Course Schedule & Descriptions
Arts and Social Sciences - Winter

The following are the schedule and descriptions of the courses available to ESP students in the Winter 2027 semester. Please read all sections of this document carefully before selecting your course preferences on your ***Course Selection Form***.

Please note: courses are subject to cancellation and/or change.

- All new first year ESP students must register for CIED 1001 A or B (see Section A below)
- All ESP students must choose up to two half credits from the list of Elective Courses (see Section B below).

Each elective course has a corresponding ESP workshop that will appear on your schedule as ESPW 1000.

A note about choosing courses: We have provided links (where possible) to the Elective Course outlines in Section B, below. These outlines tell you how you will be evaluated in that class. We recommend you look at the outlines (where possible) and use that information to help make your choice, according to your interests and strengths.

Guide to reading the schedule

Course:	Name of the course.
Code:	The course code identifies the subject matter e.g. PSYC, the course number e.g. 1001, and the specific section of the course e.g. A.
Day/Time:	M=Mon, T=Tues, W=Wed, Th=Thurs, F=Fri. Classes may be held once per week for 3 hours or two times per week for 1.5 hours, or once per week for 2 hours plus a discussion group of 1 hour. For example, courses listed MW are offered both Mon and Wed, and classes listed TR are offered Tues and Thurs at the times listed. As well, the / represents two different times for different course codes (see above notes). Please read the times carefully.
Instructor:	Name of the Instructor/Professor.
Time Tutorial/Labs:	Some courses (usually those that have two hours per week for the lecture time) have discussion groups for 1 hour per week. These are led by Teaching Assistants assigned to the course and are a graded component of your courses. Groups are often offered at different times. We'll register you in just one of the discussion groups listed (one that has space available and works with your other course).
ESP Workshop:	This is the ESP Workshop assigned to the course with its day/time listed. It's there to help you succeed in the course and is an important and mandatory part of our program.
Facilitator:	Name of facilitator who runs the corresponding ESP workshop.

Course and Workshop Schedules

Section A. Core Course

Course:	**From Caves to Condos: An Anthropology of Home**
Code:	CIED 1001 A
Day/Time:	W 14:35-1725
Instructor:	Eric Hitsman

Course:	**Race, Childhood, and Youth**
Code:	CIED 1001 B
Day/Time:	T 11:35-14:25
Instructor:	Fatemeh Mohammadi

Section B. Elective Arts & Social Science Courses

Please note that many of the course options below have limited seats available.

Course:	**Introduction to Issues in Anthropology**		
Code/Semester:	ANTH 1002 B		
Day/Time:	W 11:35-13:25		
Instructor:	Danielle DiNovelli-Lang		
Time Tutorial/Labs:	B02: W 13:35-14:25	B03: W 13:35-14:25	B06: W 14:35-15:25
ESP Workshop:	ESPW 1000 A | M 11:35-13:25		
Facilitator:	Emma Rowsell		

Course:	**Foundations: Contemporary Communication and Media**
Code/Semester:	COMS 1002 A
Day/Time:	T 14:35-17:25
Instructor:	Ira Wagman
ESP Workshop:	ESPW 1000 D | W 09:35-11:25
Facilitator:	Danielle Carter

Course:	**Introduction to Criminology & Criminal Justice**
Code/Semester:	CRCJ 1000 C
Day/Time:	ONLINE Asynchronous
Instructor:	Adina Ilea
ESP Workshop:	ESPW 1000 Y | Th 11:35-13:25
Facilitator:	Lynn Okafor

Course:	**Introduction to Macroeconomics**
Code/Semester:	ECON 1002 B
Day/Time:	T/Th 10:05-11:25
Instructor:	Carolina Czastkiewicz
Time Tutorial/Labs:	B08: Th 19:05-19:55 Online synchronous
ESP Workshop:	ESPW 1000 T | Th 14:35-16:25
Facilitator:	Taylor Jude

Course:	**Environmental Studies: People, Places, and Environments**
Code/Semester:	ENST 1020 B
Day/Time:	T 18:05-19:55
Instructor:	Andy Kusi-Appiah
Time Tutorial/Labs:	B06: F 09:35-10:25
ESP Workshop:	ESPW 1000 F | T 11:35-13:25
Facilitator:	Quinn Venditti

Course:	**Europe in War; Cold War**
Code/Semester:	HIST 1004 A

Day/Time:	M 14:35-17:25
Instructor:	Sean Eedy
ESP Workshop:	ESPW 1000 X | F 13:35-15:25
Facilitator:	Colin VanDerLoo

