

**The College of the Humanities
Greek and Roman Studies Program
CLCV 1003B
Fall Term
Online Asynchronous**



SURVEY OF ROMAN CIVILIZATION

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Teaching Assistants: TBA

COURSE DESCRIPTION

Course Description: This course provides an introduction to Roman civilization from its beginnings until the end of the Western Empire in 476 CE. The course serves as a general overview of the political, social, and cultural development of Rome.

LEARNING OUTCOMES

By the end of the course, students will be able to

- trace Rome's development politically and socially from a small village to the greatest empire the world has known.
- recognize the effects expansion had on the culture of the Roman people.

- differentiate between the government of the Republic and the Empire
- describe the development of the Roman army
- explain the role of the Roman army in Roman politics
- describe the development of Roman art and architecture
- recognize and describe the major monuments and works of art in the Roman world
- explain the major political and economic reforms during the Republic and Empire
- explain the Struggle of the Orders and how it led to political reform
- assess the factors that led to the fall of the Roman Empire in the west

TEXTBOOK

Boatwright, Mary T., Gargola, Daniel J., Lenski, Noel, and Talbert, Richard J.A. 2014. *A Brief History of the Romans. Second Edition*. Oxford: Oxford University Press. ISBN 978-0-19-998755-9

The textbook is available from the University Bookstore. The cost is \$130.99 for the paperback version. It is also available as an e-book to rent for the semester at \$46.99.

A copy of the textbook is available on a 24-hour loan basis in the library reserves.

Additional Readings: pages are given in the schedule below. The readings you need are posted in on Brightspace in the module called “Supplementary Readings”, and in the different lessons for which they are necessary. They are mandatory. The following is a list of the books from which the readings were taken.

Gibbs, Matt, Nikolic, Milorad, and Ripat, Pauline. 2014. *Themes in Roman Society and Culture. An Introduction to Ancient Rome*. Oxford: Oxford University Press

Kamm, Antony, and Graham, Abigail. 2015. *The Romans. An Introduction. 3rd Edition*. London: Routledge.

Kleiner, Fred S., 2018. *A History of Roman Art. Second Edition*. Boston: Cengage Learning.

Morford, Mark, Lenardon, Robert J., and Sham, Michael. 2019. *Classical Mythology. Eleventh Edition*. Oxford: Oxford University Press.

Ramage, Nancy H., and Ramage, Andrew. 2015. *Roman Art. Sixth Edition*. Upper Saddle River, New Jersey: Pearson.

Ward, Allen M., Heichelheim, Fritz M., and Yeo, Cedric A. 1999. *A History of the Roman People. Third Edition*. Upper Saddle River, New Jersey: Prentice Hall

EVALUATION

Lessons	10%
Discussions	10%
Workshop (CSAS)	5%
Quizzes (best 2 of 3)	5%
Midterm Test	35%
Final Exam	35%

COURSE DELIVERY

This course is being delivered online asynchronously. This means that you are free to work through the lessons and take the quizzes at a time that suits your own schedule. However, we do have to cover the material in a timely fashion. You will see that there are dates and deadlines for the completion of quizzes and discussions. There are multiple-choice questions embedded in the lectures for which you score points for “lessons”. **You will not be able to see any of the lessons or access any graded items until you first complete the Academic Integrity and Course Outline Quiz with a score of 80% or higher.** You may take this quiz as often as necessary to achieve that score.

TECHNOLOGICAL REQUIREMENTS

You will require a device that can access the internet and a stable internet connection to complete the requirements of this course. Carleton’s system is

optimized for use with a Windows-based platform using Google Chrome as a web browser. If you are uncertain whether you meet these requirements, you should contact the university's IT department.

COURSE STRUCTURE

The course material is divided into 12 weeks. Each week will consist of lessons that are divided into smaller lectures with associated quiz-like questions embedded in the short lecture videos. The material for each week is the equivalent of 2 regular in-class lectures of approximately 80 minutes each.

