

## HUMS 3200A/ENG 3201A European Literature

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**Restrictions:** Restricted to students in the College of the Humanities and the Department of English.

**Prerequisites:** HUMS 2000 and third year standing in the Bachelor of Humanities program. Students in English should have a third year standing with a GPA of B or above.

**Format:** IN-PERSON lectures, 3 hours per week (NOT SUITABLE FOR ONLINE STUDENTS)

**Schedule:** Wednesday and Friday from 13:05 to 14:25.

**Instructor:** Caroline Prud'Homme

**Email:** [carolineprudhomme@cunet.carleton.ca](mailto:carolineprudhomme@cunet.carleton.ca)

Office: Paterson Hall 310A

**Office hours:** in-person Friday from 14:30 to 15:30 or by appointment

**Brightspace link for Fall 2023:** [Homepage - Crosslist ENGL3201A:HUMS3200A \[32521:33388\] European Literature \(LEC\) Fall 2023 \(carleton.ca\)](#)

**Brightspace link for Winter 2024:** [Homepage - Crosslist ENGL3201A:HUMS3200A \[12414:13264\] European Literature \(LEC\) Winter 2024 \(carleton.ca\)](#)

### Email communication

You can expect answers to email communications within 48 hours from Monday to Friday between 8:30 and 17:00. You must use your Carleton email or contact the instructor via Brightspace.

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### COURSE CONTENT

In this course, we will explore major European works from the Middle Ages to the Enlightenment. Topics include the rise of the modern novel and drama; medieval and Renaissance chivalry; short stories; epic poetry; travel literature; epistolary novels; close readings; literary analysis; relationships between literary texts and the context in which they originate.

### LEARNING OUTCOMES

At the end of this course, you will be able to:

- Read, analyze, and discuss primary texts written by major European authors in genres such as romance; short stories; epic poetry; travel literature; novel and epistolary novel; theatre.
- Determine and describe key features of European literary texts from the Middle Ages to the Enlightenment.
- Develop and sustain a literary argument using relevant quotes.

- Establish connections between different literary texts as well as between texts and the context in which they emerge.
- Undertake primary and secondary research; prepare an annotated bibliography; and produce research papers demonstrating analysis and synthesis.

### TIME MANAGEMENT

Students registered in this class will benefit from attending all lectures and participating fully in class discussions and activities. Your engagement in the course will be reflected by your ability to meet the expectations for evaluation. You must devote at least 5 hours per week (apart from class time) to this course to complete the assigned readings and assignments and achieve the learning outcomes. You are expected to read the texts ahead of time and to bring the day's main text to class so that you are able not only to follow along when I provide close commentary of passages but also participate in class assignments.

### REQUIRED TEXTS

This is a literature class, and you are expected to read the works in full, unless otherwise indicated.

Books are available at **Haven Books** [Haven \(shophaven.ca\)](http://shophaven.ca), 43 Seneca St, Ottawa, ON K1S 4X2 (613-730-9888). Five-minute walk from campus. Free delivery to campus for the first two weeks of the term.

If you prefer to use another online bookstore, enter the ISBN into the search field to make sure you get the selected edition. You will be able to use these texts in print in class as well as for written assignments and exams.

### FALL TERM

- Troyes, Chretien de. *Erec and Enide* in *Arthurian Romances*. Transl. William W. Kibler and Carleton W. Carroll. Penguin ("Penguin Classics"), 1991: p. 37-122. ISBN: 9780140445213. **\$26.00**
- Boccaccio, Giovanni. *The Decameron*. Transl. Mark Musa and Peter Bondanella. New York: Signet Classics, 2010. ISBN: 9780451531735. **\$10.99** (Previous edition: 2002. ISBN 9780451528667)
- Ariosto, Ludovico. *Orlando Furioso*. Transl. Guido Waldman. Oxford: Oxford UP ("Oxford World's Classics"), 2008. ISBN: 9780199540389. **\$24.99** (Previous edition: 1998. ISBN: 9780192836779)

