

Academic Orientation Day

Enriched Support Program

September 2, 2025





Welcome!

Welcome to the Enriched
Support Program
Academic Orientation Day!

Enriched Support Program

AGENDA

Enriched Support
Program

10:00-10:30 am T-Shirt pick up & check-in

- 10:30-12:30 am** ESP Orientation
- Welcome and Introductions
Interim Director Jennifer Gilbert
 - Student speaker: Fred
 - Human Bingo
 - Student speaker: Arshia
 - Workshops: Meet your
Facilitators
 - ESP advising & program
updates
 - Student speaker: Karol
 - Draw for prizes

1 pm – 4 pm Expo



The land upon which Carleton University rests is the traditional and unceded territory of the Algonquin nation.

Jennifer Gilbert

Interim Director
Centre for
Initiatives
in Education

&
Associate Professor
(Teaching) & Mentor
Program Coord.ESP



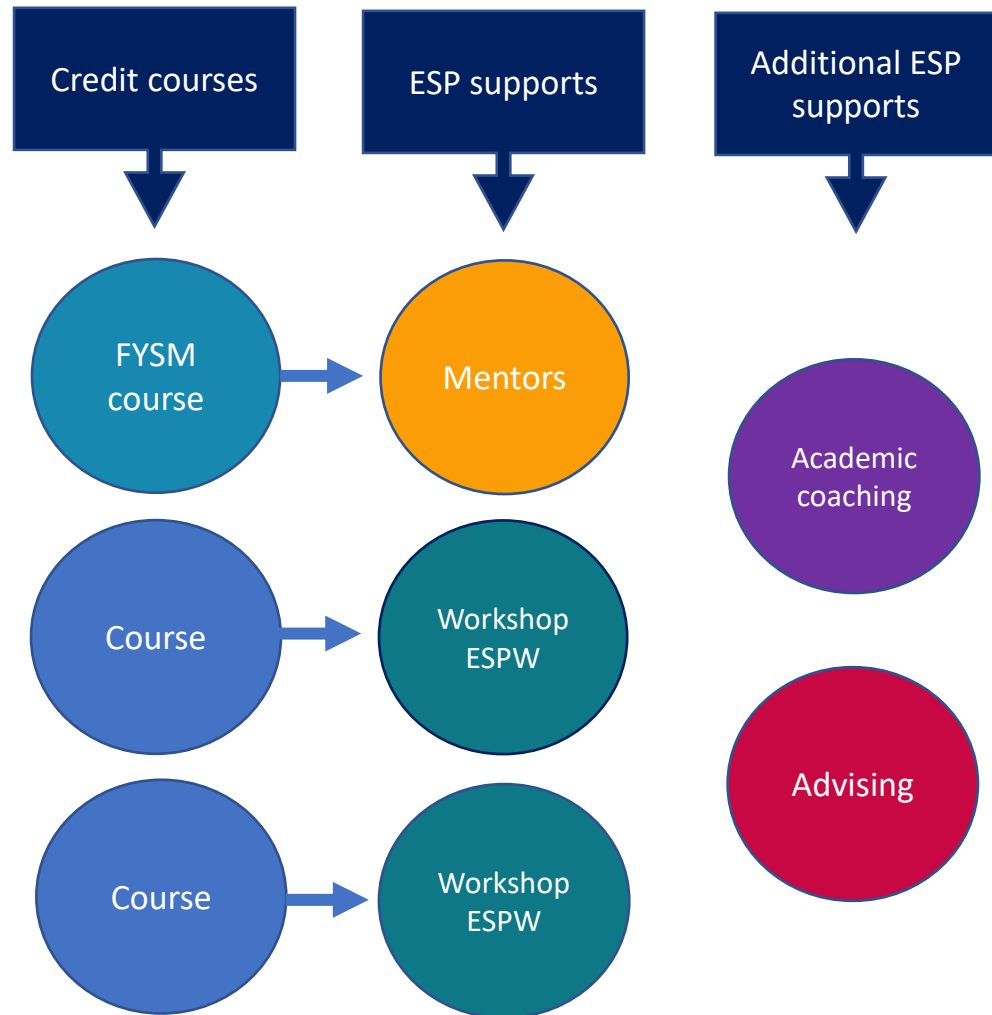
Welcome

Fred Antione

student in BSc
Biology



ESP overview



Your schedule

Login to central.carleton.ca

Click on “Student Timetable”

