

**SEO**  
STUDENT EXPERIENCE OFFICE

# Academic Orientation Day

2019 / 2020



# Welcome

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Welcome to the Faculty of Arts and Social Sciences  
(FASS)

Academic Orientation Day!

Carleton  
UNIVERSITY  
The Student Experience Office

**SEO**  
STUDENT EXPERIENCE OFFICE

## Departments:

Undeclared

Philosophy

Religion

Greek and Roman Studies

Indigenous and Canadian  
Studies

French

Women and Gender Studies

**Dr. Anne Bowker**

Associate Dean, Student Affairs

**Allyson Buchanan Watson**

Student Success Officer

## Student Ambassadors

Geneva Akinniyi, Woman's & Gender Studies

Julia Bruno, Philosophy

Vegas Hodgins, Cognitive Science

Julia Leeson, Humanities

Nick Paquin, History

Maria Peddle, Psychology

Talia Tahtadjian, Linguistics

Miranda Virginillo, History & Theory of Architecture

# Agenda

9:30 am – 10 am

Shirt Pick up

10 am – 12 pm

Presentation (+ Breakout Sessions\*)

12 pm – 1 pm

Lunch/BBQ

1 pm – 4:30 pm

Carleton Expo

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CU 1001



Academic Support



Student Support



Student Experience

# CU 1001

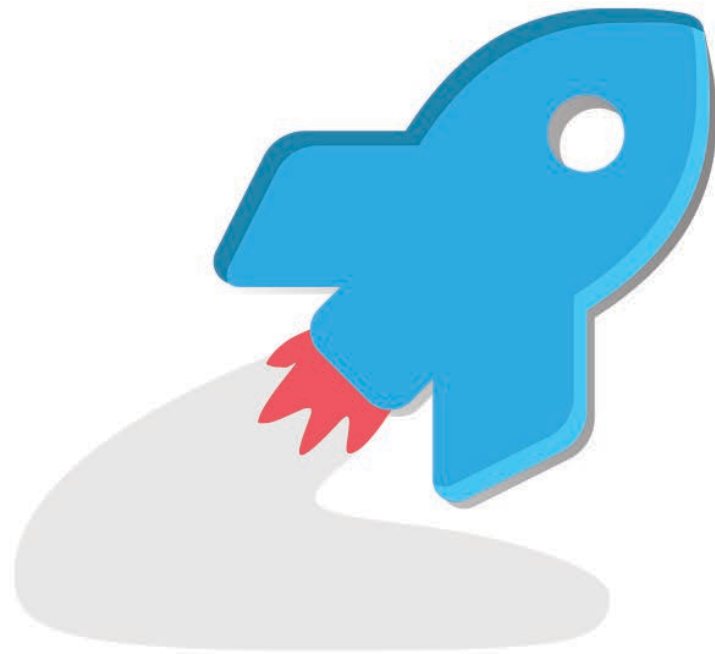


How is university different from high school?

Tips on how to succeed in 1<sup>st</sup> year

CU 1001

PATHWAYS TO GRADUATION



**Pathways to  
Graduation**

[pathways.carleton.ca](http://pathways.carleton.ca)

FASS



# CU 1001

## CHECKLIST FOR SUCCESS



- Collect all syllabi, usually found online or given out in the first week of class
- Record down all professor and TA email addresses and office hours



- Write down a list of all the textbooks you need so you can buy them at the Bookstore, Haven Books and Café and other vendors
- Compile all due dates in a calendar planner



- Attend class



# CU 1001

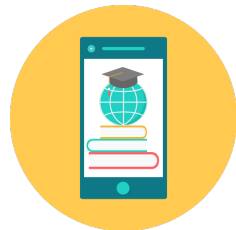
## CHECKLIST FOR SUCCESS



- Complete your readings
- Know and use the resources and services available to you on campus



- Set goals for yourself for the semester:
  - What steps can you take toward your goal?
  - What issues might you face and how might you overcome them?



- What campus services can help you achieve your goal?

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CU 1001



Academic Support



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# Academic Support

## ACADEMIC ADVISING CENTRE



*302 Tory Building*

- Meet one-on-one with an academic advisor to discuss your path to academic success
- Discussion topics:



Changing program elements



Develop a plan to stay on track



Review your academic audit



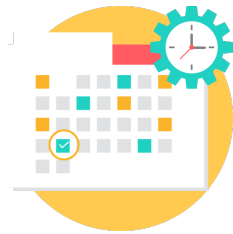
Understand academic rules

# Academic Support

## DEPARTMENTAL ADVISORS



- Can help you with course sequencing and other important elements
- Can answer program specific questions such as:



Assist with  
course  
selection



Information on  
prerequisites



Graduate study  
opportunities

# Academic Support

## LIBRARY RESOURCES



### Borrowing

- Houses a collection of over 3.4 million books, journals, government documents, maps, newspapers and many more

### Laptop Loan Program

- Borrow one of our laptops to use anywhere in the library

### Group Study Rooms

- Book a study room to do work with your classmates

### Discovery Centre

- Interactive learning space equipped with states of the art technology that works to cultivate immersive learning

# Academic Support

CSAS



*4<sup>th</sup> floor of MacOdrum Library*

## Centre for Student Academic Support



Writing Services



Learning Support



Peer Assisted Study Sessions

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STUDENT EXPERIENCE OFFICE

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# Student Support

## PAUL MENTON CENTRE



*501 University Centre*

### **Paul Menton Centre for Students with Disabilities**

Designated department at Carleton coordinating disability services on campus

#### **Services offered:**

- Assistive technology
- Individual learning support
- Captioning
- Transition support
- Notetaking services