LESSONS

The lessons are divided into shorter lecture videos that are between roughly 5 and 30 minutes in length and represent a single topic of the lecture material. There are also some third-party videos that provide more information on some topics not well covered in the textbook. To make sense of the overall lesson, you should follow the videos in the order in which they are presented. To score the points for the interactive videos, it is necessary to submit your answer at the end of the video. A submission page should pop up automatically. If it does not, then you can click on the star at the right end of the progress bar, and this should make it appear. Simply clicking on “check answer” after answering the question will not populate the grade book. You can view the video called “how to score points for lessons” in the “Getting Started” folder. The videos have closed captioning which can be turned on or off by pressing on the square that says “cc” at the bottom of the screen. The captions are machine-generated. Each week will consist of what would have been two lectures, but the number of mini lectures will vary from week to week, depending on how I have divided the longer lectures. It should still work out to roughly 3 hours of videos per week.

CSAS INCENTIVE PROGRAM (WORKSHOPS)

This course has been registered in the Incentive Program offered through the Centre for Student Academic Support (CSAS). The Incentive Program is fully online. CSAS Learning and Writing Support Workshops are designed to help

students cultivate and refine their academic skills for a university environment. To earn 5% marks towards “Workshops”, students are expected to complete one workshop during the term. Workshops taken prior to September 1, 2025 will not be accepted. The workshop must be completed by December 5, 2025 to receive credit for the Incentive Program.

For students' attendance to be captured, they must complete all workshop components and achieve 100% on the final assessment. Once students achieve 100% on the final assessment, they will receive a Record of Completion award from Brightspace. Students will need to download the Record of Completion PDF for each applicable workshop and submit them to the assignment submission box within their instructor's course. The assignment submission box is in the folder called “CSAS Workshop”. You may choose any workshop you are interested in. For more information about workshop attendance and submitting the Records of Completion, please visit the Incentive Program Policies on the CSAS website.

To view the complete list of the workshops and their descriptions, please visit the Learning and Writing Support Workshops page on the CSAS website. Please note that CSAS in-person workshops are not eligible for the Incentive Program. To access the online workshops, please self-enrol on the CSAS Online Resources page. For further information on the Incentive Program, please visit the Incentive Program FAQs page. For additional questions, please contact the Centre for Student Academic Support at csas@carleton.ca.

You will find the links and assignment drop boxes you need in the module called “CSAS Workshops” on the course Brightspace page.

QUIZZES

There will be 3 quizzes during the term (see schedule below for dates). These will be on Brightspace and will take 15 minutes to complete. The quizzes will be available for one week (Friday to Friday). The quizzes are open book. Once you begin the quiz, you must finish it in one attempt, so be sure you have 15 minutes of uninterrupted time. You will be given 10 questions selected at random from a bank of questions that include multiple choice, true/false, and

matching questions. The results of your quiz will be released the Monday after the quiz closes. If you have a technological problem while taking the quiz, notify me immediately so that I can reset it for you. I can see whether a problem has occurred and will not reset a quiz only so that you can improve your score. **Once the quiz has closed, I cannot reopen it for anyone because the answers will have been released.** It is best not to leave the quiz until the last minute. I will be dropping your lowest quiz score, so if you miss one or don't do well, it will not harm your grade as long as you have done the other two quizzes.

MIDTERM TEST

There will be an in-person, paper-based midterm for this class. It will take place outside of regular class time (Friday night, Saturday, or Sunday) and will be scheduled by Exam Services to be written on campus. The specific date, time, and place will be communicated once this date is known, which is usually after the second week of classes. It will be on the weekend of October 10th-12th.

Deferral of the midterm will only be granted on the grounds of serious illness or the death of a family member. Students must contact the instructor no later than 3 days after the date of the midterm and must provide supporting documentation (e.g. sick note) in order to write a deferred test.

Students studying remotely, or varsity athletes with in-person tests or exams have the flexibility of applying to write off-campus if they will be at least 160km away from Carleton on exam day with the approval from the course instructor. The deadline for students to apply to write at a distance during the fall term will be announced shortly. It will be at least two weeks before the exam. **There is a cost associated with this service to cover the cost of proctoring.**

Further information and the "Distance Exam Request Form" can be found at this webpage: <https://carleton.ca/ses/distance-exams/>.

