



ACU
Symphony
 FALL ORIENTATION
 2022

EXCLUSIVE ADD-ONS

CityFolk Pass and Ravens Football Ticket must be picked up from the Student Experience Office at 430 Tory Building. Participants will need to present their orientation bracelet and ID

9 Sept *CityFolk*

Fall Orientation participants receive a day-pass admission for the lineup of concerts taking place at Lansdowne Park.

10 Sept

Fall Orientation participants receive a ticket to attend the Ravens Football game as Carleton hosts York at 1:00 p.m



Pick up times:
September 8th 8:30 a.m. – 4:30 p.m.
September 9th 8:30 a.m. – 4:30 p.m.

While supplies last

**Both events are included with your
Fall Orientation registration**

No transportation is provided to events.

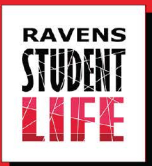
Students are encouraged to use their UPASS

**“Did you pre-purchase an
Ultimate Ravens Fan or
Fitness Package add-on?”**

You will receive an email with pick up information directly from Athletics.

**“Did you pre-purchase a
Spirit Day sweater or
joggers?”**

Participants who purchased any add-on Spirit Day merchandise will be contacted mid-September by email with pick up details.



RAVENS STUDENT LIFE



@SL_RAVENS



@SLRAVENS



@SLRAVENS

Here is your Guide to A CU Symphony. We have planned an amazing week full of fun activities to help you get comfortable at Carleton and meet your classmates. All of the events below are included with your registration; you **MUST** wear your orientation bracelet for admission.

*Schedule is subject to change. Please refer to carleton.ca/fallorientation/ for the latest details!

SUNDAY, SEPTEMBER 4, 2022



OFF CAMPUS STUDENT ORIENTATION

🕒 2:00 P.M. - 4:00 P.M.

📍 KAILASH MITAL THEATER (SOUTHAM HALL)

Break the ice by meeting other off-campus students and learn about all the resources and support services available to you! Participate in a campus scavenger hunt for the chance to win some great prizes!



DINNER

🕒 4:00 P.M. - 6:30 P.M.

📍 UNIVERSITY CENTRE & CARLETON RESIDENCE CAFETERIA

Grab a seat and enjoy some dinner while interacting with your new friends. Fall Orientation volunteers will bring groups to either the University Centre Food Court or the Residence Cafeteria.



CUSA BLOCK PARTY

🕒 5:00 P.M. - 9:00 P.M.

📍 PARKING LOT 5 (ATHLETICS)

Take part in a good-old-fashion block party. There will be plenty of snacks, games and FUN! Be sure to meet your Carleton University Student Association (CUSA) executives who will be hosting several pop-up interactive games.

CU

AT THE EVENTS



PLAYFAIR!*

🕒 9:00 P.M. - 10:30 P.M.

📍 RAVENS NEST (ATHLETICS)

Playfair is totally unlike anything else you've ever experienced. It's entertainment! It's fun! It's the perfect way to make new campus friendships! Playfair is a team-building experience that has a long-lasting effect on the members of your campus community. Playfair is more than just a "performance"— it's an "experience" where everyone participates!

*no bags are permitted



DANCE PARTY

🕒 10:30 P.M. - 1:00 A.M.

📍 RAVENS NEST (ATHLETICS)

Hit the dance floor to some of the top songs of summer as well as some throwback jams. No bags are allowed inside the venue, so make sure to check in with our staff if you need to check any items.

MONDAY, SEPTEMBER 5, 2022



LUNCH

🕒 11:30 A.M. - 1:00 P.M.

📍 UNIVERSITY CENTRE &
CARLETON RESIDENCE CAFETERIA &
OLLIE'S PUB

Grab a seat and enjoy some lunch while interacting with your new friends. Fall Orientation volunteers will bring groups to either the University Centre Food Court or the Residence Cafeteria.



CANAL GAMES

🕒 12:45 P.M. - 5:00 P.M.