- skip ahead to next week to see the full week of classes

Main Menu



Personal Information

- Update addresses and phone numbers
- View name change information
- Personal Emergency Contact Information
- **Campus Card:** The CampusCard online services can now be accessed through the [CampusCard Web Center](#)
- MyCarletonOne Account information and Carleton Email address
- Travel Registry
- Manage Email Communications
- Preferred First Name
- Submit Social Insurance Number (SIN)



Campus Alerts

- **Service Disruption Notification :** Register your cellphone and Subscribe to receive text message alerts in the event of an u



Student Records

- **Graduate Admissions:** Graduate Admissions and Graduate In- Program Revisions.
- **Admissions:** Review admission application, View Holds and Conditions of Offer, Internal Application for Admission
- **myGrades:** Display grades
- **myProgress (APE: Academic Performance Evaluation)**
- **myExam Schedule**
- **myTransferCredit (credit from previous studies)**



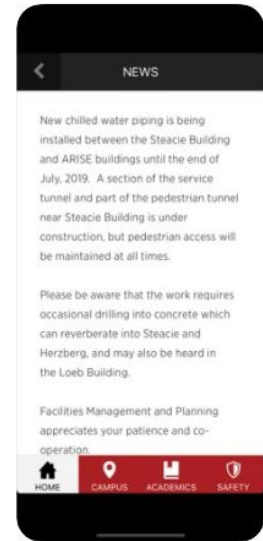
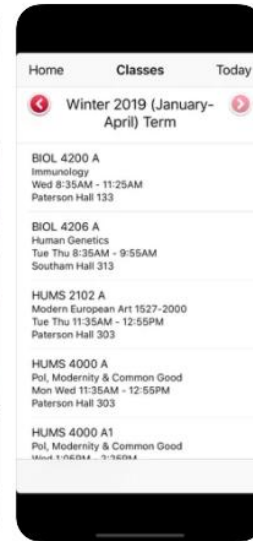
Registration

- **Registration:** Getting Started, Build Your Timetable/Registration, **Student Timetable**, Display Holds, Registration Override Re
- Other: Add/Drop Classes, French Placement Test, Purchase Books
- **Student Accounts:** Calculate Amount To Pay, Refund or Scholarship Balance Request, Optout Undergrad Insurance, Print tax



There's an app for that

carleton.ca/cumobile/



Human Bingo

Time to get up
move around
and meet
people!!

In pairs, find people to complete at least one line.

- One line = one entry in the draw



ESP ORIENTATION HUMAN BINGO

Name 1: _____

Name 2: _____

- Pair up with somebody
- Fill your sheet!
- You can only use one person for each box (can't use the same person more than once)
- Have the person initial their box
- When you're done, enter the draw. See Tracy, Stephanie or Sam.

Find someone who...

