



# Undeclared Advising Program and Undeclared Mentorship Program

A joint initiative by  
**Career Services** and the **Faculty of Arts and Social Sciences**

# Who are we?

## **Christy Etienne / Malie Teng**

- Undeclared Advisor and Career Counsellor

## **Kira GeisterferBlack**

- Career Development Coordinator

## **Colin Boudreault, Sophie Larocque, Keaton Rose, Saivani Sanassy**

- Undeclared Mentors



**GAME TIME!**

STAND UP IF YOU...

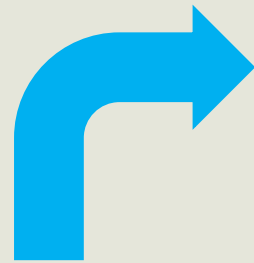
Don't know what  
you want to  
declare yet

Don't know what  
you can do with a BA

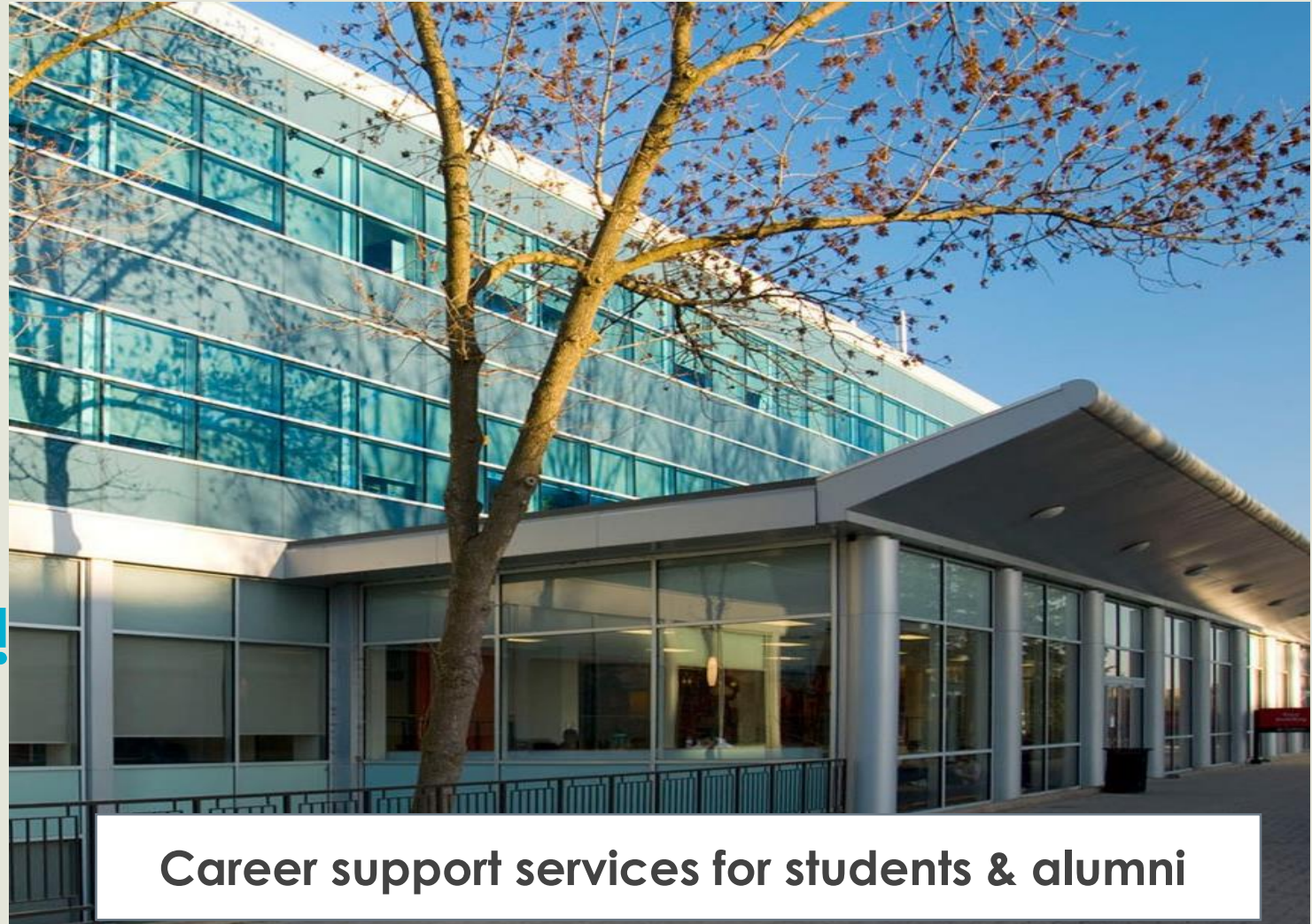
Don't know what  
career path to  
take

# Career Services

**401 Tory Building  
Monday to Friday  
8:30 - 4:30**



**We're here!**



**Career support services for students & alumni**

Reviews of  
LinkedIn  
Profile



How we  
can  
help...