DISCUSSIONS

There will be two online discussions during the course (see schedule below for due dates). Discussions will be available for one week from Friday to Friday.

For full participation marks, you must post your thread before Wednesday at midnight (see rubric for details). You must complete your discussion, including replies to two classmates, by Friday at 11:59pm. The discussions are reflections on some aspect of the course material and must show knowledge of the material from the lectures and the textbook. **The use of AI programs to generate discussion posts is strictly forbidden.** There is a rubric attached to the discussions which will be used to grade them. You can consult the rubric to see what is expected from you. You are required to post a thread to the forum in answer to a prompt before you will see the responses of other students. You must then reply to the threads made by two of your classmates. This is an opportunity for you to engage in an academic discussion. You are not evaluating the posts made by others but having an intellectual conversation with them. Ask them questions and/or give them something new to think about. Pretend you are at a conference talking to your peers about the subject given in the prompt. This is meant to foster a spirit of community in the class. Students are expected to follow the protocols of Carleton's online netiquette: <https://carleton.ca/online/online-learning-resources/netiquette/>.

FINAL EXAM

There will be an in-person proctored final exam to be scheduled during the regular exam period (December 8th-20th). **Students should not make travel plans until they know the date of their exams.** Please note, the university does not accept travel as a reason for a deferred test. Students who require a deferral of the exam due to **serious illness** or **death in their family** must make arrangements through the registrar's office. Supporting documentation will be required as for the midterm.

COMMUNICATION

I will use Brightspace for the administration of this course. You will need to have a Carleton University email account and will need to make sure you can access Brightspace. I strongly suggest you check the page frequently because I will use it to make announcements. You should also turn on notifications so that you don't miss anything important like exam information or changes to the course. You can send me an email anytime and I will do my best to answer

within 48 hours except on weekends and holidays. Please make sure you put the course code CLCV 1003A in the subject line of your email so that I will not think it is spam and delete it. You will also get a more sensible answer from me, since I am teaching more than one course.

If your question is of a general nature (about course content, quizzes, deadlines, etc), you are encouraged to post in the online forum “Ask the Professor” so that I can answer questions once for the whole class. You can also check to see if your question has already been asked by someone else. Only use email for questions of a more personal nature (about your own performance, to send me sick notes, etc). If you really want to talk to me live, you can send me an email and we can set something up with Zoom. Note: I will only be using Zoom to have private discussions with students or TAs, so if you see a meeting that you did not request, please do not attempt to join it.

Student or professor materials created for this course (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the author(s). They are intended for personal use and may not be reproduced or redistributed without prior written consent of the author(s).

SCHEDULE

This schedule is a draft document. Changes may be made to it before the class begins. The version that is posted on the course webpage on Brightspace is to be taken as the most current version. Readings are taken from the textbook or from other sources supplied to you as PDFs through Brightspace. They will be posted in the folder called “supplementary readings”. They are mandatory.

Date	Topic	Textbook	Other Readings
Week 1 Ends September 12	Course Introduction Lesson 1. Pre-Roman Italy	Chapter 1, pp. 1-14	Ward, Chapter 1, pp. 1-10 (PDF provided)

	Lesson 2. The Etruscans		Ward, Chapter 2, pp. 11-22 (PDF provided)
Week 2 Ends September 19	Lesson 3. The emergence of Rome	Chapter 1, pp. 14-23	Kamm, Chapter 1, pp. 1-21 (PDF provided)
	Lesson 4. The early state and its institutions	Chapter 2, pp. 24-41	
Week 3 Ends September 26 Discussion 1	Lesson 5. The conquest of Italy	Chapter 2, pp. 41-49	
	Lesson 6. Rome beyond Italy. The Creation of a Mediterranean empire	Chapter 3, pp. 50-73	
Week 4 Ends October 3 Quiz 1 (lessons 1-6)	Lesson 7. The Consequences of Expansion	Chapter 4, pp. 74-92	
Week 5 Ends October 10	Lesson 8. Military Reform and its consequences	Chapter 5, pp. 94-115	
	Lesson 9. The Decline of the Republic and the Beginning of One-Man Rule	Chapter 6, pp. 116-135 Chapter 7, pp. 136-159	