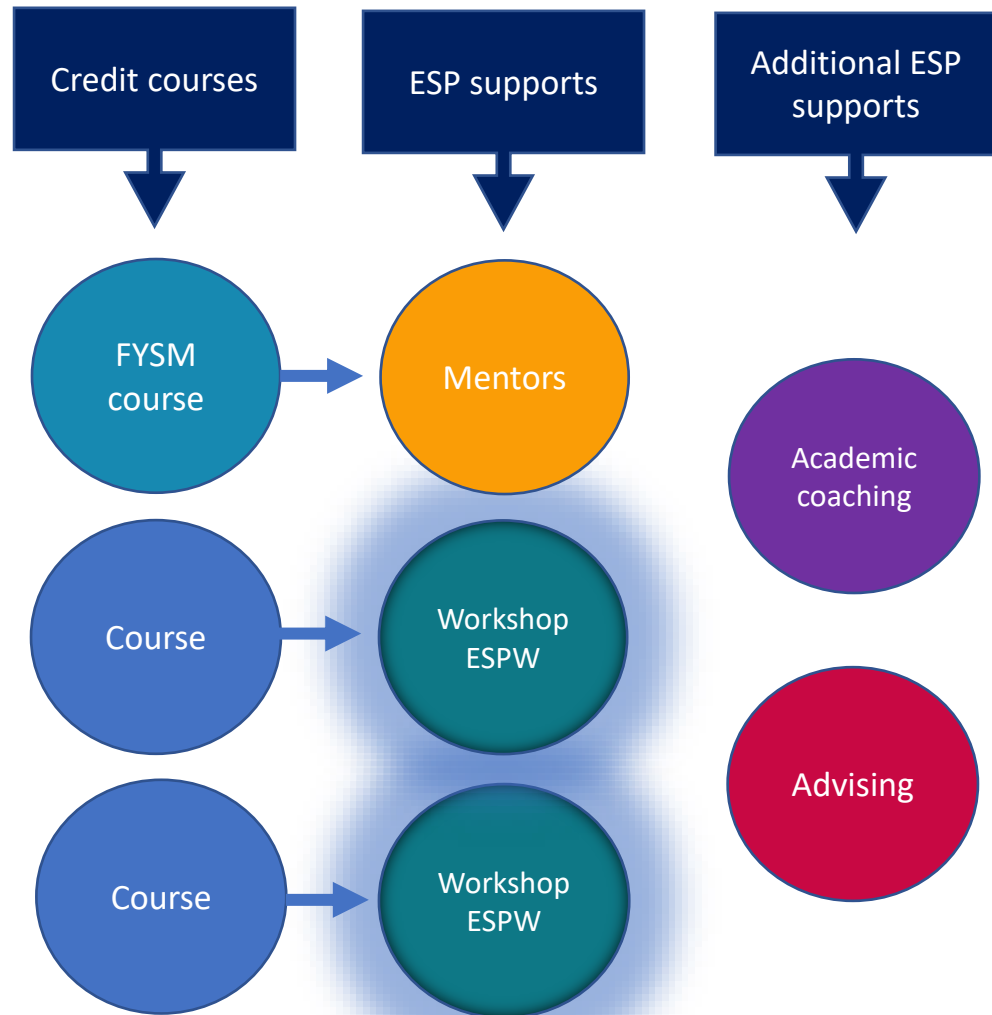
Has 3 or more siblings	Has been to over 5 or more different countries	Loves watching reality TV	Has never broken a bone	Plays a musical instrument
Speaks 3 or more languages	Is an ESP facilitator	Has a tattoo	Is left handed	Has the same birth month as you
Likes to cook or bake	Plays 3 or more sports	FREE SPACE	Sleeps 8 hours or more on average	Is allergic to a fruit
Has never been on an airplane	Can juggle	Is an ESP coach	Has 2 or more pets	Is in the same workshop/elective as you
Can do the splits	Wears glasses or contact lenses	Likes to sing/dance	Doesn't like chocolate	Is an ESP advisor

