

To learn more about the CFICE: CFS Hub please visit:
<http://foodsecurecanada.org/cfice-community-food-security-hub>
<http://www.carleton.ca/communityfirst/>

CFICE Hubs and Hub Partners

During Phase 1 of the project (2012-2016), CFICE carries out its research through five research hubs focused on:

1. **Poverty Reduction**, co-led by the **Vibrant Communities** network;
2. **Community Food Security**, co-led by **Food Secure Canada** in cooperation with the Canadian Association of Food Studies;
3. **Community Environmental Sustainability**, co-led by **Trent Centre for Community-Based Education**;
4. **Violence Against Women**, co-led by the **Canadian Association of Elizabeth Fry Societies**;
5. **Knowledge Mobilization**, co-led by the **Canadian Alliance for Community-Service Learning**.



The CFICE: CFS Hub Management Team

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CFICE: COMMUNITY FOOD SECURITY HUB



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CFICE: CFS Hub Looking Forward

As CFICE begins its fourth year, our priority is to reflect on the experiences of the eleven demonstration projects and develop collaborative action priorities for the second phase of the project (beginning April 2016). To this end, the CFS Hub has prepared a discussion paper that summarizes these reflections and proposals to circulate amongst our partners and other interested individuals and organizations.

The paper was developed through interviews conducted by the CFS Hub research team in early 2015. In these interviews community and campus partners shared reflections about their experiences with CFICE as well as the challenges and benefits of community-campus engagement.

The discussion paper also draws upon the past three years of work with CFS Hub projects to propose ideas for moving into the next phase of the CFICE

project. Three general proposals for action priorities include:

1. Addressing institutional changes that encourage community-campus engagement such as reduced bureaucratic barriers, more accessible funding and stronger incentives for faculty and students.
2. Developing and testing "community-first" tools for partnership building such as a shared evaluation framework, mentorship models, and handbooks and training modules.
3. Studying and piloting community-based brokerage models to support community-campus engagement at an institutional level.

The discussion paper is available for circulation by emailing any of the CFS Hub Management Team (contacts on back page). We look forward to your ideas.



The CFICE: CFS Hub works in partnership with:



Introducing CFICE: CFS Hub 2014/2015 Partner Projects

Paying for Nutrition: Income and Food Costs Across Canada

As demonstrated by the Council of Canadian Academies recent report on Aboriginal Food Security in Northern Canada (2014), food insecurity in the north is a crisis in need of urgent attention. Food Secure Canada (FSC) has convened and supported the Northern and Remote Food Network for the past 5 years in order to share information and develop collective projects. The network and its members have identified food costing research as a way to support their work locally, regionally and nationally.

Food costing involves gathering the prices of different foods to assess the cost of eating a basic healthy diet. While food costing methods are well developed for 'southern' Canada using the 2008 National Nutritious Food Basket (NNFB), many believe that the Revised Northern Food Basket (RNFB) does not adequately reflect the realities in Northern Canada. In particular, the RNFB does not adequately address the reliance on traditional / country foods. The Paying for Nutrition project will bring together those wishing to advance food costing work with a focus on Northern Canada.

Primary goals of this project are to:

1. Develop guidelines that improve the

nutritious food basket methodology in the north and determine if data can be compared across regions.

2. Study affordability of nutritious food baskets (compared to cost of living) in two regions and determine if and how to compare prices across Northern and Southern Canada.

Secondary goals of this project are to:

1. Strengthen the work of the Northern network through a community of practice on food costing in the north and a report on cost of food in North.
2. Apply and promote participatory food costing methods where feasible.

Supported by the CFICE: CFS Hub, this demonstration project will conduct a mid-project evaluation of the relationships formed between FSC and academic partners through reflections of the developing community of practice. It will also develop internal guidelines for best practices in working collaboratively with academics that may be applied to other FSC projects.

For further information on this project please contact: gigi_veera@yahoo.ca or programs@foodsecurecanada.org.



Sharing the Table Manitoba: Sustainable-Local Food Systems, Regulation and Policy-Making In the Province of Manitoba

Over the last year, a range of issues have surfaced regarding the role of government regulations, policies and programs in shaping the development of local sustainable food systems in the province of Manitoba. As a result, a group of civil society organizations and individuals have come together to form a coalition, called Sharing the Table Manitoba, that represents those engaged in providing food directly from producer to eater including farmers, consumers, processors, chefs, citizens, hunters, fishers, community organizers, and researchers.

The coalition supports the development of a more localized, sustainable and just food system based on direct relationships and principles of decentralized socio-economic development. Sharing the Table strengthens the direct food economy through communication, networking, research, education, and leadership. The coalition is committed to informing government policy, standing behind local food providers and working together to bring the safest, most nutritious and interesting food to tables across Manitoba.

One key working area involves the formation of a group of university and community researchers to address emerging questions related to the work

of Sharing the Table Manitoba. Taking up a community-based action research approach, the group will focus on methods, analysis and writing that can be used in iterative cycles of action and reflection to better understand and act on the current opportunities in the province.

The overall goal of the research group is to better understand how provincial policy and food safety regulations can best support the development of local and sustainable food systems to support economic development, food security, environmental sustainability and rural community regeneration in Manitoba. The results will be mobilized through communication with the general public, government, industry groups, and civil society organizations.

The CFICE: CFS Hub, will support this demonstration project though reflecting on the role that community-campus driven research can play when embedded in a broader political strategy (i.e. changing food safety regulations). The CFS Hub will also support building connections to groups working on policy issues related to local food through FSC's existing networks.

For further information on this project contact: jeanettesivilay@gmail.com or Colinrayanderson@gmail.com.