ESP Program Winter: Arts & Social Sciences Stream

Core Course (0.5 credit)
- taught by an ESP Instructor
- introduces intellectual skills expected of university students
- teamwork and mentoring are a focus
- provides peer mentors support to students in their transition to university
- a regular first-year credit course

Elective Courses (2 x 0.5 credits)
- intro courses across a variety of disciplines, enrolled with other first-year students
- evaluate students according to same standards as other first-year students

Workshops (non-credit)
- structured study sessions that help develop the skills and habits needed to succeed at university
- led by workshop facilitators who attend the course lectures each week
- review and reinforce weekly course material
- guide you in formulating effective study, test-taking and essay writing strategies

Choose one core course:

**Selected Topics in Popular Culture**

**Sample elective course list**
- Introduction to Issues in Anthropology
- Current Issues in Communication & Media Studies
- Introduction to Film Studies
- Introduction to Legal Studies II
- Philosophy: Mind, World & Knowledge
- Political Science: Democracy in Theory & Practice
- Introduction to Psychology I
- Introduction to Social Work

**Take two arts/social science courses:**

**Take two workshops:**

- **Introduction to Anthropology**
- **Current Issues in Communication & Media**
- **Introduction to Film Studies**
- **Introduction to Legal Studies II**
- **Philosophy: Mind, World & Knowledge**
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**One workshop to support each elective course**

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80-90% of students with good workshop attendance succeed in earning admission to a degree!

**Academic Coaching**
- one-on-one sessions with expert academic coaches
- prepares students for essays, presentations and tests
- helps students acquire skills in time management, organization, studying, reviewing, presenting and writing

**Academic Advising**
- ongoing, individualized support from academic advisors
- direction in setting academic goals and plans
- guidance in deciding a major/minor
- aid in applying to a degree program
- support with academic or personal difficulties
- help in deciphering academic rules and regulations
- assistance in registration or withdrawal from courses
- advice in locating the right person, service, or resource at the university