Arshia Kapoor

student in
Psychology



Meet your ESP workshop facilitators

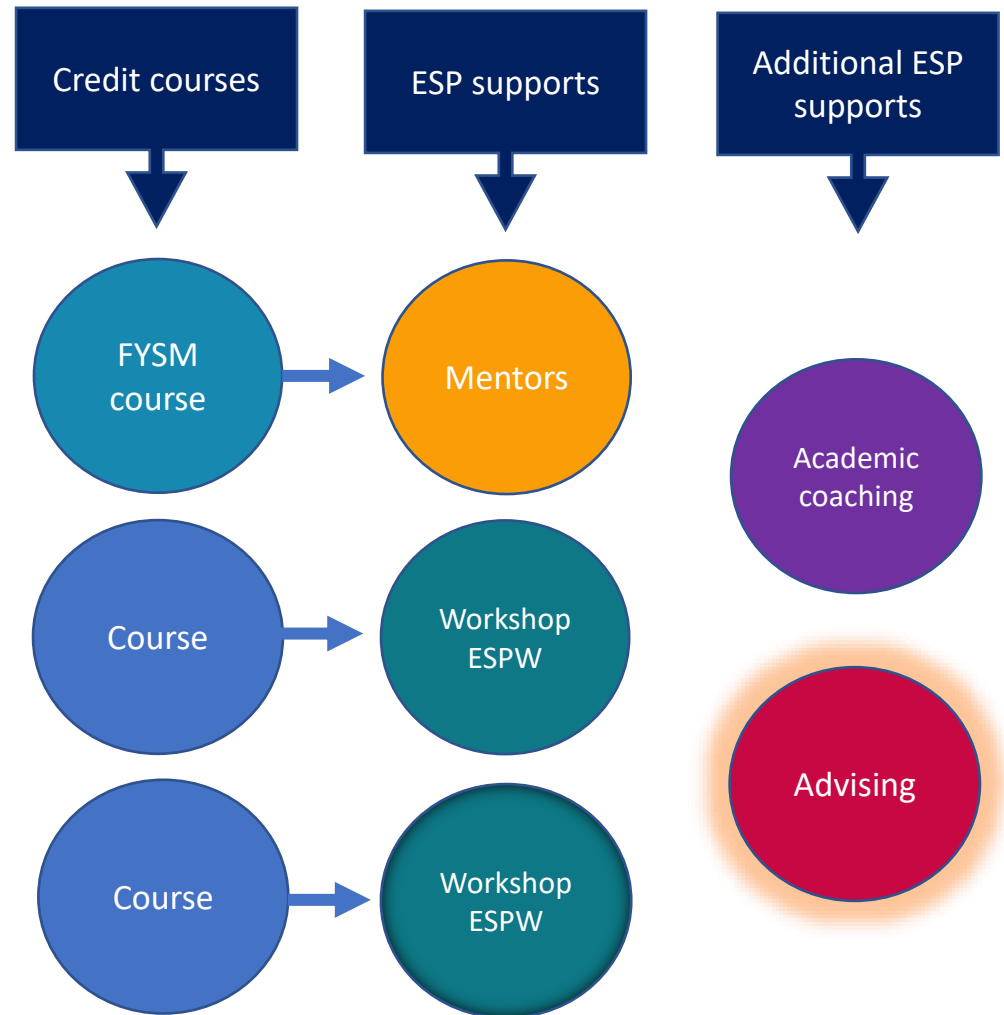


**10
minutes
then
switch**

- Meet your workshop facilitator
- Learn a bit about the course
- Ask about textbooks, discussion groups, evaluation, or any other course related ?s



Advising



Advising support

ESP ADVISORS



- Allan Blunt, Tracy Yusuf, & Stephanie Wagar
- Can help you with your pathway to degree
- Can answer program specific questions about:



Registration,
course
waitlists



Degree
requirements



Academic
awards



Advising bulletin

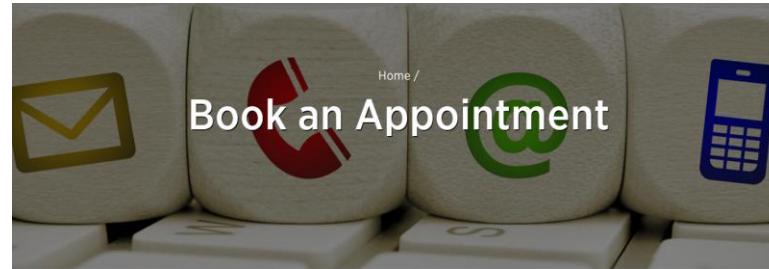
- ✓ Set up your myCarleton email
- ✓ [Welcome edition](#) of the Advising Bulletin:
 - When stuff starts
 - How to get your books
 - How to order your student card/ UPass, locker, etc.
 - Free software: Microsoft Office 365
 - And more...