📍 HARTWELL LOCKS (OUTDOORS)

Which Fall Orientation team will reign supreme? Get ready for an action-packed day of friendly competition and larger than life interactive activities! Compete in a variety of outdoor games and activities which will set team vs team. Join us on the beautiful Rideau Canal and bring your 'A' game for this one!

Please note: There will be an accessibility shuttle running in front of the University Centre (outside of the Bookstore) that will offer shuttles to and from the activities at Canal Games until 5:00 PM.

Location: Hartwell Locks (outdoors)



DINNER

🕒 5:00 P.M. - 8:00 P.M.

📍 UNIVERSITY CENTRE &
CARLETON RESIDENCE CAFETERIA

Grab a seat and enjoy some dinner while interacting with your new friends. Fall Orientation volunteers will bring groups to either the University Centre Food Court or the Residence Cafeteria.

WAKE UP!!!!

🕒 8:30 A.M.

📍 A RESIDENCE OR HOME NEAR YOU

To ensure that you don't miss out on any of the festivities, please set your alarms bright and early to meet your group who will lead you to the first event of the day! Off-Campus students – meet at your group's designated meeting location. If you don't know where this is, just ask your facilitator!



OPENING CEREMONIES

🕒 9:30 A.M. - 10:00 A.M.

📍 RAVENS NEST (ATHLETICS)

This is your official welcome to Carleton University! You will get a chance to meet your Orientation Coordinators again and hear from our special guest speakers. This event will really kick off the week!



STUDENT SUCCESS PRESENTATIONS

🕒 10:00 A.M. - 11:30 A.M.

📍 CARLETON CAMPUS (VARIOUS CLASSROOMS)

Join your team in various classrooms around campus to learn tips from your student leaders on how to succeed in your first year through interactive presentations.



SPROTT CASE COMPETITION*

🕒 10:00 A.M. - 11:30 A.M.

📍 TORY BUILDING CLASSROOMS

This will give you a glimpse into the world of Sprott and what it means to be a business student at Carleton! You will be able to participate in smaller groups and show off your business strategies to other teams.

*This event is for students registered in Sprosh only.



RICK COLE — HYPNOTIST

🕒 8:00 P.M. - 9:00 P.M.

📍 RAVENS NEST (ATHLETICS)

Join Rick Cole as he brings his hypnotist show to Carleton. You'll be amazed at how much he knows, what he can have willing participants say or do, and what he can make suddenly appear. Fall under Rick's spell as he hypnotizes your classmates and maybe even you too!



CU IN THE UC

🕒 9:00 P.M. - 12:00 A.M.

📍 UNIVERSITY CENTRE (VARIOUS LOCATIONS)

Please visit carleton.ca/fallorientation/fall-orientation-schedule-central/ to see *EVERYTHING* we have lined up

Check out how Carleton celebrates at nighttime. This lineup of events has something for everyone! Pick and choose which small scaled events you would like to attend. The only thing you need to worry about it fitting it all in!

Looking to supplement your time at Carleton with co-curricular experiences? Academic Orientation Day will provide you with all this information and more. You'll receive a faculty specific t-shirt, get to meet your classmates and professors, and find out more about your degree. This is a fun day FULL of information so that you'll be able to start your program off on the right foot!



EXPO CARLETON

🕒 12:00 P.M. - 4:00 P.M.

📍 FIELDHOUSE (ATHLETICS)

Want to get involved in the Carleton community but don't know where to start? Want to know what the Carleton campus has to offer you? This is the event for you! Expo Carleton showcases all the Carleton clubs, societies and services and gives you the opportunity to walk around and find the clubs that fit your taste buds. Getting involved during your first year can make the transition to university life much smoother and a lot more FUN.



A DAY AT THE PARK*

🕒 2:00 P.M. — 6:00 P.M.

📍 ALUMNI PARK (OUTDOORS)

Come SciFrosh, Come Sprosh for a fun afternoon at Alumni park. Take part in games such as axe throwing, card games, basketball, Giant Jenga and many more! Come meet new people in your programs and bring your competitive spirit! If competition is not for you, we have picnic blankets all over for you to chill and make new connections.

*This event is for students registered in SciFrosh and Sprosh only.

