

SCHOOL OF
Graduate Studies



The Lake Shift

A writing retreat for PhD students across Ontario



Hello doctoral students

Will you participate in this summer's *The Lake Shift*?

The Lake Shift is an annual thesis writing retreat for doctoral students from Ontario universities that started in 2016. The retreat takes place at the Queen's University Biology Station on Lake Opinicon (a 50 minute drive north of Kingston) which is the perfect setting for doctoral students to have access to structured time to write, workshops on tips for effective dissertation writing, opportunities to network with other doctoral students and all in a naturally beautiful location. The objective of the retreat is to enable doctoral students to make substantial progress in writing their thesis and to develop foundations to maintain that momentum. The fringe benefits of The Lake Shift include swimming, canoeing, hiking and campfire conversations which make for a balance of the cerebral with the physical and social for a well-rounded experience.

Please look at past retreats on the Queen's School of Graduate Studies website as this gives you a good sense of what goes on at the Lake Shift.

Web: <https://www.queensu.ca/exph/academic-development/writing-support/lake-shift>

The details:

Dates: Sunday 14th July (arrive between 2pm – 4pm) to Friday 19th July (depart after 1pm).

Cost and participation: Refer to the email in which this information was attached to find out whether the cost of participating will be covered in full or in part by your university (\$500 per participant covers 3 meals a day, accommodation, and transportation to and from Lake Opinicon to either Kingston's bus or rail station) and how participants from your institution will be selected.

Note that all participants must complete a registration form prior to the retreat. Participants will receive this form from Queen's School of Graduate Studies by email once we receive the participant list from your university.

We hope to see you at the Lake Shift!