Advising

Meet with an Advisor about:

- Course registration
 - **last day to make changes: Sept. 17**
- Fees/OSAP questions
- **Drop in hours the month of September:**
1516 Dunton Tower
- Book an advising appointment – starting in October - carleton.ca/esp/appointments



BOOK AN APPOINTMENT

STUDENT EMPLOYEES

PROGRAM +

FUTURE STUDENTS +

Booking Appointments

Coaching for ESP	Advising for ESP
Individual or group coaching is available to ESP students for assistance with academic	ESP Advisors provide support for navigating the university.



ESP Socials in the Lounge: 1521 Dunton Tower

Join us on Fridays from 5:30pm-7:30pm in the ESP lounge for ESP socials!

Get to know your peers, eat snacks, and have a fun time!

We'll be starting with Game Night on September 6.



Timetable tips

	Previous Week	Week of Sep 08, 2025 (2 of 32)	Next Week			
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am						
9am				FYSM 1900-G 32089 8:35 am-11:25 am TB 431		
10am					ENST 1000-A2 32295 10:55 am-11:25 am	
11am					LAA410	
12pm		ECON 1001-B 31921 11:35 am-12:55 pm SA KM-TH		ECON 1001-B 31921 11:35 am-12:55 pm SA KM-TH		
1pm					ESPW 1000-T 32457 11:35 am-2:25 pm TB 206	
2pm						
3pm					ESPW 1000-F 32446 2:35 pm-5:25 pm	
4pm					TB 234	
5pm						
6pm	ENST 1000-A 32297 5:35 pm-7:25 pm LA C264			ECON 1001-B07 31928 6:05 pm-6:55 pm		
7pm				ON LINE		

Click on the title to see which Workshop

The course will list a building code & room or ON LINE

Booking study rooms

Looking for a place to Study

- Bookable **study rooms** in library(library.carleton.ca/services)

MacOdrum Library

Carleton University Library / LibCal / Space Availability - Library Study Rooms

Location Library Study Rooms Category Show All Capacity All Spaces (not seats)

All rooms have whiteboards on the wall. Rooms are not sound-proofed.

NOTE: If you do not receive a confirmation email after booking, it has likely gone to a cunet.carleton.ca email address instead of a cmail.carleton.ca address. If booking, either login to your cunet email or contact LibraryServices@cunet.carleton.ca and ask for your booking to be cancelled.

You have reached the end of the bookable window. No availability will be shown past this point.

Monday, September 29, 2025

Go To Date < > Next Available

Space	12:00am	1:00am	2:00am	3:00am	4:00am	5:00am	6:00am	7:00am	8:00am	9:00am
<input type="checkbox"/> Silent Floor (Floor 3 or 5)										
324A (Capacity 6)										
324B (Capacity 6)										
324C (Capacity 6)										
324D (Capacity 6)										
304 (Capacity 6)										

Bring a
headset

- Book on the Conversational or Silent Floor
- When workshops are not running in TB 206 & 234 we allow students to use these rooms to study. A schedule will be posted outside the rooms in the weeks to come.



Where
do I find
course
info?