Course:	**Critical Issues in Social Justice Activism**
Code/Semester:	HRSJ 1102 A
Day/Time:	T 14:35-16:25
Instructor:	Elham Gharji
Time Tutorials/Labs:	A01: W 08:35-09:25 A02: M 16:35-17:25 A04: Th 15:35-16:25
ESP Workshop:	ESPW 1000 H | W 14:35-16:25
Facilitator:	Cydney Bradbury

Course:	**Introduction to Legal Studies II**
Code/Semester:	LAWS 1002 B
Day/Time:	W 08:35-10:25
Instructor:	Steve Tasson
Time Tutorial/Labs:	B04: W 11:35-12:25 B07: W 10:35-11:25
ESP Workshop:	ESPW 1000 I | T 09:35-11:25
Facilitator:	David Minanengiyeofi

Course:	**Neuroscience of Mental Health and Neurological Condition**
Code/Semester:	NEUR 1203 B
Day/Time:	M/W 10:05-11:25
Instructor:	Matthew Holahan
ESP Workshop:	ESPW 1000 S | W 14:35-16:25
Facilitator:	Aurora Tracy

Course:	**Mind, World, & Knowledge**
Code/Semester:	PHIL 1301 B
Day/Time:	W/F 08:35-09:55
Instructor:	Josh Redstone
ESP Workshop:	ESPW 1000 B | F 11:35-13:25
Facilitator:	Nico Waworuntu

Course:	**Politics of Migration**
Code/Semester:	PSCI 1501 A
Day/Time:	Th 14:35-16:25
Instructor:	Supanai Sookmark
Time Tutorial/Labs:	A02: Th 16:35-17:25 A05: Th 17:35-18:25
ESP Workshop:	ESPW 1000 J | F 11:35-13:25
Facilitator:	Megan Savoie

Course:	**Introduction to Psychology I**
Code/Semester:	PSYC 1001 K
Day/Time:	M 18:05-20:55
Instructor:	John Weekes
ESP Workshop:	ESPW 1000 C | M 11:35-13:25
Facilitator:	Megan Bartholomew

Course and Workshop Descriptions

Section A. Core Course (0.5 Credit)

From Caves to Condos: An Anthropology of Home
CIED 1001 A [0.5 credit]
Instructor: Eric Hitsman

Home is more than simply the place where we live. The places we call home can tell us a great deal about who we are, what we value, and the society we live in. What does home really mean? Why do Canadians take on massive debt to own a home? What makes a house a home, and why can finding a place to live be so difficult? Anthropology is the study of humanity, and in this course we will examine the social and cultural meanings of "house" and "home" through time and space. From ancient Roman imperial luxury compounds, to FIFA's World Cup's impact on housing, to the modern housing crisis in Canada, we will examine how the places we live reflect culture, identity, relationships, and inequalities. We will also look at the homes we encounter in popular culture through television, film, and other popular culture. What do the lavish homes and lifestyles of social media influencers tell us about our values as a society? Why are houses so often portrayed as centres of anxiety in horror movies?

This course aims to teach you how to think about social issues through an anthropological lens. Through guided writing prompts, research, discussion, and in-class activities, students will develop an essential university skill: learning to think critically about the world around them. Using something familiar—home—as our starting point, we will learn to ask questions, consider different perspectives, and evaluate evidence rather than simply taking information at face value. Through writing and critical discussion, this course will help you develop the analytical and communication skills essential for success across your university career.

Race, Childhood, and Youth
CIED 1001 B [0.5 credit]
Instructor: Fatemeh Mohammadi

The course will delve into the meaning, practice, and implications of race and racialization, specifically focusing on the forms and effects of systemic race-based practices. We will also examine how the intersectional dimensions (such as poverty, religion, and gender) of racialization are connected to the challenges faced by racialized groups, particularly in childhood and youth. Additionally, we will study various related concepts, including racial stigmatization, ethnicity, different types of discrimination (such as anti-ethnic discrimination), cultural colonialism, ethnocide, white privilege, and white guilt. This course will apply an interdisciplinary approach to studying the impact of race and racialization on children and youth in the Canadian context and other countries.

Section B: Elective Courses (1.0 Credit)

All elective courses listed below will be accompanied by a two hour/week **ESP Workshop** (this will appear on your schedule as ESPW 1000). Please see the top section of this document for day and time information; and read the **Student Guide** for a description of workshops.

Introduction to Issues in Anthropology
***ANTH 1002 B [0.5 credit]**
Prof. Danielle DiNovelli-Lang
This course introduces students to anthropology through in-depth consideration of selected issues facing contemporary cultures and societies. Selected issue(s) will reflect the expertise of the instructor and could include current debates related to race, gender, development, politics, economics, religion, technology, health and the environment.

- An example of a course outline from Winter 2026 can be found here.
    - Please note this outline is subject to change for the current academic year.
- Lectures/discussions three hours a week.