TUESDAY, SEPTEMBER 6, 2022



ACADEMIC ORIENTATION DAY

🕒 9:00 A.M. — 12:00 P.M.

📍 CARLETON CAMPUS (VARIOUS LOCATIONS)

To find out where your classroom is, visit carleton.ca/seu/orientation/academic-orientation/

There's a lot to do this week. Between finding out where your classes are, meeting your Fall Orientation group and learning all about university life, things can get a little crazy! Don't worry, we've got you covered! Academic Orientation Day is designed to make sure that you know all the who's, what's and where's of your Faculty and Department here at Carleton.





DINNER

🕒 4:30 P.M. - 6:30 P.M.

📍 UNIVERSITY CENTRE &
CARLETON RESIDENCE CAFETERIA

Grab a seat and enjoy some dinner while interacting with your new friends. On campus students, head on over to the Caf to chow down. Off campus students, check out all the different options at the Food Court!



ATHLETICS NIGHT

🕒 6:30 P.M. - 9:00 P.M.

📍 CARLETON ATHLETICS FACILITIES

Visit the fall orientation [website](#) for a complete list of all the activities we're offering up!

Want to learn more about all the amazing spaces Carleton Athletics has to offer new Ravens? Head on over to Alumni Hall and check everything out!

We'll be offering tours, classes, pick up soccer in the Fieldhouse and activities in the Ravens Nest. Prefer just to chill out? We've got you covered there too. Check out the chill space we'll be setting up in Athletics. Want to go for a quick dip? We'll also have the pool open to cap the night off from 8:15-9:15 PM.



COFFEE HOUSE

🕒 8:00 P.M. - 10:00 P.M.

📍 ROOSTER'S (UNIVERSITY CENTRE)

Enjoy some live music and poetry presented by your talented fellow Ravens. This open-mic style event will let you see just how creative our students can be when they take the coffee house stage. Grab a snack and enjoy!



NIGHT OF MAGIC*

🕒 8:00 P.M. - 10:00 P.M.

📍 KAILASH MITAL THEATRE (SOUTHAM HALL)

Science? Magic? Can these two co-exist? A night with a renowned Magician [Nick Wallace](#).

Can he convince you that magic does happen in the world of science? Come and see for yourself and be amazed.

**Please note this event is only for students registered in SciFrosh*

WEDNESDAY, SEPTEMBER 7, 2022



SALSA NIGHT!

🕒 6:00 P.M. - 8:00 P.M.

📍 THE "WING" ON THE 4TH FLOOR OF THE
UNIVERSITY CENTRE

Come and Salsa learning the language of love through dance. Salsa originated as a social dance and is an incredibly fun workout where you can socialize and meet new people! Learning the basic steps of the Salsa can be turned into a fabulous way to relieve stress while feeling confident! Join [HOLAS](#), the Humanitarian Organization of Latin American Students at Carleton. Come practice your 1, 2, 3's with us!

**Dance lesson 6:00-7:00 p.m., open dance from 7:00-8:00 p.m.*



AMAZING SCIENCE RACE*

🕒 8:00 P.M. - 10:00 P.M.

📍 ALUMNI PARK

A race to determine it all. Find the Location! Get through all the fun challenges, riddles and mini games and try to be the first team to finish. A fun way to get to know campus and different recourses! Brought to you by the Science Society.

**This event is for students registered in SciFrosh only.*



TESPA GAME NIGHT

🕒 9:00 P.M. – 12:00 A.M.

📍 VISIT THE FALL ORIENTATION WEBSITE TO REGISTER

If you're someone who puts the 'E' in Esports, then get yourself logged in and ready to play in Tespa Carleton's Fall Orientation game night! This will be a casual environment for students to participate virtually in friendly bracket style competitions for some of your favorite games, including Super Smash Bros, 2k, Apex Legends, and so much more!



POP-UP MOVIE ON CAMPUS

🕒 9:00 P.M. – 11:00 P.M.