### WINTER TERM

- Cervantes, Miguel de. *Don Quijote* (part 1). Transl. Thomas A. Lathrop. New York: Signet Classics, 2011. ISBN: 9780451531810. **\$10.99**
- Racine, Jean. *Phaedra* in *Britannicus, Phaedra, Athalia*. Transl. Charles H. Sisson. Oxford: Oxford UP ("Oxford World's Classics"), 2009. ISBN: 978019955994 **\$14.50** (previous edition: 2001. ISBN: 9780192838278)
- Molière. *Tartuffe* in *Tartuffe and Other Plays*. Transl. Donald M. Frame. New York: Signet Classics, 2015. ISBN: 9780451474315. **\$10.45** (previous edition: 2007. ISBN 9780451530332)
- Goethe, Johann Wolfgang von. *The Sorrows of Young Werther*. Transl. David Constantine. Oxford: Oxford UP ("Oxford World's Classics"), 2012. ISBN: 9780199583027. **\$10.95**

Other mandatory readings supplied by the instructor and posted in Brightspace, including:

- Poems by troubadours and *trobairitz*
- Excerpts from Marguerite de Navarre's *The Heptameron*
- Excerpts from Hakluyt's *Principall Navigations, Voiages and Discoveries of the English Nation*
- Excerpts from *Amadis de Gaula* and from *Lazarillo de Tormes*
- Excerpts from Racine (in the selected edition).

## COURSE CALENDAR

Evaluation	Percentage	Due date
Early feedback test	5	September 29
Paper 1	20	November 17 (Paper outline: November 10)
End-of-term exam	25	Official examination period, December 10-22
Paper 2	25	April 5 (Paper outline and annotated bibliography: March 26)
Final exam	25	Official examination period, April 13-25

## EVALUATION

- Early feedback test: short passage analysis done in class in 45 minutes or less. Objective: discuss a literary text; identify the key features of a literary passage studied in class.
- Paper 1 (1000-1500 words) on *Erec and Enide* or *The Decameron*. Objective: careful reading of a primary text; sustain an interpretive argument across several pages where you analyze/interpret a narrative text.
- End-of-term exam: three-hour December examination. Objective: demonstrate command of the full-range of the Fall-term readings; develop written answers based on lecture material and required texts; ability to make connections between texts, authors, themes, and traditions.
- Paper 2 (1500-2000 words) on Molière or Racine. Objective: sustain an interpretive argument across several pages where you analyze/interpret a play; use secondary sources to enrich your analysis.
- Final exam: three-hour December examination. Objective: demonstrate command of the full-range of the Winter-term readings; develop written answers based on lecture material and required texts; ability to make connections between texts, authors, themes, and traditions.

Attendance to the lectures is a required component of this course.

Students are expected to be available for the duration of a course including the examination period. Dates and deadlines are made available to students in the Carleton University Undergraduate Calendar well in advance of registration. **No formal examinations will be informally accommodated.** All deferral requests must go through the [Registrar's office](#).

Students who are unable to attend in-class tests or examinations must give prior notice to the instructor. They must fill the [Self-declaration for Academic Considerations form](#) and submit it to the instructor. This form is also available on the Registrar's Office website. No reason other than medical or serious family matters will be accepted for missed tests. A missed test will receive a grade of 0 unless the guidelines stated above are followed.

Religious accommodations must be signaled to the instructor prior to any missed class.

Excuses related to problems with computers will not be accepted, particularly on the day of assignment submission – please plan ahead. Papers submitted past the due date (except with medical documentation) will incur a 10 % penalty per day (including weekends) up to a maximum of seven days.

## GRADING

A+ Extraordinary work that greatly exceeds the requirements of a third-year assignment. This great is rarely awarded.

A Excellent work; very insightful analysis; clear and persuasive thesis that goes beyond ideas presented in lectures; free of typographical and grammatical errors.

A -/B+ Very strong work; insightful and clear, but in need of a bit of clarification, revision, or proofreading.

B/B- Good work; demonstrates a solid understanding of texts and lectures but requires more signification revision, clarification, or proofreading.

C+/C/C- Average to poor work; lack of clear or insightful thesis; requires extensive revision, clarification, or proofreading.

