# **ESP Business Stream**

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80-90% of students with good workshop attendance succeed in earning admission to a degree!

## First-Year Seminar (1.0 credit)

- ◆ a regular first-year credit course in an upper-year seminar style
- ♦ taught by ESP Instructors
- introduces intellectual skills expected of university students
- offered in a small class environment; teamwork and mentoring are a focus
- provides peer mentor support to students in their transition to university
- ♦ available in a variety of seminar topics

## Elective Courses (2.0 credits)

- intro courses across a variety of disciplines, enrolled with other first-year students
- evaluate students according to same standards as other first-year students

# Workshops (non-credit)

- structured study sessions that help develop the skills and habits needed to succeed at university
- ♦ led by workshop facilitators who attend the course lectures each week
- review and reinforce weekly course material
- guide you in formulating effective study, test-taking and essay writing strategies

# Academic Advantage Coaching

- one-on-one sessions with expert academic coaches
- prepares students for essays, presentations and tests
- helps students acquire skills in time management, organization, studying, reviewing, presenting, writing & mathematics

#### Choose one First-Year Seminar:

Sample seminar course list

Student Leadership & Mental Health
Psychology of Academic Motivation and
Success: A Procrastinator's Guide
Power, Privilege, Difference, and
Communication: Creating Social Change
Academic Literacy: A Research Survival Course
Power of Persuasion

### Take two math/business/ economics credits:

Calculus\*/Introduction to Business
Introduction to Economics

\*High school prerequisite: Grade 12 Advanced Functions (MHF4U) with a min. 60% grade

[Grade 12 Calculus (MCV4U) recommended]

#### Take two workshops:

Calculus\*/Introduction to Business
Introduction to Economics

# Academic Advising

- ongoing, individualized support from academic advisors
- direction in setting academic goals and plans
- guidance in deciding a major/minor
- ♦ aid in applying to a degree program
- support with academic or personal difficulties
- help in deciphering academic rules and regulations
- assistance in registration or withdrawal from courses
- advice in locating the right person, service, or resource at the university