

# Earthquake Safety Tips

## SEEK SHELTER

- Stay inside and away from windows to protect yourself from shattering glass
- If outside, seek shelter in a car with a metal top and avoid power lines

## STAY INFORMED

- Stay informed with the Environment Canada weather forecast
- Stay informed on regional hazards through Natural Resources Canada
- News reports and weather updates are helpful to determine when your area is safe

## DROP, COVER & HOLD ON

- Drop to your hands and knees
- Cover your head and neck with your arms
- Hold on to and sturdy furniture until the shaking stops

## PROTECT YOUR BELONGINGS

- Secure heavy items and items that hang on walls
- Store breakable items on lower shelves

## HAVE A PLAN

- Be prepared to evacuate in the event of an emergency
- Have an emergency preparedness kit ready to take with you
- Follow instructions from authorities in the event of an evacuation

## BE AWARE

- Report any fallen trees or power lines to the proper authorities
- Keep pets indoors
- Check on anyone who is elderly, disabled or otherwise vulnerable in emergencies

## FOR MORE INFORMATION...

- <https://www.ontario.ca/page/earthquakes>
- <https://www.getprepared.gc.ca/cnt/rsrscs/pblctns/rthqks-wtd/index-en.aspx>