



# Cold -vs- Flu

## SYMPTOMS

	COLD	FLU
Symptom Onset	Gradual	Abrupt
Fever	Rare	Usual
Body Chills	Not Common	Fairly Common
Body Aches	Slight	Usual
Fatigue & Weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Stuffy / Runny Nose	Common	Sometimes
Sore Throat	Common	Sometimes
Coughing & Chest Pain	Mild / Moderate	Common
Headache	Rare	Common

## COMPLICATIONS

COLD	FLU
Lung Infections	Pneumonia
Throat Infections	Worsening of Health Conditions
Ear Infections	Hospitalization
Sinus Infections	Death

**PEOPLE EXPERIENCE SYMPTOMS DIFFERENTLY  
SEEK A HEALTHCARE PROVIDER IF YOUR SYMPTOMS PERSIST OR WORSEN**