F Unacceptable or non-existent work.

## LECTURE SCHEDULE – Fall term

Dates	Topics	Mandatory Readings	Assignments or tests
Week 1 W Sept 6 & F Sept 8	Course introduction The rise of vernacular European literature Love from afar	Poems by troubadours and <i>trobairitz</i> (in Brightspace) (F Sept 8)	
Week 2 W Sept 13 & F Sept 15	The medieval romance Love and marriage Romance characters	<i>Erec and Enide</i> (in full, p. 37-122)	
Week 3 W Sept 20 & F Sept 22	The Arthurian court Chivalric adventures	<i>Erec and Enide</i>	
Week 4 W Sept 27 & F Sept 29	Magic in Arthurian romances	<i>Erec and Enide</i>	Early feedback test (F Sept 29)
Week 5 W Oct 4 & F Oct 6	The text and its context The full spectrum of the human experience	<i>The Decameron</i> (preface, introduction and days 1-3)	
Week 6 W Oct 11 & F Oct 13	Love in all its variations	<i>The Decameron</i> (days 4-7)	
Week 7 W Oct 18 & F Oct 20	Educate and entertain	<ul style="list-style-type: none"> <li>• <i>The Decameron</i> (days 8-10)</li> <li>• Excerpts from Marguerite de Navarre's <i>Heptameron</i> (in Brightspace)</li> </ul>	
Oct 23-27	READING WEEK	NO CLASS	
Week 8 W Nov 1 <sup>st</sup> & F Nov 3	The War between Christians and Saracens From medieval epics and romances to Humanist epic poems	<i>Orlando Furioso</i> (canto 1-16)	
Week 9 W Nov 8 & F Nov 10	Character psychology Orlando's madness The interlace	<i>Orlando Furioso</i> (canto 17-31)	Paper 1 outline due – submit in Brightspace

			(F Nov 10)
Week 10 W Nov 15 & F Nov 17	Female prowess Champion duels	<i>Orlando Furioso</i> (canto 32-46)	Paper 1 due – print and bring to class (F Nov 17)
Week 11 W Nov 22 & F Nov 24	Travel literature and the colonization of North America	Excerpts from <i>Principall Navigations, Voiajes and Discoveries of the English Nation</i> (in Brightspace)	
Week 12 W Nov 29 & F Dec 1st	Frobisher and the Northwest Passage Writing Otherness	Excerpts from <i>Principall Navigations, Voiajes and Discoveries of the English Nation</i> (in Brightspace)	
Week 13 W Dec 6 <b>NO CLASS ON F Dec 8 (MONDAY SCHEDULE)</b>	Writing otherness Review for the end-of- term exam	<i>Principall Navigations, Voiajes and Discoveries of the English Nation</i> (in Brightspace)	
Official examination period Dec 10-22			End-of-term exam

#### LECTURE SCHEDULE – WINTER TERM

Dates	Topics	Readings	Assignment or test
Week 1 W Jan 10 & F Jan 12	The rise of the modern novel Literature and life	<ul style="list-style-type: none"> <li>Excerpts from <i>Amadis de Gaula</i> (in Brightspace)</li> <li>Excerpts from and <i>Lazarillo de Tormes</i> (in Brightspace)</li> <li><i>Don Quijote I</i> (chapt. I-XVI)</li> </ul>	
Week 2 W Jan 17 & F Jan 19	The wandering knight between illusion and reality	<i>Don Quijote I</i> (chapt. XVII-XXXIII)	
Week 3 W Jan 24 & F Jan 26	Don Quijote and Sancho Pança	<i>Don Quijote I</i> (chapt. XXXIV-XLVI)	
Week 4 W Jan 31 & F Feb 2 <sup>nd</sup>	The classical tragedy and its structure	<ul style="list-style-type: none"> <li><i>Britannicus</i> (act I, scene I)</li> <li><i>Athalia</i> (act I, scene I)</li> <li><i>Phaedra</i> (in full)</li> </ul>	
Week 5 W Feb 7 & F Feb 9	The tragic hero	<i>Phaedra</i>	
Week 6 W Feb 14 & F Feb 16	Tragic devices	<i>Phaedra</i>	
Feb 19-23	READING WEEK	NO CLASS	