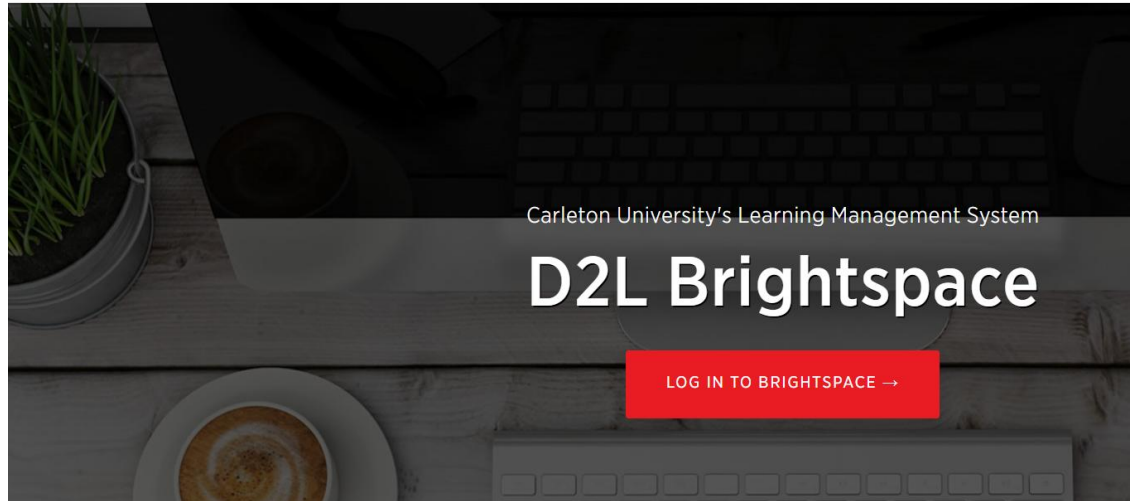


carleton.ca/brightspace

Brightspace pages will be released by the professor as the class begins.



Search



When things start

Courses (e.g. Math 1009 and ECON 1001 B) start **this week**

Discussion groups/labs (e.g. ECON 1001 – B07, MATH 1009 AT) are TBA

Workshops (ESPW 1000) start **next week**

	Monday	Tuesday	Wednesday	Thursday	Friday
8am					
9am					
10am		ECON 1001-B 32074 10:05 am-11:25 am SA THB	ESPW 1000-T 2769 10:35 am-11:25 am TB 206	ECON 1001-B 32074 10:05 am-11:25 am SA THB	
11am			MATH 1009-AT 4147 1:35 am-12:25 pm TBA		
12pm		FYSM 1900-B 33049 1:35 am-2:25 pm SA 317			
1pm	MATH 1009-A 34141 1:05 pm-2:25 pm SA THB		MATH 1009-A 34141 1:05 pm-2:25 pm SA THB		
2pm					
				ESPW 1000-ZA 32774 2:35 pm-5:25 pm TB 206	
		ECON 1001-B07 32081 6:05 pm-6:55 pm ONLINE			

