

Counselling and Psychotherapy Programs

Applicants are responsible for researching the following College of Registered Psychotherapists of Ontario's (CRPO) recognized training options and verifying program availability and eligibility requirements.

Applicants who wish to practice as Registered Psychotherapists in Ontario should research the CRPO website to understand the registration requirements better. Applicants who wish to practice as licensed psychotherapists or counsellors outside of Ontario are encouraged to consult the applicable regulatory body.

Master's Programs Recognized by CRPO

University Names and Locations	Faculty Website
Adler Graduate Professional School Inc. (Toronto, ON)	Master of Psychology - adler.ca
Athabasca University* (Athabasca, AB)	Master of Counselling - athabascau.ca
City University in Canada* (Calgary, AB)	Master of Counselling - cityuniversity.ca/virtual-mc
Martin Luther University College, Wilfrid Laurier University (Waterloo, ON)	M.A. in Spiritual Care and Psychotherapy - luther.wlu.ca
Saint Paul University** (Ottawa, ON)	M.A. in Counselling and Spirituality - ustpaul.ca
Toronto School of Theology, Emmanuel/Knox College (Toronto, ON)	Master of Psychospiritual Studies, Spiritual Care and Psychotherapy Certificate - tst.edu
Tyndale University (Toronto, ON)	M.Div. in Counselling & M.A. in Clinical Counselling - tyndale.ca
University of Guelph (Guelph, ON)	M.Sc. in Relational and Family Therapy - family.uoguelph.ca/couple-and-family-therapy-msc
University of Guelph (Guelph, ON)	Master of Psychotherapy - uoguelph.ca
University of Ottawa** (Ottawa, ON)	M.A. & M.Ed. in Counselling Psychology - uottawa.ca/faculty-education
University of Toronto - Ontario Institute for Studies in Education (OISE) (Toronto, ON)	M.Ed. in Counselling Psychology - oise.utoronto.ca
Western University (London, ON)	M.A. in Counselling Psychology - edu.uwo.ca
Wilfrid Laurier University (Waterloo, ON)	Master of Music Therapy - wlu.ca/programs/music/graduate/music-therapy-mmt
Yorkville University* (Fredericton, NB)	M.A. in Counselling Psychology - yorkvilleu.ca/programs

Graduate Diplomas Recognized by CRPO

University Names and Locations	Faculty Website
Canadian Institute for Child and Adolescent Psychoanalytic Psychotherapy (Toronto, ON)	Diploma for Child and Adolescent Psychoanalytic Psychotherapist - cicapp.ca
Canadian International Institute of Art Therapy* (Victoria, BC)	Art Psychotherapy Diploma - ciiat.org
Centre for Training in Psychotherapy (Toronto, ON)	Diploma of The Centre for Training in Psychotherapy - ctp.net
CREATE Institute (Toronto, ON)	Diploma in Expressive Arts Therapy - thecreateinstitute.org
Gestalt Institute of Toronto (Toronto, ON)	Diploma, Five-Year Training Program in Gestalt Psychotherapy - gestalt.on.ca

Kutenai Art Therapy Institute* (Nelson, BC)	Diploma in Art Therapy - kutenaiarttherapy.com
Ontario Association of Jungian Analysts (Toronto, ON)	Analyst Training Program - oaja.ca/analyst-training
Ontario Psychotherapy and Counselling College (Toronto, ON)	Diploma in Psychotherapy - ontario.psychotherapyandcounseling.ca
Toronto Art Therapy Institute (Toronto, ON)	Graduate Level Diploma in Art Therapy - tati.on.ca
Toronto Centre for Psychotherapy and Counselling Education (Toronto, ON)	Certificate in Psychotherapy - tcpce.ca
Toronto Institute of Contemporary Psychoanalysis (Toronto, ON)	Diploma in Psychoanalytic Psychotherapy - ticp.on.ca
Toronto Institute of Psychoanalysis (Toronto, ON)	Certificate of Graduation as Psychoanalyst - torontopsychoanalysis.com
Université de Hearst*** (Hearst, ON)	Diplôme d'études supérieures en psychothérapie - uhearst.ca/desp
Vancouver Art Therapy Institute* (Vancouver, BC)	Graduate Level Diploma in Art Therapy - vati.bc.ca

*Online program

**Also offered in French

***French program

Supplementary Resources

- **College of Registered Psychotherapists of Ontario** (CRPO - Regulatory and Licensing Body for Ontario Psychotherapists): crpo.ca
- **Entry to Practice Registration Exam**: crpo.ca/registration-exam
- **Ontario Society of Registered Psychotherapists** (OSRP): osrp.ca
- **Canadian Counselling and Psychotherapy Association** (CCPA): ccpa-accp.ca
- **Canadian Association for Couple and Family Therapy** (CACFT): camft.ca
- **Ontario Association for Marriage and Family Therapists** (OAMFT): oamft.com
- **Canadian Addiction Counsellors Certification Federation** (CACCF): caccf.ca
- **Canadian Art Therapy Association** (CATA): canadianarttherapy.org
- **Canadian Association of Music Therapists** (CAMT): musictherapy.ca

Want to learn more?

Career Services offers Further Education and Career Exploration advising to answer questions related to Counselling and Psychotherapy programs. Stop by during drop-in hours (Monday to Friday, 1-4pm), or book an appointment through mySuccess, LiveChat at carleton.ca/career, or by emailing career@carleton.ca.

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career@carleton.ca



401 Tory



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