

Title: Getting by with a little help from our friends? The role of women's friendships in perceptions of work-family conflict and role balance

Abstract: Women's lives outside of the home and work spheres have previously been understudied, despite the potential impact such forms of support may have on perceptions of balance and wellbeing. We recently surveyed 200 women from dual-earner couples. Our survey examines women's perceptions of work-family conflict, role balance, and the role of friendships and social networks in helping them to achieve role balance. The goal of this research is to allow us to better understand all of the coping resources that women can and should draw on as they navigate the challenges of the work-family-life interface.

Status: The project is still in the working paper stage. Data have been collected, and we plan to analyze and prepare a conference presentation, targeting the Work Family Research Network conference, held in June 2019.