October 10-12	Midterm date TBD. Will be in-person on campus Friday evening, Saturday, or Sunday. It covers lessons 1-7.		
Week 6 Ends October 17	Lesson 10. The Rise of Octavian and the beginning of the Imperial Period	Chapter 8, pp. 161-192	
	Lesson 11. City of marble: Art of the Early Empire		Kleiner, Chapter 6 pp. 89-105 (PDF provided)
October 20-24 Reading Week – no classes			
Week 7 Ends October 31 Quiz 2 (lessons 7-11)	Lesson 12. The Julio-Claudians	Chapter 9, pp. 193-212	
	Lesson 13. Roman Religion and Mythology		Morford, Lenardon, and Sham, Chapter 26 (PDF provided)
Week 8 Ends November 7	Lesson 14. The Flavians	Chapter 10, pp. 213-219	
	Lesson 15. Bread and Circuses	Chapter 10, pp. 231-235	Gibbs et al., Chapter 12 pp. 263-283 (PDF provided)
Week 9 Ends November 14	Lesson 16. Pompeii – a buried city		Kleiner, Chapter 3 pp. 45-73 (PDF provided)

Discussion 2	Lesson 17. Pompeii - Roman wall painting and mosaics		Ramage and Ramage Chapter 2, pp. 69-74, 98-109 (PDF provided)
Week 10 Ends November 21	Lesson 18. Trajan	Chapter 10, pp. 219-225	Kleiner Chapter 12, pp. 183-199 (PDF provided)
	Lesson 10. Hadrian	Chapter 10, pp. 225-231	Ramage and Ramage, Chapter 7, pp. 229-244 (PDF provided)
Week 11 Ends November 28	Lesson 20. The Antonines and the Severans	Chapter 11, pp. 237-251	
Week 12 Ends December 5	Lesson 21. The Fall of the Western Empire	Chapter 12, pp. 261-280 Chapter 13, pp. 281-301 Chapter 14, pp. 302-322	
Quiz 3 (lessons 12-20)			
December 8-20	Final Exam Period – do not make travel plans until you know the date of the exam. Covers lessons 8-21.		

University Regulations for All College of the Humanities Courses (July 21 2025)

Academic Dates and Deadlines

This schedule contains the dates prescribed by the University Senate for academic activities. Dates relating to fee payment, cancellation of course selections, late charges, and other fees or charges will be published in the Important Dates and Deadlines section of the Registration Website.

Copies of Written Work Submitted

Always retain for yourself a copy of all essays, term papers, written assignments or take-home tests submitted in your courses.

Online Learning Resources

[On this page](#), you will find resources collected by Carleton Online to help you succeed in your online courses; Learning Strategies and Best Practices, Study Skills, Technology and Online Interaction and Engagement.

Academic Integrity Policy

The University Academic Integrity Policy defines plagiarism as “*presenting, whether intentionally or not, the ideas, expression of ideas or work of others as one’s own.*” This includes reproducing or paraphrasing portions of someone else’s published or unpublished material, regardless of the source, and presenting these as one’s own without proper citation or reference to the original source. Examples of sources from which the ideas, expressions of ideas or works of others may be drawn from include but are not limited to books, articles, papers, literary compositions and phrases, performance compositions, chemical compounds, artworks, laboratory reports, research results, calculations and the results of calculations, diagrams, constructions, computer reports, computer code/software, material on the internet and/or conversations.

Examples of plagiarism include, but are not limited to:

- any submission prepared in whole or in part, by someone else, including the unauthorized use of generative AI tools (e.g., ChatGPT)
- using ideas or direct, verbatim quotations, paraphrased material, algorithms, formulae, scientific or mathematical concepts, or ideas without appropriate acknowledgment in any academic assignment
- using another’s data or research findings without appropriate acknowledgement
- submitting a computer program developed in whole or in part by someone else, with or without modifications, as one’s own
- failing to acknowledge sources with proper citations when using another’s work and/or failing to use quotations marks.”

Plagiarism is a serious offence that cannot be resolved directly by the course’s instructor.

The Associate Dean of the Faculty follows a rigorous [process for academic integrity allegations](#), including reviewing documents and interviewing the student, when an instructor suspects a violation has been committed. Penalties for violations may include a final grade of “F” for the course.

