

ESP Program Winter: Arts & Social Sciences Stream

80-90% of students with good workshop attendance succeed in earning admission to a degree!

Core Course (0.5 credit)

- ◆ taught by an ESP **Instructor**
- ◆ introduces intellectual skills expected of university students
- ◆ teamwork and mentoring are a focus
- ◆ provides **peer mentors** support to students in their transition to university
- ◆ a regular first-year credit course

Choose one core course:

CIED 1001 A or B – Power of Persuasion

Elective Courses (2 x 0.5 credits)

- ◆ intro courses across a variety of disciplines, enrolled with other first-year students
- ◆ evaluate students according to same standards as other first-year students

Take two arts/social science courses:

Sample elective course list

Introduction to Issues in Anthropology
Current Issues in Communication & Media Studies
Introduction to Criminology
Critical Issues in Social Justice Activism
Introduction to Legal Studies II
Philosophy: Mind, World & Knowledge
Political Science: Democracy in Theory & Practice
Introduction to Psychology I

Workshops (non-credit)

- ◆ structured study sessions that help develop the skills and habits needed to succeed at university
- ◆ led by **workshop facilitators** who attend the course lectures each week
- ◆ review and reinforce weekly course material
- ◆ guide you in formulating effective study, test-taking and essay writing strategies

Take two workshops:

One workshop to support each elective course

Introduction to Anthropology
Current Issues in Communication & Media
Introduction to Criminology
Critical Issues in Social Justice Activism
Introduction to Legal Studies II
Philosophy: Mind, World & Knowledge
Political Science: Democracy in Theory & Practice
Introduction to Psychology I

Academic Coaching

- ◆ one-on-one sessions with expert **academic coaches**
- ◆ prepares students for essays, presentations and tests
- ◆ helps students acquire skills in time management, organization, studying, reviewing, presenting and writing

Academic Advising

- ◆ ongoing, individualized support from **academic advisors**
- ◆ direction in setting academic goals and plans
- ◆ guidance in deciding a major/minor
- ◆ aid in applying to a degree program
- ◆ support with academic or personal difficulties
- ◆ help in deciphering academic rules and regulations
- ◆ assistance in registration or withdrawal from courses
- ◆ advice in locating the right person, service, or resource at the university

Built into your weekly schedule

Available as needed