Resume & Cover  
Letter Reviews



Job Search



Interview  
Prep & Mock  
Interviews



Networking



# We also help with...



**CAREER OPTIONS**



**CHANGING MAJORS**



**FURTHER EDUCATION**

**CV/Personal  
Statement Reviews**

# Drop-in to Career Services!

## Career Coach

- ✓ Resume & cover letter reviews
- ✓ LinkedIn profile reviews
- ✓ Interview preparation strategies
- ✓ Job Search & Networking
  - On-campus & off-campus
- ✓ Intro to career, major & further education resources

## Career Consultant

- ✓ Mock Interviews
- ✓ In-depth job search & networking
- ✓ Preliminary career, major and further education exploration
- ✓ CV reviews
- ✓ Personal Statement Checklist

# ...or Book an Appointment

## Career Counselling

- ✓ Major exploration (switching programs)
  - [Undeclared Advising](#) :)
- ✓ Career exploration & planning
- ✓ Further education exploration
  - Grad school & professional programs
- ✓ Personal statement reviews
- ✓ Complex cases

## ACT Advisor

- ✓ Career development services for students with disabilities
  - Disclosing disabilities
  - Accommodations
  - Interview preparation
  - Invisible disabilities & mental health
  - Employment resources... and more!

# Events and Workshops

## Fairs

- Fall & Spring Career Fairs (October & March)
- Part-time Job Fair (September)
- Summer Job Fair (January)
- Grad School & Education Fair (September)
- Global Internship Fair (October)

## Events & Workshops

- Networking Nights
  - STEM Net Night & Net Cafe (November)
- Employer Information Sessions
- Workshops & Classroom Presentations
- Pop-up Events

**and...**

# “Major-ly Confused: Tips on Choosing your Program”

*You're Invited*

**When:** Wednesday, October 30<sup>th</sup>, 2019 from 6-7:30PM

**Where:** Discovery Centre 482 (4<sup>th</sup> floor ML)

Get tips on choosing your major from a panelist of upper-year students!

Talk to previous Undeclared students about their experiences switching programs!

**Register on MySuccess (via Carleton Central)!**

- Attend for a chance to win PRIZES! -

# What is the *Undeclared Advising Program*?

This is a specialized program developed to help you identify academic and career goals!

- Through one-on-one advising sessions with Christy/Malie, you will:
  - ✓ Explore your values, skills, aptitudes and interests
  - ✓ Research majors offered
  - ✓ Learn more about potential career options
  - ✓ Review your academic audit
  - ✓ Help you select courses that are of interest to you
  - ✓ Plan and develop goals for your second year



# Why Do We Do This?

**Our goal is to help each Undeclared student declare their major!**



# How to book your Undeclared Advising Session

To book your first session with Christy, you can:

1. **Email** [undeclaredadvising@carleton.ca](mailto:undeclaredadvising@carleton.ca)
2. **Call** Career Services at 613-520-6611
3. **Visit** us at 401 Tory Building



# What is the *Undeclared Mentorship Program?*

This program pairs first-year BA Undeclared students with upper-year students who were once enrolled in the Undeclared program to help them explore their areas of academic interest.



# Why should you register for the Undeclared **Mentorship Program**?

- ✓ Meet informally with an Undeclared Mentor (3rd or 4th year student) from September to April throughout your first year at Carleton
- ✓ Build knowledge and confidence to make informed decisions about your academic and career goals, such as declaring a major
- ✓ Proactively identify and develop transferrable skills as well as apply career research strategies
- ✓ Gain support and resources to have a successful transition to university



**GAME TIME!**

2 TRUTHS AND A LIE

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2. Your program will determine your career.
3. The typical career path is non-linear.

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2. Transition to university
3. With course assignments

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2. Once you choose a major, you cannot switch your program again.
3. I can book an appointment to talk about my options anytime.



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**THANK YOU!**

Any questions? 😊