📍 ALUMNI PARK (OUTDOORS)

Join us for a viewing of "In the Heights" under the stars! Participants are encouraged to bring their own chair or blanket. *

**weather permitting (rain location indoors)*

THURSDAY, SEPTEMBER 8, 2022

LAB COAT DESIGN*

🕒 1:00 P.M. – 5:00 P.M.

📍 ACADEMIC QUAD

Come one, come all to the Frosh lab coat design event. Brought to you by the Science Student Success Centre, bring a bare lab coat and leave with one that will be of envy to all your lab mates.

**This event is for students registered in SciFrosh only.*



EXPLORE OTTAWA NIGHT

🕒 7:30 P.M. – 10:00 P.M.

📍 VISIT THE FALL ORIENTATION WEBSITE TO FIND OUT WHERE YOU'LL BE HEADING!

carleton.ca/fallorientation/-/fall-orientation-schedule-central/

Fall Orientation has partnered with several local establishments across Ottawa; this is your opportunity to discover this beautiful city while visiting some local Ottawa institutions and picking up coupons for free food, beverage, or experiences! Participants are encouraged to use their U-Pass to visit various locations across the city; at each location the Student Experience Office Staff in Red Polos will be able to give you your voucher. Don't forget to wear your Orientation bracelet!



PUZZLE QUEST*

🕒 8:00 P.M. – 11:00 P.M.

📍 CARLETON CAMPUS

The CCSS Puzzle Quest will have you and your team of three exploring campus and solving challenges. Try lock picking, complete an escape room, and find some landmarks around campus to get the highest score before the time is up! The winning teams will get some cool merch and a top-up of their campus cards.

**This event is for students registered in SciFrosh only.*



CUSA JEOPARDY

🕒 8:00 P.M. – 10:00 P.M.

📍 PORTER HALL

Can you answer in the form of a question? Participate in everyone's favourite trivia game, JEOPARDY! Join members of Carleton University Student Association (CUSA) for a night of challenging questions and fun prizes. Join us for a night of Sexy Jeopardy and win spicy prizes and giveaways! Come learn more about sex, sexual health and safer sex practices.



WE CUSPROTT*

🕒 8:00 P.M. – 10:00 P.M.

📍 NICOL BUILDING

Join Sprosh participants and upper year students to learn more about the supports in place and meet fellow peers.

This event is comprised of three sessions: International Student Experience, Budgeting 101, and Diverse Sprotties.

**This event is for students registered in for Sprott students only*

**FRIDAY,
SEPTEMBER 9, 2022**



SHINERAMA

🕒 7:00 A.M. – 12:00 P.M.

📍 CARLETON CAMPUS (VARIOUS LOCATIONS)

Participate in Shinerama by spreading awareness & fundraising in support of Cystic Fibrosis Canada! An annual fundraiser that is near and dear to Ravens; students will be performing various challenges at stations and we'll be collecting donations around campus all morning.



CITYFOLK FESTIVAL

🕒 GATES OPEN AT 5:00 P.M.

📍 THE GREAT LAWN, LANSDOWNE PARK

Fall Orientation is proud to partner with CityFolk Festival to provide our participants with day-pass admission for the lineup of concerts taking place on Friday, September 9. Students must present their Fall Orientation / EngFrosh wristband and their Carleton Student ID to pick up their tickets on campus.



FREE



CLOSED CAPTIONS



LESS THAN \$20



LOUD SOUNDS



ENGAGEMENT EXPECTATIONS



BRIGHT LIGHTS



LARGE CROWDS



FOOD, DRINK PROVIDED



LIVE Q&A



UNEVEN TERRAIN



ACCESSIBLE TRANSPORTATION



WATER ACTIVITIES



ALL PERSONS RESTROOM

PRAYER ROOMS

The Muslim prayer room (Musala) is open everyday at all hours in 225A University Centre. It is a place where students can go to offer their prayers in a clean and safe environment. Ablution (wudhu) facilities are also available for both brother beside and sisters beside the Musala.

WASHROOMS ON CAMPUS

Looking for a single-stall, accessible, universal or gender neutral washroom? Please visit this link for all the campus locations: carleton.ca/trans/resources/washrooms/

LATE NIGHT BUSSING INFORMATION

Please visit plan.octranspo.com/plan to get the most up to date information on which OC Transpo busses will get you home safely. Don't forget to use your U-Pass to hop on and off.

