

Course Schedule & Descriptions

Arts and Social Sciences - Winter

The following are the schedule and descriptions of the courses available to ESP students in the Winter 2026 semester. Please read all sections of this document carefully before selecting your course preferences on your **Course Selection Form**.

Please note: courses are subject to cancellation and/or change.

- All new first year ESP students must register for CIED 1001 A or B (see Section A below)
- All ESP students must choose up to two half credits from the list of Elective Courses (see Section B below).

Each elective course has a corresponding ESP workshop that will appear on your schedule as ESPW 1000.

A note about choosing courses: We have provided links (where possible) to the Elective Course outlines in Section B, below. These outlines tell you how you will be evaluated in that class. We recommend you look at the outlines (where possible) and use that information to help make your choice, according to your interests and strengths.

Guide to reading the schedule

Course:	Name of the course.
Code/Semester:	The course code and its semester. Some courses are full credits (Fall/Win) and run from Sept-Apr. Others are half credits and run in either the Fall (Sep-Dec) or Winter (Jan-Apr) sessions. For the First Year Seminars, some course codes are different for the same class. This is indicated by the / and you are welcome to select either course section based on your preferred day/time.
Day/Time:	M=Mon, T=Tues, W=Wed, R=Thurs, F=Fri. Classes may be held once per week for 3 hours or two times per week for 1.5 hours, or once per week for 2 hours plus a discussion group of 1 hour. For example, courses listed MW are offered both Mon <u>and</u> Wed, and classes listed TR are offered Tues <u>and</u> Thurs at the times listed. As well, the / represents two different times for different course codes (see above notes). Please read the times carefully.
Instructor:	Name of the Instructor/Professor.
Time Tutorial/Labs:	Some courses (usually those that have two hours per week for the lecture time) have discussion groups for 1 hour per week. These are led by Teaching Assistants assigned to the course and are a graded component of your courses. Groups are often offered at different times. We'll register you in just <u>one</u> of the discussion groups listed (one that has space available and works with your other course).
ESP Workshop:	This is the ESP Workshop assigned to the course with its day/time listed. It's there to help you succeed in the course and is an important and mandatory part of our program.
Facilitator:	Name of facilitator who runs the corresponding ESP workshop.

Course and Workshop Schedules

Section A. Core Course

Course: Selected Topic: Power of Persuasion
Code: CIED 1001 A
Day/Time: T 11:35-14:25
Instructor: Jennifer Gilbert

Course: Selected Topic: Power of Persuasion
Code: CIED 1001 B
Day/Time: W 14:35-17:25
Instructor: Jennifer Gilbert

Section B. Elective Arts & Social Science Courses

Course: Introduction to Issues in Anthropology
Code/Semester: ANTH 1002 B
Day/Time: T 14:35-16:25
Instructor: Liz Vicencio Diaz
Time Tutorial/Labs: B06: T 17:35-18:25
ESP Workshop: ESPW 1000 A | W 08:35-11:25
Facilitator: Melanie Cockrell

Course: Foundations: Contemporary Communication and Media
Code/Semester: COMS 1002 A
Day/Time: T 14:35-17:25
Instructor: Ira Wagman
ESP Workshop: ESPW 1000 D | R 11:35-14:25
Facilitator: Danielle Carter

Course: Introduction to Criminology & Criminal Justice
Code/Semester: CRCJ 1000 B
Day/Time: ONLINE Asynchronous
Instructor: Adina Ilea
ESP Workshop: ESPW 1000 R | M 11:35-14:25 | R 14:35-17:25
Facilitator: Patricia Callahan

Course: Environmental Studies: People, Places, and Environments
Code/Semester: ENST 1020 B
Day/Time: M 18:05-19:55
Instructor: Andy Kusi-Appiah
Time Tutorial/Labs: B03: W 10:35-11:25 B04: W 11:35-12:25 B06: R 09:35-10:25
ESP Workshop: ESPW 1000 F | W 14:35-17:25
Facilitator: Hart Ballogan