Co-operation or Collaboration

An important and valuable component of the learning process is the progress a student can make as a result of interacting with other students. In struggling together to master similar concepts and problems

and in being exposed to each other's views and approaches, a group of students can enhance and speed up the learning process. Carleton University encourages students to benefit from these activities which will not generally be viewed as a violation of the Policy. With the exception of tests and examinations, instructors will not normally limit these interactions.

Students shall not co-operate or collaborate on academic work when the instructor has indicated that the work is to be completed on an individual basis. Failure to follow the instructor's directions in this regard is a violation of the standards of academic integrity. Unless otherwise indicated, students shall not co-operate or collaborate in the completion of a test or examination.

Group Work: There are many cases where students are expected or required to work in groups to complete a course requirement. Normally, students are not responsible for violations of this policy committed by other members of a group in which they participate.

More information on the process [here](#).

Academic Accommodations

Academic accommodation refers to educational practices, systems and support mechanisms designed to accommodate diversity and difference. The purpose of accommodation is to enable students to perform the essential requirements of their academic programs. At no time does academic accommodation undermine or compromise the learning objectives that are established by the academic authorities of the University.

Carleton is committed to providing academic accessibility for all individuals. You may need special arrangements to meet your academic obligations during the term. The accommodation request processes, including information about the *Academic Consideration Policy for Students in Medical and Other Extenuating Circumstances*, are outlined on the [Academic Accommodations website](#).

Requests for Academic Accommodation

You may need special arrangements to meet your academic obligations during the term. For an accommodation request, the processes can be [found here](#).

Addressing Human Rights Concerns

The University and all members of the University community share responsibility for ensuring that the University's educational, work and living environments are free from discrimination and harassment. Should you have concerns about harassment or discrimination relating to your age, ancestry, citizenship, colour, creed (religion), disability, ethnic origin, family status, gender expression, gender identity, marital status, place of origin, race, sex (including pregnancy), or sexual orientation, please contact the [Department of Equity and Inclusive Communities](#) at equity@carleton.ca.

Grading System at Carleton University

Standing in a course is determined by the course instructor subject to the approval of the Faculty Dean. This means that grades submitted by the instructor may be subject to revision. No grades are final until they have been approved by the Dean.

The system of grades used, with corresponding grade points and the percentage conversion can be found [here](#).

Course Sharing Websites and Copyright

Classroom teaching and learning activities, including lectures, discussions, presentations, etc., by both instructors and students, are copy protected and remain the intellectual property of their respective author(s). All course materials, including PowerPoint presentations, outlines, and other materials, are also protected by copyright and remain the intellectual property of their respective author(s).

Students registered in the course may take notes and make copies of course materials for their own

educational use only. Students are not permitted to reproduce or distribute lecture notes and course materials publicly for commercial or non-commercial purposes without express written consent from the copyright holder(s).
[More information](#)

Student Rights and Responsibilities at Carleton

Carleton University strives to provide a safe environment conducive to personal and intellectual growth, free of injustice and characterized by understanding respect, peace, trust, and fairness.

The [Student Rights and Responsibilities Policy](#) governs the non-academic behaviour of students. Carleton University is committed to building a campus that promotes personal growth through the establishment and promotion of transparent and fair academic and non-academic responsibilities.

Deferred Term Work

In some situations, students are unable to complete term work because of extenuating circumstances beyond their control, which forces them to delay submission of the work. Requests for academic consideration are made in accordance with the [Academic Consideration Policy for Students in Medical or Other Extenuating Circumstances](#).

Students who claim short-term extenuating circumstances (normally lasting up to five days) as a reason for missed term work are held responsible for immediately informing the instructor concerned and for making alternate arrangements with the instructor. If the instructor requires supporting documentation, the instructor may only request submission of the University's self-declaration form, which is available on the [Registrar's Office website](#). The alternate arrangement must be made before the last day of classes in the term as published in the academic schedule.

