Examples of School Initiatives U

The Food School: Center Wellington District High School

Center Wellington District High School provides courses in cooking and food production, headed by instructors Christopher Jess and Nicole DeBeyer. The Food School promotes sustainable food systems for both youth and the entire community.

***Link:***[*http://foodschool.ca/*](http://foodschool.ca/)

Green Industries Program: Kitchener-Waterloo Collegiate &Vocational School

Kitchener Waterloo Collegiate and Vocational School teacher Pat Rittinger teaches about gardening, landscaping, and even raising goats at the school through the Green Industries Program. This Program provides students a hands-on understanding of farm production.

***Link:***[*http://kci.wrdsb.ca/academics/technical-education/green-industries/*](http://kci.wrdsb.ca/academics/technical-education/green-industries/)

The Screaming Avocado:Stratford Northwestern Secondary School

The Screaming Avocado is a student-run dining hall providing tasty and nutritious meals to Stratford Northwestern Secondary School students and staff. This program connects youth to local food, while providing them the skills to create their own healthy meal from scratch.

***Link:*** [*http://screamingavocado.blogspot.ca/p/little-about-screaming-avocado.html*](http://screamingavocado.blogspot.ca/p/little-about-screaming-avocado.html)

Think & Eat Green @ School

This website provides examples of projects used to grow bridges and links between food, health, and the environment in school systems in Vancouver. Projects were developed by individuals at UBC and the Vancouver School Board.

***Link:*** [*http://thinkeatgreen.ca/*](http://thinkeatgreen.ca/)

Unit Plans and Curricula U

Canadian Food and Nutrition Education Resources for Teachers Compiled by: Community Nutritionists of Interior Health

This link provides a substantial list of programs, lessons, and modules for educators, with descriptions and target age groups. Resources are grouped under healthy eating, food security and agricultural system, and food program sections.

***Link:***:.*https://www.interiorhealth.ca/YourHealth/SchoolHealth/SchoolNutrition/Documents/Nutrition%20Resources%20for%20Teachers.pdf*

Food Studies 10, 30 Curriculum Guidelines: A Practical and Applied Art

This resource, provided by the government of Saskatchewan (1999), includes 30 modules with topics such as: ‘Baking Basics’, ‘Food Preservation’, ‘Exploring Careers’, and ‘Current Food Issues’.

***Link:***.https://www.edonline.sk.ca/bbcswebdav/library/curricula/English/Practical\_And\_Applied\_Arts/Food\_Studies\_10\_30\_1999.pdf

Hungry for Change

Hungry for Change was developed by the Ontario Secondary School Teachers Federation (OSSTF). In August 2008, the OSSTF team of eight teachers travelled with Cecilia Rocha for two weeks of visits to food security programs in Brazil. The team, in partnership with CSFS and FoodShare, has prepared curriculum material which was distributed to all public high schools in Ontario.

***Link:*** [*http://www.osstf.on.ca/commonthreads*](http://www.osstf.on.ca/commonthreads)

Saskatchewan Alliance for Youth & Community Well-being: Nutrition

This nutrition toolkit provides a variety of resources and programs for educators targeting nutrition, healthy eating, body image, food accessibility, and food preparation.

***Link:*** [*http://saycw.com/toolkits/toolkit/nutrition/#topic-nutrition-educationcurriculum-links*](http://saycw.com/toolkits/toolkit/nutrition/#topic-nutrition-educationcurriculum-links)

Teaching the Food System**:** A Project of the Johns Hopkins Center for a Livable Future

Teaching the Food System is a curriculum providing educators resources and classroom-ready modules designed to educate students regarding food issues: from production to consumption. Lessons vary from 90 minutes in length to several hours.

***Link:*** [*http://www.jhsph.edu/research/centers-and-institutes/teaching-the-food-system/*](http://www.jhsph.edu/research/centers-and-institutes/teaching-the-food-system/)

Unit Plan**:** #foodcrisis

This educational package, created by Evan Fraser and colleagues at the U of Guelph, provides guidelines and lesson plans for planning and teaching the global food system to secondary school students. Within the package is a graphic novel; DVD; unit plan; sample unite test, 20 day plan, and food security report; and assessment for the food security report. The PDF is attached in a separate file.

Feeding 9 Billion**:** videos

Series of short videos to complement the #foodcrisis unit plan.

***Link:***[*https://feedingninebillion.com/*](https://feedingninebillion.com/)

Book Resources U

Food for Now and in the Future - a food and nutrition strategy for Ontario:

Executive summary of a discussion paper by the Ontario Public Health Association Food Security Work Group, March 1995

Ontario's Food Story:

Written and illustrated by Tony Biddle for the Ontario Public Health Association, 1995

Video Resources s

King Corn (1.5 hours) – Discussion guide attached in separate file.

 ***Link:*** [*https://vimeo.com/58736941*](https://vimeo.com/58736941)

PBS: The Food Machine (53 minutes)

 ***Link:*** [*http://www.pbs.org/video/2214315175 /*](http://www.pbs.org/video/2214315175%20/)

Suzuki Diaries: The Future City (45 minutes)

 ***Link:*** [*http://www.cbc.ca/natureofthings/episodes/suzuki-diaries-future-city*](http://www.cbc.ca/natureofthings/episodes/suzuki-diaries-future-city)

Additional Resources I

Designing Educational Food Landscapes**:** Guidelines for Schools

This document, the result of a Master of Landscape Architecture project by Elizabeth Nowatschin and Drs. Karen Landman and Erin Nelson from the University of Guelph, provides a set of guidelines to assist the designing of community-engaged, accessible, multifaceted school food gardens.

***Link:*** [*http://nourishingontario.ca/blog/2015/01/28/designing-educational-food-landscapes-guidelines-for-schools/*](http://nourishingontario.ca/blog/2015/01/28/designing-educational-food-landscapes-guidelines-for-schools/)

The Food Trade Game

The Food Trade Game is an interactive tool designed to educate participants regarding industrial agriculture, small-holder farming, fair trade, and agriculture markets. The game involves role playing as multiple stakeholders in the food system.

***Link***: [*http://www.foodtradegame.com/#!the-game/zmj7c*](http://www.foodtradegame.com/#!the-game/zmj7c)

USC Canada: resources for educators (elementary school)

‘Sow and Save’, ‘The Story of Food’, and ‘Seed Story’ are three programs available on USC Canada’s website for elementary school teachers. These programs highlight the important role seeds play in sustainable food systems, and explore the reasons behind global food access inequalities.

***Link:*** [*http://usc-canada.org/resources/for-educators*](http://usc-canada.org/resources/for-educators)