Course: History of the Global South, 1850 to the Present
Code/Semester: HIST 1702 A
Day/Time: R 11:35-13:25
Instructor: Hussam Ahmed
Time Tutorial/Labs: A02: F 10:35-11:25 A04: F 11:35-12:25 A06: F 12:35-13:25
ESP Workshop: ESPW 1000 X | M 14:35-17:25
Facilitator: Kyla Momanyi

Course:	Critical Issues in Social Justice Activism
Code/Semester:	HRSJ 1102 A
Day/Time:	T 14:35-16:25
Instructor:	Shazia Sadaf
Time Tutorials/Labs:	A01, A03, A05: T 16:35-17:25 A02, A04: T 17:35-18:25
ESP Workshop:	ESPW 1000 H W 14:35-17:25
Facilitator:	Abigail Olmstead
Course:	Introduction to Legal Studies II
Code/Semester:	LAWS 1002 B
Day/Time:	M 08:35-10:25
Instructor:	Jane Dickson
Time Tutorial/Labs:	B01, B03, B05, B07: M 10:35-11:25
ESP Workshop:	ESPW 1000 Z F 14:35-17:25
Facilitator:	Jane Hayes
Course:	Neuroscience of Mental Health and Neurological Disease
Code/Semester:	NEUR 1203 A
Day/Time:	TR 08:35-09:55
Instructor:	Matthew Holahan
ESP Workshop:	ESPW 1000 S T 14:35-17:25
Facilitator:	Aurora Tracy
Course:	Mind, World, & Knowledge
Code/Semester:	PHIL 1301 B
Day/Time:	TR 13:05-14:25
Instructor:	David Matheson
ESP Workshop:	ESPW 1000 B M 14:35-17:25
Facilitator:	Nico Waworuntu
Course:	Democracy in Theory and Practice
Code/Semester:	PSCI 1100 B
Day/Time:	R 15:35-17:25
Instructor:	Achim Hurrelmann
Time Tutorial/Labs:	B07-B08, B11: R 18:35-19:25
ESP Workshop:	ESPW 1000 J R 11:35-14:25
Facilitator:	Anya Muskiluke
Course:	Introduction to Psychology I
Code/Semester:	PSYC 1001 J
Day/Time:	M 18:05-20:55
Instructor:	John Weekes
ESP Workshop:	ESPW 1000 C W 11:35-14:25
Facilitator:	Solenne Ntowo Djocgoue

Course and Workshop Descriptions

Section A. Core Course (0.5 Credit)

Power of Persuasion

CIED 1001 A & B [0.5 credit]

Instructor: Jennifer Gilbert

Learning how to engage with arguments and practice the art of productive disagreement can broaden your understanding of the world and other people - you may even, at times, change your mind, or change someone else's mind!

In this course, we use ancient and modern concepts from the field of Rhetoric to analyze everyday arguments from opinion columns, memes, ads, and videos. You will learn to dissect argument structures and analyze rhetorical situations in order to assess the strength of others' arguments and the power dynamics at play.

You will also have the opportunity to apply your newfound knowledge to improve your power of persuasion! Through in-class lectures, discussions, and games, you will enhance your persuasive skills. Grading will focus on: attendance and contribution in classes, teamwork and individual research efforts in debates, an analysis paper, and an in-person written exam.

Section B: Elective Courses (1.0 Credit)

All elective courses listed below will be accompanied by a two hour/week **ESP Workshop** (this will appear on your schedule as ESPW 1000). Please see the **Class and Workshop Schedule** for day and time information; and read the **Student Guide** for a description of workshops.

Introduction to Issues in Anthropology

***ANTH 1002 B [0.5 credit]**

Prof. Liz Vicencio Diaz

This course introduces students to anthropology through in-depth consideration of selected issues facing contemporary cultures and societies. Selected issue(s) will reflect the expertise of the instructor and could include current debates related to race, gender, development, politics, economics, religion, technology, health and the environment.

- An example of a course outline from Winter 2025 can be found [here](#).
 - Please note that this outline is subject to change for the current academic year
- Lectures two hours per week and discussions one hour per week.

Foundations: Contemporary Communication and Media

***COMS 1002 A [0.5 credit]**

Prof. Ira Wagman

An exploration of communication and media in relation to contemporary political, technological and cultural issues, with a focus on Canada.