When things start

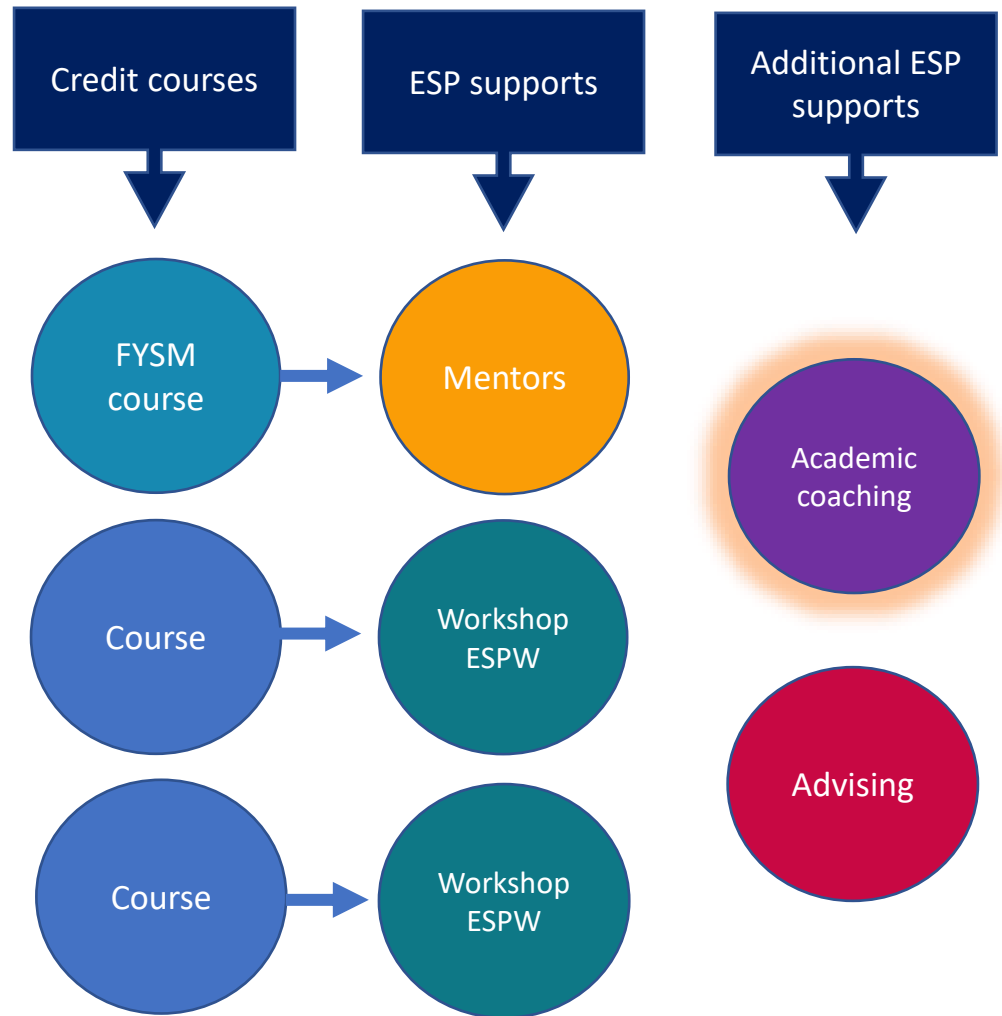
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am						
9am				YSM 1900-G 2689 :35 am-11:25 am B 431		
10am					ENST 1000-A2 295 :35 am-11:25 am LA410	
11am		ECON 1001-B 31921 11:35 am-12:55 pm SA KM-TH		ECON 1001-B 31921 11:35 am-12:55 pm		
12pm					ESPW 1000-T 457 :35 am-2:25 pm B 206	
1pm						
2pm						
3pm					ESPW 1000-F 446 :35 pm-5:25 pm B 234	
4pm						
5pm						
6pm	ENST 1000-A 32293 5:35 pm-7:25 pm LA C264			ECON 1001-B07 1928 :05 pm-6:55 pm ON LINE		
7pm						

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Additional ESP Supports



Academic Coaching

- **Coaching** is one-on-one appointments for schoolwork with upper year students who care.
- It is part of the supports to help you succeed.
- It is one hour focussed on what you need to know!
 - **You book an appointment**
 - **You get a text message with the date and time**
- Coaches will be visiting first year seminar classes and STEM workshops to tell you about coaching



Academic Coaching

- If you need help with email, ID cards, bus passes, class locations or anything else, drop in 1510 Dunton Tower
 - Today – 1:00 pm to 4:00 pm
- Coaching starts September 8th.
- Book appointments at
carleton.ca/esp/appointments
- For any questions about coaching, email: academic.coaching@carleton.ca



Fee payment reminder

Fees were due August 25th

- Those with OSAP deferrals won't pay late fees
- Trouble navigating OSAP or fee payment, we can help
- You will not be deregistered if you don't pay
 - Withdrawals or fee ?s: talk to an advisor



**Student
speaker:
Karol Krotki,
B.COMM
Commerce**



Prizes



What's next

Questions

ESP: 1516 DT

15th floor Dunton Tower

8:30-12:00 & 1:00-4:30

esp@carleton.ca

613-520-2804



What's next

EXPO Carleton

1:00-4:00 pm today

Showcase: campus services, clubs & societies

- Carleton Fieldhouse (by Athletics)
- For anyone wanting to go to the Expo please stay behind and one of our Academic Coaches will walk you over to the Field House



Academic Orientation Day Student Feedback

All Students who submit a
feedback form will be entered
to win one of five Ravens
Sweaters

ESP

