

# Improving Correctional Programming Through Progress Monitoring

## Progress Monitoring:

The repeated assessment of a client's progress or changes to their status while undergoing treatment, and the adjustment of treatment as necessary.

## Research Question:

What **methods of progress monitoring** (highest, lowest, more recent, average score) should we use for **justice-involved individuals**?

**Sample:** 2,939 men  
( $M_{age} = 40.8$ , 64.6% White, 20.9% Indigenous) with a history of sexual offences.

**Risk of sexual reoffending changes over time!**

The most recent risk assessment is more informative than:

- First assessment;
- Average of all assessments;
- Any assessment containing lowest or highest score.

Therefore, the **latest risk assessment score** had the **best accuracy**, and is the **best way** to apply **progress monitoring**.

<https://doi.org/10.1037/pas0001335>