- Information on the course can be found on the Journalism & Communication department website, [here](#).
- Lecture three hours a week.

Introduction to Criminology & Criminal Justice

CRCJ 1000 B [0.5 credit]

Prof. Adina Ilea

Overview of the field, including the foundational approaches of criminology and criminal justice, crime as an object of study; criminal law and criminality in Canada; (neo) classical, aetiological and social reaction perspectives; alternative criminologies.

- An example of a course outline from Winter 2024 can be found [here](#).
 - Please note that this outline is subject to change for the current academic year
- Lecture three hours a week.

Environmental Studies: People, Places, and Environments

***ENST 1020 B [0.5 credit]**

Prof. Andy Kusi-Appiah

Introduction to human geography. Examination of relationships between people, communities, society and the natural environment at local to global scales. Population change, cultural patterns, and historical, economic, political and environmental forces, including climate change, that shape human activity and experiences from place to place.

- An example of a course outline from Winter 2025 can be found [here](#).
 - Please note that this outline is subject to change for the current academic year
- Lectures two hours a week and tutorial one hour a week.

History of the Global South, 1850 to the Present

***HIST 1702 A [0.5 credit]**

Prof. Hussam Ahmed

This course follows the global community from the mid-nineteenth century to the present exploring how global connections, movements and trends have shaped our world. Emphasis on the non-western world.

- More information about this course can be found [here](#).
- Lectures two hours per week and discussions one hour per week.

Critical Issues in Social Justice Activism

***HRSJ 1102 A [0.5 credit]**

Prof. Shazia Sadaf

A critical study of social justice approaches and concepts to examine political and social struggles, resistance, and activism in historical and contemporary contexts. Emphasis is placed on the connection between social justice approaches and human rights as tools in activist work.

- Information on the course can be found [here](#).
- Lectures two hours per week and discussions one hour per week.

Introduction to Legal Studies II

***LAWS 1002 B [0.5 credit]**

Prof. Jane Dickson

Introduction to legal rules and theoretical approaches for critically understanding the creation, interpretation and enforcement of those rules; the role of judges, juries, lawyers, and lay persons; adjudication and alternative dispute resolution; relationship of law with social change and justice; challenges of access to justice.

- An example of a course outline from Winter 2025 can be found [here](#).
 - Please note that this outline is subject to change for the current academic year
- Lectures two hours per week and discussions one hour per week.

Neuroscience of Mental Health, and Neurological Diseases

***NEUR 1203 A [0.5 credit]**

Prof. Matthew Holahan

Clinical symptoms of neurological disease, including biological, developmental, experiential and environmental factors that contribute to disease. Topics may include stroke, multiple sclerosis, migraine, seizure disorder, Parkinson's disease, ALS, chronic pain, Alzheimer's disease and concussion.

- Information on the course can be found [here](#).
- Lectures three hours a week

Mind, World and Knowledge

***PHIL 1301 B [0.5 credit]**

Prof. David Matheson

Introduction to a variety of philosophical works, including contemporary, on such topics as: the nature of being, the mental, the external, consciousness, perception, experience, meaning, truth, the nature of knowledge, scientific understanding, and how language and thought represent the world.

- An example of a course outline from Winter 2024 can be found [here](#).
 - Please note that this outline is subject to change for the current academic year
- Lectures three hours a week.

Democracy in Theory and Practice***PSCI 1100 B [0.5 credit]****Prof. Achim Hurrelmann**

Introduction to modern political ideas such as liberty, equality, the rule of law, representation, participation (including gender aspects), the impact of these ideas on political and policy making institutions in Canada; other countries may be examined. Basic research and academic writing skills.

- An example of a course outline from Fall 2024 can be found [here](#).
 - Please note that this outline is subject to change for the current academic year
- Lectures two hours a week, tutorials one hour a week.

Introduction to Psychology I**PSYC 1001 J [0.5 credit]****Prof. John Weekes**

A survey of topics associated with psychology's role as a natural science, including neuroscience, cognition, and learning.

- An example of a course outline from Fall 2025 can be found [here](#).
 - Please note that this course outline is subject to change for the current academic year
- Lectures three hours a week.