implicit self-esteem

### **Participants**

30 males charged, convicted and sentenced for sexual offenses against children

Average age of participants at time of assessment was 41.50 years old  $\,$ 

Range of 22 to 67

76.7% of participants were white

23.3% of participants were Native or Metis

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### **Explicit Self-Esteem Measures** Rosenberg Self-Esteem Scale 10-item self-report measure Total scores range from 10-90 with higher scores indicating higher self-esteem I take a positive attitude towards myself Very Strongly Disagree Moderately Slightly neutral Slightly Strongly Moderately Strongly Very Disagree disagree disagree agree agree strongly agree

## Explicit Self-Esteem Measures Short Self-Esteem Scale Eight binary (i.e. yes/no) items Yes responses scored with a '1' and no responses scored with '2' High scores equal higher self-esteem Example Do you think you can make a success of your life? Yes No

Explicit Self-Esteem Measures

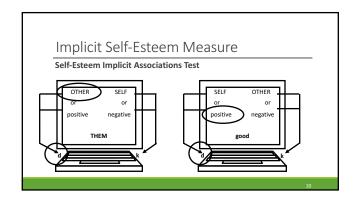
Self-Esteem Semantic Differential

5 i tems that begin with the stem "I am..."
Higher scores equal high self-esteem

Example
I am:

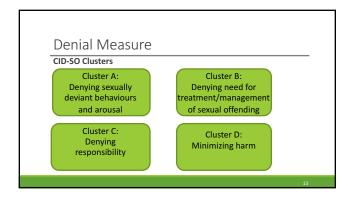
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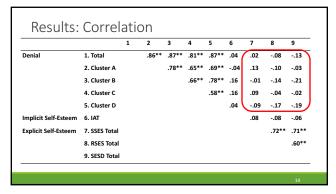
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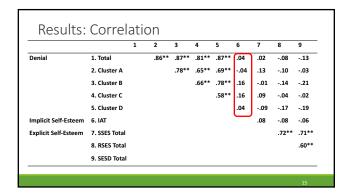


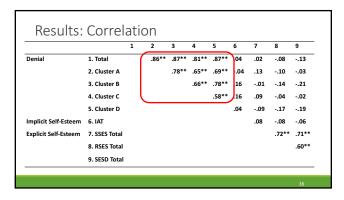
Implicit Self-Esteem Measure Self-Esteem IAT Examples Positive: Negative: SELF: OTHER: Rotten Peace ME Good Poor MY THEY Smile Sickness MINE THEM Нарру Poison MYSELF THEIR Paradise Bad

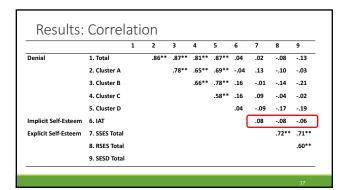
# Denial Measure Comprehensive Inventory of Denial – Sexual Offenders Completed through interview and a review of the participants official file 18 items scored on a 3-point scale ranging from 0 to 2 Scores are added together Higher scores indicate higher levels of denial

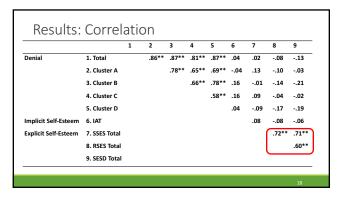












### Discussion

Results did not support our hypothesis as there was no significant relationship between denial and explicit self-esteem.

Results suggest that there is no relationship between the implicit self-esteem and denial.

Implicit and explicit self-esteem may not be associated with denial in sexual offenders against children.

Does not support the theory that denial and minimization protect a sexual offender's self-esteem nor does it support the theory that low self-esteem causes sexual offenders to deny their offences

### Limitations and Future Directions

- Small, nonrandom sample
- one measure of denial and one measure of implicit self-esteem
- Some debate over how well the IAT measures underlying

### **Future Directions**

- Should be replicated
- A larger sample size
- more than one measure of denial and implicit self-esteem

### References

Gudjonsson, G. H., & Sigurdsson, J. F. (2003). The relationship of compliance with coping strategies and self-esteem. European Journal of Psy Assessment, 19(2), 117-123.

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