

# How to Use My Career Journey

Tips for using Ontario's new interactive online tool



[Learn more!](#)

## What is My Career Journey?

An online tool that provides trusted education and labour market information to **help people confidently navigate career pathways** in Ontario.

## Who is My Career Journey for?

- Current and future postsecondary students
- Workers looking to upskill or change careers
- Job seekers, newcomers and people who want to explore pathways to in-demand jobs in Ontario

## Where do I start?

### ➔ I don't know what career I want to pursue.

Visit the 'Plan your career' page and explore 'Career planning tools' to find personalized resources, labour market information, job profiles, career quizzes and planning services.

### ➔ I know what career I want and have the right education, but I need help finding a job.

Check out the 'Find jobs and employment' page and 'Tools to find jobs' to access job banks and other employment supports. Also learn about job opportunities in specific sectors.

### ➔ I know what career I want to pursue but need help finding the right education.

Browse the 'Postsecondary education' page and 'Educational tools' to find postsecondary institutions and programs and learn more about admission standards, how to apply and financial assistance.

### ➔ I want to pivot to a new career.

Go to 'Search in-demand careers' to learn about jobs in high demand careers. Also access career profiles with key insights, including historical number of job postings and required education.

## Key features



Complete a **5-minute questionnaire** to get personalized education and career resources to help you plan your next steps.



Use a map of **Ontario's postsecondary institutions** to find the campus that's right for you – whether you want to stay close to home or explore a new part of the province.



Find in-demand jobs near you, using the tool's **interactive careers map**.