Foundations: Contemporary Communication and Media
***COMS 1002 A [0.5 credit]**
Prof. Ira Wagman
An exploration of communication and media in relation to contemporary political, technological and cultural issues, with a focus on Canada.

- Information on the course can be found on the Journalism & Communication department website, here.
- Lecture three hours a week.

Introduction to Criminology & Criminal Justice
***CRCJ 1000 C [0.5 credit]**
Prof. Adina Ilea
Overview of the field, including the foundational approaches of criminology and criminal justice, crime as an object of study; criminal law and criminality in Canada; (neo) classical, aetiological and social reaction perspectives; alternative criminologies.

- An example of a course outline from Winter 2025 can be found here
    - Please note that this outline is subject to change for the current academic year.
- Lecture three hours a week.

Introduction to Macroeconomics
***ECON 1002 B [0.5 credit]**
Prof. Carolina Czastkiewicz
An introduction to the major tools and policy problems of macroeconomics. Economic analysis is applied to a variety of contemporary problems such as: saving, investment and interest rates; unemployment; money and inflation; exchange rates; fiscal and monetary policy.

- An example of a course outline from Winter 2026 can be found here.
    - Please note that this outline is subject to change for the current academic year.
- Lecture three hours a week, discussion groups one hour a week.

Environmental Studies: People, Places, and Environments
***ENST 1020 B [0.5 credit]**
Prof. Andy Kusi-Appiah
Introduction to human geography. Examination of relationships between people, communities, society and the natural environment at local to global scales. Population change, cultural patterns, and historical, economic, political and environmental forces, including climate change, that shape human activity and experiences from place to place.

- An example of a course outline from Winter 2026 can be found here.
    - Please note that this outline is subject to change for the current academic year.
- Lectures two hours a week and tutorial one hour a week.

History of the Global South, 1850 to the Present
***HIST 1004 A [0.5 credit]**
Prof. Sean Eedy
Examination of Europe from the Second World War through the Cold War and beyond. Topics may include wartime occupation regimes and resistance movements; the Holocaust; Cold War divisions and memory cultures; decolonization and migration; youth cultures and protest; and the collapse of communist regimes.

- More information about this course can be found here.
- Lectures/groups three hours a week.

Critical Issues in Social Justice Activism
***HRSJ 1102 A [0.5 credit]**
Prof. Elham Gharji
A critical study of social justice approaches and concepts to examine political and social struggles, resistance, and activism in historical and contemporary contexts. Emphasis is placed on the connection between social justice approaches and human rights as tools in activist work.

- Information on the course can be found here.
- Lectures and discussion groups/tutorials three hours a week.

Introduction to Legal Studies II
***LAWS 1002 B [0.5 credit]**
Prof. Steve Tasson
A critical study of social justice approaches and concepts to examine political and social struggles, resistance, and activism in historical and contemporary contexts. Emphasis is placed on the connection between social justice approaches and human rights as tools in activist work.

- An example of a course outline from Winter 2025 can be found here.
    - Please note that this outline is subject to change for the current academic year.
- Lectures and discussions three hours a week.

Neuroscience of Mental Health, and Neurological Conditions
***NEUR 1203 A [0.5 credit]**
Prof. Matthew Holahan
An overview of neurological conditions, examining biological, developmental, experiential and environmental contributions. Topics may include stroke, multiple sclerosis, seizure conditions, Parkinson's disease, ALS, chronic

pain, Alzheimer's disease and concussion.

- Information on the course can be found here.
- Lectures three hours a week

Mind, World and Knowledge
***PHIL 1301 B [0.5 credit]**
Prof. Josh Redstone
Introduction to a variety of philosophical works, including contemporary, on such topics as: the nature of being, the mental, the external, consciousness, perception, experience, meaning, truth, the nature of knowledge, scientific understanding, and how language and thought represent the world.

- An example of a course outline from Winter 2026 can be found here.
    - Please note that this outline is subject to change for the current academic year.
- Lectures three hours per week.

Politics of Migration
***PSCI 1501 A [0.5 credit]**
Prof. Supanai Sookmark
Introduction to concepts and theories that help explain the complex phenomenon of human migration, including the social and political relevance of different types of migration to Canada and in other regions and the political responses to migration and mobility today.

- An example of a course outline from Fall 2025 can be found here.
    - Please note that this outline is subject to change for the current academic year.
- Lectures two hours a week, tutorials one hour a week.

Introduction to Psychology I
PSYC 1001 K [0.5 credit]
Prof. John Weekes
A survey of topics associated with psychology's role as a natural science, including neuroscience, cognition, and learning.

- An example of a course outline from Fall 2025 can be found here.
    - Please note that this course outline is subject to change for the current academic year.
- Lectures three hours a week.