ESP/IESP Program Winter: Arts & Social Sciences Stream

A. Core Course (0.5 credit)
- taught by an Instructor with the Centre for Initiatives in Education: home of the ESP/IESP
- introduces intellectual skills expected of university students
- peer mentors aid as guides to the university and ESP/IESP experience
- is a regular first-year credit course

Choose one Core class:
Selected Topics in Popular Culture

B. Elective Courses (2 x 0.5 credits)
- first-year Intro courses across a variety of fields
- regular Carleton courses
- in same class with other 1st year students
- same exams and assignments
- graded according to same standard

Take two arts/social science courses:
Sample elective course list
- Child Studies: Childhood in Canadian Context
- Introduction to Anthropology
- Introduction to Criminology
- Introduction to Film Studies
- Introduction to Indigenous Settler Encounters
- Introduction to Psychology
- Introduction to Social Work
- Philosophy: Mind, World & Knowledge
- Political Science: World Politics
- Introduction to Legal Studies II

C. Workshops (non-credit)
- one workshop with each elective course
- **structured study session** to help you develop the skills and habits needed to succeed in the course
- led by workshop facilitator who attends the course lectures each week
- reviews and reinforces weekly course material
- guides you in formulating effective study, test-taking and essay writing strategies

Two workshops:
A workshop to support each elective course

| Workshop: Child Studies |
| Workshop: Introduction to Anthropology |
| Workshop: Introduction to Criminology |
| Workshop: Introduction to Film Studies |
| Workshop: Introduction to Indigenous Studies |
| Workshop: Introduction to Psychology |
| Workshop: Introduction to Social Work |
| Workshop: Philosophy: Mind, World & Knowledge |
| Workshop: Political Science |
| Workshop: Introduction to Legal Studies |

D. Academic Advantage Coaching
- one-on-one sessions with expert academic coaches who focus on what you need to learn, when you need to learn it
- get help preparing for essays, presentations and tests
- acquire skills in areas like time management, organization, study, review, presenting and writing

E. Academic Advising
- meet with academic advisor for support in setting academic goals and plans
- help in deciding a major/minor
- aid in applying to a degree program
- help with academic or personal difficulties
- aid in deciphering academic rules and regulations
- register or withdraw from courses
- help locate the right person, service, or resource in the university

80-90% of students with good workshop attendance succeed in earning admission to a degree!