Week 7 W Feb 28 & F March 1st	Classical comedy The comic types	<i>Tartuffe</i> (in full)	
Week 8 W March 6 & F March 8	Truth and appearances	<i>Tartuffe</i>	
Week 9 W March 13 & F March 15	Comic devices	<i>Tartuffe</i>	
Week 10 W March 20 & F March 22	The epistolary novel	<i>The Sorrows of Young Werther</i> (beginning to August 10)	
Week 11 W March 27 <b>NO CLASS ON F MARCH 29 (GOOD FRIDAY)</b>	Unrequited love	<i>The Sorrows of Young Werther</i> (August 12 to October 26)	Annotated bibliography and paper 2 outline due – submit in Brightspace (W March 26)
Week 12 W April 3 <sup>rd</sup> & F April 5	Unrequited love Wertherian Fever	<i>The Sorrows of Young Werther</i> (October 27 to the end)	Paper 2 due – print and bring to class (F April 5)
Week 13 <b>W April 10 (FRIDAY SCHEDULE)</b>	Wertherian Fever Conclusion Review for the final exam	<i>The Sorrows of Young Werther</i>	
Official examination period April 13-25			Final exam

### DISCLAIMER

Language is fundamental to the human experience, and literature reflects an unlimited potential of human experiences. In our study of European literature, we are exposed to a diversity of human realities from the past and present. Human realities range from the sublime to the horrendous. For the latter, we need only think of genocide, slavery, racism, sexism and other forms of discrimination, exploitation, and persecution, all of which are products of humanity. To hide these would be to present an untrue picture of humanity and human history, which would be anathema to the academic enterprise. In our courses, there is sometimes content and language that are emotionally and intellectually challenging to engage with. You should be aware of this. When this happens, we take a scholarly approach to the problem: we define and contextualize it, together as a community of learning. As a department, we are committed to maintaining a safe space of intellectual growth for all student, and co-discovery with instructors.

# University Regulations for All College of the Humanities Courses

Tuesday, July 4, 2023

## Academic Dates and Deadlines

This schedule contains the dates prescribed by the University Senate for academic activities. Dates relating to fee payment, cancellation of course selections, late charges, and other fees or charges will be published in the Important Dates and Deadlines section of the Registration Website.

## Copies of Written Work Submitted

Always retain for yourself a copy of all essays, term papers, written assignments or take-home tests submitted in your courses.

## Online Learning Resources

On this page, you will find resources collected by Carleton Online to help you succeed in your online courses; Learning Strategies and Best Practices, Study Skills, Technology and Online Interaction and Engagement.

## Academic Integrity Policy

**Plagiarism** is presenting, whether intentionally or not, the ideas, expression of ideas, or work of others as one's own.

Plagiarism includes reproducing or paraphrasing portions of someone else's published or unpublished material, regardless of the source, and presenting these as one's own without proper citation or reference to the original source. Examples of sources from which the ideas, expressions of ideas or works of others may be drawn from include but are not limited to: books, articles, papers, literary compositions and phrases, performance compositions, chemical compounds, art works, laboratory reports, research results, calculations and the results of calculations, diagrams, constructions, computer reports, computer code/software, material on the internet and/or conversations.

**Examples of plagiarism** include, but are not limited to:

- any submission prepared in whole or in part, by someone else;
- using ideas or direct, verbatim quotations, paraphrased material, algorithms, formulae, scientific or mathematical concepts, or ideas without appropriate acknowledgment in any academic assignment;
- using another's data or research findings without appropriate acknowledgement;
- submitting a computer program developed in whole or in part by someone else, with or without modifications, as one's own; and
- failing to acknowledge sources through the use of proper citations when using another's work and/or failing to use quotations marks.

### **Co-operation or Collaboration**

An important and valuable component of the learning process is the progress a student can make as a result of interacting with other students. In struggling together to master similar concepts and problems and in being exposed to each other's views and approaches, a group of students can enhance and speed up the learning process. Carleton University encourages students to benefit from these activities which will not generally be viewed as a violation of the Policy. With the exception of tests and examinations, instructors will not normally limit these interactions.

