ESP/IESP Program Winter: Arts & Social Sciences Stream

Core Course (0.5 credit)
- taught by an ESP/IESP Instructor
- introduces intellectual skills expected of university students
- teamwork and mentoring are a focus
- provides peer mentors support to students in their transition to university
- a regular first-year credit course

Elective Courses (2 x 0.5 credits)
- intro courses across a variety of disciplines, enrolled with other first-year students
- evaluate students according to same standards as other first-year students

Workshops (non-credit)
- structured study sessions that help develop the skills and habits needed to succeed at university
- led by workshop facilitators who attend the course lectures each week
- review and reinforce weekly course material
- guide you in formulating effective study, test-taking and essay writing strategies

Academic Advantage Coaching
- one-on-one sessions with expert academic coaches
- prepares students for essays, presentations and tests
- helps students acquire skills in time management, organization, studying, reviewing, presenting and writing

Choose one core course:

Selected Topics in Popular Culture

Take two arts/social science courses:
Sample elective course list

- Introduction to Anthropology
- Introduction to Criminology
- Issues in Communication & Media Studies
- Introduction to Global Environmental Systems
- Introduction to Indigenous Settler Encounters
- Introduction to Legal Studies II
- Philosophy: Mind, World & Knowledge
- Political Science: World Politics
- Introduction to Psychology
- Introduction to Social Work

Take two workshops:
One workshop to support each elective course

- Workshop: Introduction to Anthropology
- Workshop: Introduction to Criminology
- Workshop: Issues in Communication & Media
- Workshop: Intro to Global Environmental Systems
- Workshop: Introduction to Indigenous Studies
- Workshop: Introduction to Legal Studies II
- Workshop: Philosophy: Mind, World & Knowledge
- Workshop: Political Science
- Workshop: Introduction to Psychology
- Workshop: Introduction to Social Work

Academic Advising
- ongoing, individualized support from academic advisors
- direction in setting academic goals and plans
- guidance in deciding a major/minor
- aid in applying to a degree program
- support with academic or personal difficulties
- help in deciphering academic rules and regulations
- assistance in registration or withdrawal from courses
- advice in locating the right person, service, or resource at the university

80-90% of students with good workshop attendance succeed in earning admission to a degree!