# Student Support

## HEALTH AND COUNSELLING



*2600 CTTC Building*

### **Counselling Services**

- Open Monday to Friday 8:30 a.m.– 4:30 p.m.
- Counselling for personal, emotional and mental health problems



# Student Support

## FIRST YEAR CONNECTIONS



- Get paired with an upper year student
- Help ease transition to university
- Focus on academic success and personal growth



# Student Support

## ISSO: INTERNATIONAL STUDENTS



**International Student Services Office** 128 University Centre

- Strives to provide positive international experiences for all Carleton students

### Services:

- Immigration advising
- UHIP University Health Insurance Plan
- Exchange and other international opportunities
- Pre-departure support
- Orientation & transition support



# Student Support

## EQUITY SERVICES



- Promote equity, welcome and accommodate diversity, *Building* prevent discrimination and constructively address conflict.
- Services Offered
  - Sexual Assault Support Centre
  - Centre for Indigenous Initiatives
  - Human Rights Policies and Procedures

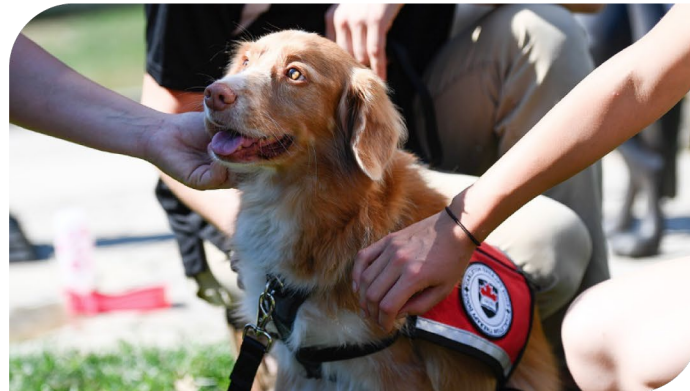


# Student Support

## CARLETON THERAPY DOGS



- 7 dogs on campus with more coming soon!
- Staff and faculty handlers
- Classroom visits and professor office hours
- “Pawsitive Support”



# Student Support

## CAREER SERVICES



401 Tory Building

- Meet one-on-one with a career advisor to get support with career options, changing majors and furthering your education

### Services:

- Resume and Cover Letter Reviews
- Job search
- Networking
- Interview prep



# Student Support

## CAMPUS SAFETY

Addresses needs of the community for personal safety, protection of property and parking needs

### Consists of:

- Carleton University Student Emergency Response Team
- Student Safety Patrollers and Special Constables
- 24/7 Communication Centre
- Parking Services



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CU 1001



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# Student Experience

## STUDENT EXPERIENCE OFFICE



*430 Tory Building*

- Offers services and resources to provide a holistic university experience
- Supporting personal, academic and social growth
- Gain learning experiences and build communal relationships both on and off campus



# Student Experience

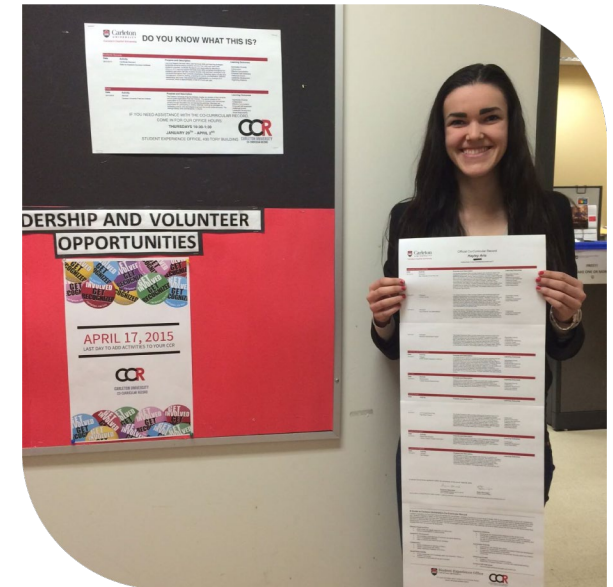
## CO-CURRICULAR RECORD



The Co-Curricular Record (CCR) is an official record of students' out of the classroom, on campus involvement

### Benefits

- Record and track your campus activities
- Market your skills to prospective employers and graduate schools
- Use it as a database to search for opportunities for involvement



# Student Experience

## ALTERNATIVE SPRING BREAK



Transformative programming that culminates with a week of action, reflection and social engagement with a partner organization during reading week in February

- Learn how to build community both domestically and internationally
- Past destinations: Guatemala, Costa Rica, Ecuador



# Student Experience

## CAMPUS TO COMMUNITY



Community engaged learning program combining hands-on service work with reflection

- Help make an impact in the local Ottawa Community
- Great opportunity to get involved, gain new experiences and meet like-minded peers



# Student Experience

FASS

## WELCOME TO CUSA

The Carleton University Students' Association (CUSA) is an incorporated, not-for-profit, student-run organization, dedicated to helping you make the most of your Carleton experience.

Every Carleton undergraduate student is a member of CUSA and you are encouraged to take advantage of the services, events and programming we offer.

We are *your* undergraduate student government, *your* campus services, *your* student life, *your* community campaigns!  
*Your Students' Association!*

*Serving Students*  
**SINCE 1942**

401 University Centre | [cusa@cusaonline.ca](mailto:cusa@cusaonline.ca) | 613-520-6688

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# Thank you!



<https://carleton.ca/fass/>



[https://twitter.com/CU\\_FASS](https://twitter.com/CU_FASS)

