

Dietetics Training Programs

Applicants are responsible for researching the following accredited options and verifying program availability and eligibility requirements. Applicants who wish to practice as a Registered Dietitian in Ontario should research the College of Dietitians of Ontario's website to understand the education, practical training, and examination requirements. Applicants who wish to practice as a licensed dietitian in another province or territory are encouraged to consult the applicable regulatory body.

Undergraduate Programs

University Name, Program, and Location	Faculty Webpage
University of British Columbia - Bachelor of Science in Food, Nutrition, & Health Dietetics Major* (Vancouver, BC)	landfood.ubc.ca/future
University of Alberta - Bachelor of Science in Nutrition and Food Science Dietetics Specialization* (Edmonton, AB)	ualberta.ca/agriculture-life-environment-sciences
University of Saskatchewan - Bachelor of Science in Nutrition* (Saskatoon, SK)	admissions.usask.ca/nutrition.php
Université de Ottawa - Baccalauréat ès sciences spécialisé en nutrition et diététique* (Ottawa, ON, <i>Only offered in French</i>)	uottawa.ca/faculte-sciences-sante/nutrition
McGill University - Bachelor of Science in Nutrition Dietetics Major* (Montréal, QC)	mcgill.ca/nutrition/programs
Université de Montréal - Baccalauréat en Nutrition* (Montréal, QC, <i>Only offered in French</i>)	nutrition.umontreal.ca/etudes
Université Laval - Baccalauréat en Nutrition* (Québec City, QC, <i>Only offered in French</i>)	ulaval.ca/etudes/programmes
Université de Moncton - Baccalauréat en Nutrition* (Moncton, NB, <i>Only offered in French</i>)	umoncton.ca/umcm-fsssc-esanef
Acadia University - Bachelor of Science in Nutrition* (Wolfville, NS)	nutrition.acadiau.ca/about-the-program
Mount Saint Vincent University - Bachelor of Science in Applied Human Nutrition* (Halifax, NS)	msvu.ca/academics
St. Francis Xavier University - Bachelor of Science in Human Nutrition* (Antigonish, NS)	stfx.ca/programs-courses
University of Prince Edward Island - Bachelor of Science in Food and Nutrition* (Charlottetown, PEI)	upei.ca/programs/foods-and-nutrition
University of Manitoba - Bachelor of Science in Human Nutritional Sciences** (Winnipeg, MB)	umanitoba.ca/agricultural-food-sciences
Brescia University College (Western University) - Bachelor of Science, Honours Specialization in Nutrition and Dietetics** (London, ON)	uwo.ca/fhs/fns/undergrad
Toronto Metropolitan University - Bachelor of Science in Nutrition and Food** (Toronto, ON)	torontomu.ca/programs/undergraduate
University of Guelph - Bachelor of Science in Applied Human Nutrition** (Guelph, ON)	family.uoguelph.ca/basc-applied-human-nutrition

Applicants who have completed post-secondary studies in another program should contact the above schools to inquire about the possibility of receiving advanced standing.

*This program provides both academic education and practical training (training can be limited in some programs)

**This program provides academic education only

***This program provides practical training only



Post-Degree Practicums and/or Graduate Programs

University or Training Institution Name, Program, and Location	Faculty Webpage
Fraser Health - Practicum Program*** (Burnaby, BC)	fraserhealth.ca
Brescia University College (Western University) - Diploma in Dietetic Education and Practical Training*** (London, ON)	uwo.ca/fhs/fns/grad/diploma
Northern Ontario School of Medicine - Northern Ontario Dietetic Internship Program*** (Sudbury, ON)	nosm.ca/education/nodip
Toronto Metropolitan University - Professional Master's Diploma (PMDip) in Dietetics*** (Toronto, ON)	torontomu.ca/nutrition/graduate
Nova Scotia Health Authority - Central Zone Dietetic Internship Program*** (Halifax, NS)	nshealth.ca/student-and-learning-opportunities
The Moncton Hospital - Post-Graduate Dietetic Internship Program*** (Fredericton, NB)	horizonnb.ca/careers/educational-programs
Newfoundland and Labrador Health Services - Dietetic Internship Program*** (St Johns, NL)	easternhealth.ca/careers/student-placements
University of British Columbia - Master of Nutrition and Dietetics* (Vancouver, BC)	dietetics.landfood.ubc.ca
University of Manitoba - Master of Applied Human Nutrition* (Winnipeg, MB)	umanitoba.ca/agricultural-food-sciences
Brescia University College (Western University) - Master of Science in Foods and Nutrition Practicum-based Program* (London, ON)	uwo.ca/fhs/fns/grad
Toronto Metropolitan University - Master of Health Science in Nutrition Communication* (Toronto, ON)	torontomu.ca/graduate/programs
University of Guelph - Master of Applied Nutrition* (Guelph, ON)	uoguelph.ca/programs/master-of-applied-nutrition
University of Toronto - Master of Public Health, Nutrition and Dietetics* (Toronto, ON)	dlsph.utoronto.ca/program
McGill University - Master of Science, Applied Program in Dietetics Credentialing* (Montréal, QC)	mcgill.ca/nutrition/programs/graduate

Applicants typically complete an accredited undergraduate degree in dietetics before applying to one of the post-degree practicums or graduate programs listed above.

*This program provides both academic education and practical training (training can be limited in some programs)

**This program provides academic education only

***This program provides practical training only

Supplementary Resources

- **College of Dietitians of Ontario** (CDO - Regulatory and Licensing Body for Ontario Dietitians): collegeofdietitians.org
- **Accreditation Canada - EQual Program for Health Education Accreditation:** accreditation.ca
- **Dietitians of Canada:** dietitians.ca
- **Ontario Dietitians in Public Health:** odph.ca
- **Canadian Dietetic Registration Examination:** collegeofdietitians.org/applicants/cdre.aspx
- **Accredited Dietetic Programs in the United States:** chea.org

Want to learn more?

Career Services offers Further Education and Career Exploration advising to answer questions related to Dietetics programs. Stop by during drop-in hours (Monday to Friday, 1-4pm), or book an appointment through mySuccess, LiveChat at carleton.ca/career, or by emailing career@carleton.ca.

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career@carleton.ca



401 Tory



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