Students shall not co-operate or collaborate on academic work when the instructor has indicated that the work is to be completed on an individual basis. Failure to follow the instructor's directions in this regard is a violation of the standards of academic integrity. Unless otherwise indicated, students shall not co-operate or collaborate in the completion of a test or examination.

Group Work: There are many cases where students are expected or required to work in groups to complete a course requirement. Normally, students are not responsible for violations of this policy committed by other members of a group in which they participate.

**The full Academic Integrity Policy can be found [here](#). More information on the process [here](#).**

### **Academic Accommodation Policy**

Carleton University is committed to providing access to the educational experience in order to promote academic accessibility for all individuals.

Academic accommodation refers to educational practices, systems and support mechanisms designed to accommodate diversity and difference. The purpose of accommodation is to enable students to perform the essential requirements of their academic programs. At no time does academic accommodation undermine or compromise the learning objectives that are established by the academic authorities of the University.

### **Addressing Human Rights Concerns**

The University and all members of the University community share responsibility for ensuring that the University's educational, work and living environments are free from discrimination and harassment. Should you have concerns about harassment or discrimination relating to your age, ancestry, citizenship, colour, creed (religion), disability, ethnic origin, family status, gender expression, gender identity, marital status, place of origin, race, sex (including pregnancy), or sexual orientation, please contact the [Department of Equity and Inclusive Communities](#).

### **Requests for Academic Accommodation**

You may need special arrangements to meet your academic obligations during the term. For an accommodation request the processes are as follows:

**Pregnancy obligation:** write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For accommodation regarding a formally-scheduled final exam, you must complete the Pregnancy Accommodation Form ([click here](#)).

**Religious obligation:** write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details [click here](#).

**Academic Accommodations for Students with Disabilities:** [The Paul Menton Centre for Students with Disabilities \(PMC\)](#) provides services to students with Learning Disabilities (LD), psychiatric/mental health



disabilities, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorders (ASD), chronic medical conditions, and impairments in mobility, hearing, and vision. If you have a disability requiring academic accommodations in this course, please contact PMC at 613-520-6608 or [pmc@carleton.ca](mailto:pmc@carleton.ca) for a formal evaluation. If you are already registered with the PMC, contact your PMC coordinator to send me your Letter of Accommodation at the beginning of the term, and no later than two weeks before the first in-class scheduled test or exam requiring accommodation (if applicable). After requesting accommodation from PMC, meet with me to ensure accommodation arrangements are made. Please consult the PMC website for the deadline to request accommodations for the formally-scheduled exam (if applicable).

### **Survivors of Sexual Violence**

As a community, Carleton University is committed to maintaining a positive learning, working and living environment where sexual violence will not be tolerated, and where survivors are supported through academic accommodations as per Carleton's Sexual Violence Policy. For more information about the services available at the university and to obtain information about sexual violence and/or support, visit: <https://carleton.ca/equity/sexual-assault-support-services>

### **Accommodation for Student Activities**

Carleton University recognizes the substantial benefits, both to the individual student and for the university, that result from a student participating in activities beyond the classroom experience. Reasonable accommodation will be provided to students who compete or perform at the national or international level. Write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. <https://carleton.ca/senate/wp-content/uploads/SCCASP-Accommodation-for-Student-Activities-Clean-copy-final-Sept-2022-2.pdf>

## **Grading System at Carleton University**

Standing in a course is determined by the course instructor, subject to the approval of the faculty Dean. Standing in courses will be shown by alphabetical grades. The system of grades used, with corresponding grade points and the percentage conversion can be found [here](#). Grade points indicated are for courses with 1.0 credit value. Where the course credit is greater or less than one credit, the grade points are adjusted proportionately.

## **Course Sharing Websites and Copyright**

Classroom teaching and learning activities, including lectures, discussions, presentations, etc., by both instructors and students, are copy protected and remain the intellectual property of their respective author(s). All course materials, including PowerPoint presentations, outlines, and other materials, are also protected by copyright and remain the intellectual property of their respective author(s).

