

Faculty of Arts and Social Sciences: Co-op

What is Co-op?

- An integrated learning program that combines traditional in-class education with hands-on work experience in your field of study
- Explore career options, grow your professional network and gain valuable references
- Opportunity to complete 3 work terms (4-months each) of full-time and PAID employment
- Receive support while job searching and during the work term
- Graduate with work experience and Co-op Designation on your degree

COOP 1000 Course

- 8-week course (no credit value)
- Employability skills (e.g. Resume, Cover Letter, Interview, Job Search, Transition to the Workplace)
- Completed before Co-op job search and work terms

Are you Eligible for Co-op?

Participating FASS Programs

- Anthropology
- Cognitive Science
- English
- Environmental and Climate Change
- French
- Geography
- Geomatics
- History
- Human Rights and Social Justice
- Psychology
- Sociology

Want to Apply?

If you selected the “Co-op Option” when you initially applied to Carleton

- Your eligibility will be automatically assessed at the appropriate time
- If you are not eligible, there will be another automatic assessment at the next possible entry point

For those who didn't select the “Co-op option” in your application, you can manually apply once you have started your classes.

Popular Co-op Employers

Government Departments

- Global Affairs Canada (GAC)
- Immigration, Refugees and Citizenship Canada (IRCC)
- Department of Justice Canada
- Treasury Board of Canada Secretariat (TBS)
- Privy Council Office (PCO)
- Employment and Social Development Canada (ESDC)
- Innovation, Science and Economic Development Canada (ISED)
- Statistics Canada
- Public Safety Canada
- National Research Council Canada

Private Sector

- Deloitte
- Bell
- Rogers Communications
- Royal Bank of Canada (RBC)
- Miller Thomson LLP
- Ross Video Ltd.
- Goss Gilroy Inc.

Public Sector

- CBC / Radio-Canada
- The Royal
- Carleton University
- City of Ottawa

Popular FASS Job Titles

- Administrative Assistant
- Business Analyst
- Client Services Coordinator
- Communications Officer
- Content Coordinator
- Data Analyst
- Engagement Officer
- Evaluation Analyst
- Human Resources Assistant
- Information Management Officer
- Marketing Coordinator
- Operations Support Officer
- Outreach Coordinator
- Policy Analyst
- Program Assistant
- Project Coordinator
- Public Engagement Advisor
- Records Management Officer
- Research Assistant
- Social Media Coordinator
- Strategic Project Assistant
- Technical Writer
- Training & Learning Coordinator
- UX Researcher

Other Questions?

Check out our FAQ page by clicking the link in the sub header. Hope to see you soon!