

Counselling and Psychotherapy Programs

Applicants are responsible for researching the following CRPO recognized training programs and confirming program availability/eligibility.

Training Programs Recognized by the College of Registered Psychotherapists of Ontario

Please note: Applicants who wish to practice as a Registered Psychotherapist in Ontario should research the College of Registered Psychotherapists of Ontario's (CRPO) website to better understand the registration requirements. Applicants who wish to practice as a licensed psychotherapist or counsellor outside of Ontario are encouraged to consult the applicable regulatory body that corresponds with the province or territory they would like to work in.

University Names and Locations	Faculty Website
Adler Graduate Professional School Inc. (Toronto, ON)	Master of Psychology - adler.ca
Athabasca University* (Athabasca, AB)	Master of Counselling - athabascau.ca
Canadian Institute for Child and Adolescent Psychoanalytic Psychotherapy (Toronto, ON)	Diploma for Child and Adolescent Psychoanalytic Psychotherapist - cicapp.ca
Canadian International Institute of Art Therapy* (Victoria, BC)	Art Psychotherapy Diploma - ciiat.org
Centre for Training in Psychotherapy (Toronto, ON)	Diploma of The Centre for Training in Psychotherapy - ctp.net
CREATE Institute (Toronto, ON)	Diploma in Expressive Arts Therapy - thecreateinstitute.org
Gestalt Institute of Toronto (Toronto, ON)	Diploma, Five-Year Training Program in Gestalt Psychotherapy - gestalt.on.ca
Martin Luther University College, Wilfrid Laurier University (Waterloo, ON)	M.A. in Theology - luther.wlu.ca
Ontario Association of Jungian Analysts (Toronto, ON)	Analyst Training Program - oaja.ca/analyst-training
Ontario Psychotherapy and Counseling Program (Toronto, ON)	Diploma in Psychotherapy with focus on Psychodynamic Therapy - ontario.psychotherapyandcounseling.ca
Saint Paul University (Ottawa, ON)	M.A. in Counselling and Spirituality - ustpaul.ca
Toronto Art Therapy Institute (Toronto, ON)	Graduate Level Diploma in Art Therapy - tati.on.ca
Toronto Centre for Psychotherapy and Counselling Education (Toronto, ON)	Certificate in Psychotherapy - tcpce.ca
Toronto Institute of Contemporary Psychoanalysis (Toronto, ON)	Diploma in Psychoanalytic Psychotherapy - ticp.on.ca
Toronto Institute of Psychoanalysis (Toronto, ON)	Certificate of Graduation as Psychoanalyst - torontopsychoanalysis.com
Toronto School of Theology, Emmanuel/Knox College (Toronto, ON)	Master of Pastoral Studies, Spiritual Care and Psychotherapy Certificate - tst.edu
Tyndale University (Toronto, ON)	M.Div Counselling & M.A. in Clinical Counselling - tyndale.ca
Université de Hearst*** (Hearst, ON)	Diplôme d'études supérieures en psychothérapie - uhearst.ca/desp



University of Guelph (Guelph, ON)	M.Sc Couple and Family Therapy - family.uoguelph.ca/couple-and-family-therapy-msc
University of Ottawa** (Ottawa, ON)	M.A. & M.Ed. in Counselling Psychology - catalogue.uottawa.ca/en/graduate
University of Toronto – Ontario Institute for Studies in Education (OISE) (Toronto, ON)	M.A. & M.Ed. in Counselling Psychology - oise.utoronto.ca
Vancouver Art Therapy Institute* (Vancouver, BC)	Graduate Level Diploma in Art Therapy - vati.bc.ca
Western University (London, ON)	M.A. Counselling Psychology - edu.uwo.ca
Yorkville University* (Fredericton, NB)	M.A. Counselling Psychology - yorkvilleu.ca/programs

*Online program

**Also offered in French

***French program

Supplementary Resources

- **College of Registered Psychotherapists of Ontario** (CRPO - Regulatory and Licensing Body for Ontario Psychotherapists): crpo.ca
- **Canadian Counselling and Psychotherapy Association** (CCPA): ccpa-accp.ca

Want to learn more?

Career Services offers Further Education and Career Exploration advising to answer questions related to Counselling and Psychotherapy programs. Stop by during drop-in hours (Monday to Friday, 1-4pm), or book an appointment through mySuccess, LiveChat at carleton.ca/career, or by emailing career@carleton.ca.

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