Students registered in the course may take notes and make copies of course materials for their own educational use only. Students are not permitted to reproduce or distribute lecture notes and course materials publicly for commercial or non-commercial purposes without express written consent from the copyright holder(s). [More information](#)

## Student Rights and Responsibilities at Carleton

Carleton University strives to provide a safe environment conducive to personal and intellectual growth, free of injustice and characterized by understanding respect, peace, trust, and fairness.

The [Student Rights and Responsibilities Policy](#) governs the non-academic behaviour of students. Carleton University is committed to building a campus that promotes personal growth through the establishment and promotion of transparent and fair academic and non-academic responsibilities.

## Deferred Term Work

In some situations, students are unable to complete term work because of short-term incapacitation (illness, injury, emergency, or other circumstances beyond their control) which forces them to delay submission of the work.

1. Students who claim incapacitation as a reason for missed term work are held responsible for immediately informing the instructor concerned and for making alternate arrangements with the instructor. If the instructor requires supporting documentation, the instructor may only request submission of the University's self-declaration form, which is available on the [Registrar's Office website](#). The alternate arrangement must be made before the last day of classes in the term as published in the academic schedule. Normally, any deferred term work will be completed by the last day of term. In all cases, formative evaluations providing feedback to the student should be replaced with formative evaluations. In the event the altered due date must extend beyond the last day of classes in the term, the instructor will assign a grade of zero for the work not submitted and submit the student's earned grade accordingly; the instructor may submit a change of grade at a later date. Term work cannot be deferred by the Registrar.
2. In cases where a student is not able to complete term work due to illness or injury for a significant period of time/or long-term, the instructor and/or student may elect to consult with the Registrar's Office (undergraduate courses) or Graduate Registrar (graduate courses) to determine appropriate action.
3. If a student is concerned the instructor did not respond to the request for academic accommodation or did not provide reasonable accommodation, the student should consult with the department/school/institute chair/director. If a mutually agreeable accommodation to complete course requirements prior to the course grade submission deadline cannot be achieved, the Associate Dean will become involved. If academic accommodation is not granted, and the student receives word **after** the academic withdrawal deadline, the student may submit a petition to the Registrar's Office (undergraduate courses)/Graduate Registrar (graduate courses) for a final grade of WDN (Withdrawn) in the course(s). If academic accommodation is not granted, and the student receives word **prior** to the academic withdrawal deadline, the student may elect to withdraw from the course(s).
4. Furthermore, if academic accommodation is granted, but the student is unable to complete the accommodation according to the terms set out by the instructor as a result of further illness, injury or extraordinary circumstances beyond their control, the student may submit a petition to the Registrar's Office (undergraduate courses)/Graduate Registrar (graduate courses). Please note, however, that the course instructor will be required to submit an earned final

grade and further consideration will only be reviewed according to established precedents and deadlines. [More information.](#)

## Deferred Final Exams

Students who are unable to write a final examination because of incapacitation (illness, injury, emergency, or extraordinary circumstances beyond a student's control) may apply for accommodation. Normally, the accommodation for a missed final examination will be granting the student the opportunity to write a deferred examination. In specific cases when it is not possible to offer a deferred examination, and with the approval of the Dean, an alternate accommodation may be made.

The application for a deferral must:

1. be made in writing to the Registrar's Office no later than three (3) working days after the original final examination or the due date of the take-home examination; and,
2. be fully supported by appropriate documentation. In cases of short-term incapacitation normally lasting no more than 10 days, students must include the University's self-declaration form, which can be found on [the Registrar's Office website](#). Additional documentation is required in cases of incapacitation lasting longer than 10 days and must be supported by a medical note specifying the date of onset of the illness, the (expected) date of recovery, and the extent to which the student was/is incapacitated during the time of the examination. The University's preferred medical form can be found at the Registrar's Office [here](#).

## Financial vs. Academic Withdrawal

Make sure that you are aware of the separate deadlines for Financial and Academic withdrawal!