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CUFIT PASS



**PURCHASE A CUFIT PASS
AND GET ACCESS TO ALL
FITNESS, ZUMBA, AND YOGA CLASSES!**

INSTRUCTIONAL CLASSES NOT INCLUDED

CHECK OUT [ATHLETICS.CARLETON.CA](https://athletics.carleton.ca) FOR MORE INFO!



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Your Students' Association.



Fall Orientation Move-In,
2019



Silent Disco, 2019

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cusa carleton university
students' association



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YOUR FUTURE STARTS WITH US.

We work with every faculty on campus to build a vibrant culture of high-performance, thought-leadership, and entrepreneurial exploration

WHAT WE OFFER

- Incubators
- Experiential learning
- Academic credit
- Networking opportunities



@innovate_CU



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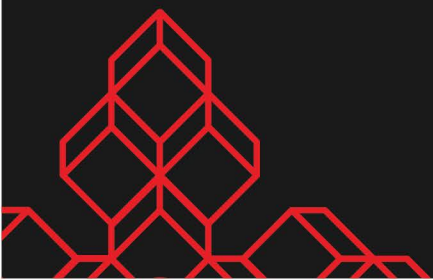


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ABOUT US

The Sprott Business Students' Society represents all undergraduate students at the Sprott School of Business. We are a volunteer organization run entirely by business students, for business students. We fund, organize, and run social, professional, and academic events to integrate the Carleton business community.

UPCOMING EVENTS

September

- Charity Golf Tournament
- International Internal Case Competition

October

- Networking Event
- New Merchandise Drop

November

- Internal Case Competition
- Sprott Banquet

WWW.SBSSONLINE.CA

JOIN OUR TEAM

Want to be part of the impact we have on the Sprott community? Well now's your chance! The SBSS is hiring committee members for this academic year!

Position descriptions and applications will be available in early September on our website! Stay tuned to our social media for more updates!

WHAT WE OFFER

SBSS offers students the opportunity to further their university experience by running events specific to Sprott Students. These events range from fun, social and networking events to case competitions and study sessions.



CARLETON SCIENCE STUDENT SOCIETY

We are a student-led volunteer society that connects and represents all undergraduate students in the Faculty of Science through events and services such as:

- Annual Science Winter Formal
- \$12,000 in scholarships
- Free printing services
- Free lab coat and goggle rental
- Advocating for students in Carleton's decision making processes
- Trivia nights
- Mixers
- Random 101 Series
- & more!

JOIN OUR COUNCIL!

Represent students in your department as a **Departmental Representative** or represent first-year students as a **First Year Representative!**

These positions are added in **September**, so keep an eye out on our socials and website to learn how to apply.



@CarletonSciSoc

ScienceSociety.ca

3413 Herzberg Laboratories

Carleton University

SciSoc

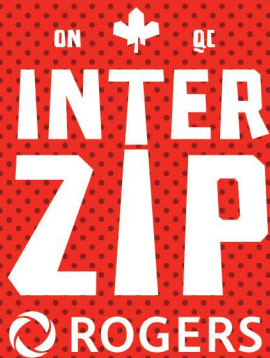




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- ✓ Affidavits
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- ✓ Certified true copies of original documents

Call us at **613-562-5600** to book an appointment!

For more information, visit our website at:

<https://commonlaw.uottawa.ca/community-legal-clinic/>



SHINE DAY 2022

**WHEN: FRIDAY SEPTEMBER
9TH**

TIME: 7AM-12PM

**WHERE: THROUGHOUT
CAMPUS**

CARLETON SHINERAMA



VOLUNTEER
OTTAWA



BÉNÉVOLES
OTTAWA



Carleton
University

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VOLUNTEER

Expand your perspective and connect with your community by volunteering in Ottawa

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RAVENS STUDENT LIFE

STUDENT
EXPERIENCE
OFFICE

#BeALeader
#ShapeTheFuture
#ServeTheWorld



INTERNATIONAL
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