Making registration decisions in Carleton Central involves making a financial and academic commitment for the courses you choose, regardless of attendance. If you do not attend, you must withdraw in [Carleton Central](#) within the published deadlines to cancel your registration. A fee adjustment is dependent on registration being canceled within the published [fee deadlines](#) and dependent on your course load. A course dropped after the deadline for financial withdrawal will receive a grade of Withdrawn (WDN), which appears on your official transcript.

Even if you miss the deadline for financial withdrawal, you might decide to drop a course to avoid a failure or a poor grade showing up on your student record and bringing down your CGPA. It is your responsibility to drop the course via Carleton Central within the published [deadlines](#) (see Academic Withdrawal).

If you are considering withdrawing from a course, you may want to talk to an advisor first. Course withdrawal may affect your student status, as well as your eligibility for student funding, immigration status, residence accommodation and participation in varsity sports, etc. Additionally, remember that once you choose your courses, you must use the "Calculate amount to pay" button to determine the correct amount of fees to pay.

Carleton Central is your one-stop shop for registration activities. If you are interested in taking a course, make sure to complete your registration. Simply attending a course does not mean you are registered in it, nor is it grounds for petition or appeal.

## Mental Health and Wellness at Carleton

Discover the tools and resources Carleton offers to help understand, manage and improve your mental health and wellness while at university.

[Counselling](#)

[Residence Counselling](#)

[Supporting Your Mental Health](#)

## Get Help Now

<https://wellness.carleton.ca/get-help-now/>

### If in crisis call:

Counselling Services: 613-520-6674 (press 2)  
*Monday-Friday, 8:30 a.m. – 4:30 p.m.*

### After Hours

If you need assistance with an urgent situation outside of our regular operating hours, contact:

- [Distress Centre of Ottawa and Region](#): Available 24/7-365 days/year and is bilingual (English/French).
  - **Distress**: 613-238-3311
  - **Crisis**: 613-722-6914
  - **Text**: 343-306-5550 (available 10:00 am – 11:00 pm, 7 days/week, 365 days/year)
  - Web Chat: blue chat icon at the bottom right corner of the website.
  - Text Service is available in English only to residents of Ottawa & the Ottawa Region.)
- [Good2Talk](#): Available 24/7-365 days/year and is available in English, French and Mandarin
  - Call: **1-866-925-5454**
  - Text GOOD2TALKON to 686868
  - [Facebook Messenger](#)
- [Empower Me](#): A 24/7 resource service for undergraduate students. 1-833-628-5589 (toll-free)
- International SOS's Emotional Support: Offers 24/7 access to mental health professionals in more than 60 languages through their dedicated line +1 215-942-8478. Students can call this number collect (the person being telephoned receives the charges) to access services.

## The Centre for Indigenous Support and Community Engagement

The Centre for Indigenous Initiatives is proud to offer culturally centered individual counselling to students who self-identify as First Nation, Metis or Inuk. Through this service, Indigenous students can access confidential, individual sessions for support with personal, mental health or academic challenges.

[More information and to book an appointment.](#)

## Department Contact Information

*Bachelor of the Humanities* 300 Paterson Hall  
[CollegeOfHumanities@cunet.carleton.ca](mailto:CollegeOfHumanities@cunet.carleton.ca)

*Greek and Roman Studies* 300 Paterson Hall  
[GreekAndRomanStudies@cunet.carleton.ca](mailto:GreekAndRomanStudies@cunet.carleton.ca)

*Religion* 2A39 Paterson Hall  
[Religion@cunet.carleton.ca](mailto:Religion@cunet.carleton.ca)

*Digital Humanities (Graduate)* 2A39 Paterson Hall  
[digitalhumanities@carleton.ca](mailto:digitalhumanities@carleton.ca)

*Digital Humanities (Undergraduate Minor)* 300 Paterson Hall  
[digitalhumanities@carleton.ca](mailto:digitalhumanities@carleton.ca)

*MEMS (Undergraduate Minor)* 300 Paterson Hall  
[CollegeOfHumanities@cunet.carleton.ca](mailto:CollegeOfHumanities@cunet.carleton.ca)