1. Normally, any deferred term work will be completed by the last day of term. In all cases, formative evaluations providing feedback to the student should be replaced with formative evaluations. In the event the altered due date must extend beyond the last day of classes in the term, the instructor will assign a grade of zero for the work not submitted and submit the student's earned grade accordingly; the instructor may submit a change of grade at a later date. Term work cannot be deferred by the Registrar.
2. In cases where a student is not able to complete term work due to extenuating circumstances lasting for a significant period of time/ long-term (normally more than five days), the instructor and/or student may elect to consult with the Registrar's Office (undergraduate courses) or Graduate Registrar (graduate courses) to determine appropriate action.
3. If a student is concerned the instructor did not respond to the request for academic consideration or did not provide reasonable accommodation, the student should follow the appeals process described in the [Academic Consideration Policy](#).
4. If academic consideration is granted, but the student is unable to complete the accommodation according to the terms set out by the instructor as a result of further illness, injury, or extraordinary circumstances beyond their control, the student may submit a petition to the Registrar's Office (undergraduate courses)/Graduate Registrar (graduate courses). Please note, however, that the course instructor will be required to submit an earned final grade and further consideration will only be reviewed according to established precedents and deadlines. (More information: [Undergraduate](#) | [Graduate](#)).

Deferred Final Exams

Students who are unable to write a final examination because of extenuating circumstances, as defined in the [Academic Consideration Policy](#), may apply for accommodation. Normally, the accommodation for a missed final examination will be granting the student the opportunity to write a deferred examination. In

specific cases when it is not possible to offer a deferred examination, and with the approval of the Dean, an alternate accommodation may be made.

The application for a deferral must:

1. be made in writing to the Registrar's Office no later than three (3) working days after the original final examination or the due date of the take-home examination; and,
2. be fully supported by appropriate documentation. In cases of short-term extenuating circumstances normally lasting no more than five (5) days, students must include the University's self-declaration form, which can be found on [the Registrar's Office website](#). Additional documentation is required in cases of extenuating circumstances lasting longer than five (5) days and must be supported by a medical note specifying the date of onset of the illness, the (expected) date of recovery, and the extent to which the student was/is incapacitated during the time of the examination. The University's preferred medical form can be found at the Registrar's Office [here](#).

Academic Consideration Policy

As per the [Academic Consideration Policy](#), if students encounter extenuating circumstances that temporarily hinder their capacity to fulfil in-class academic requirements, they can request academic consideration. The Academic Consideration for Coursework is only available for accommodations regarding course work. Requests for accommodations during the formal exam period must follow the [official deferral process](#).

NOTE: As per the Policy, students are to speak with/contact their instructor before submitting a request for Academic Consideration. Requests are not automatically approved. Approving and determining the accommodation remains at the discretion of the instructor. Students should consult the course syllabus about the instructor's policy or procedures for requesting academic consideration. [More information here](#).

Financial vs. Academic Withdrawal

Make sure that you are aware of the separate deadlines for Financial and Academic withdrawal!

Making registration decisions in Carleton Central involves making a financial and academic commitment for the courses you choose, regardless of attendance. If you do not attend, you must withdraw in Carleton Central within the published deadlines to cancel your registration. A fee adjustment is dependent on registration being canceled within the published [fee deadlines](#) and dependent on your course load. A course dropped after the deadline for financial withdrawal will receive a grade of Withdrawn (WDN), which appears on your official transcript.

Even if you miss the deadline for financial withdrawal, you might decide to drop a course to avoid a failure or a poor grade showing up on your student record and bringing down your CGPA. It is your responsibility to drop the course via Carleton Central within the published [deadlines](#) (see Academic Withdrawal).

If you are considering withdrawing from a course, you may want to talk to an advisor first. Course withdrawal may affect your student status, as well as your eligibility for student funding, immigration status, residence accommodation and participation in varsity sports, etc. Additionally, remember that once you choose your courses, you must use the "Calculate amount to pay" button to determine the correct amount of fees to pay.

Carleton Central is your one-stop shop for registration activities. If you are interested in taking a course, make sure to complete your registration. Simply attending a course does not mean you are registered in it, nor is it grounds for petition or appeal.

Mental Health and Wellness at Carleton

As a student you may experience a range of mental health challenges that significantly impact your academic success and overall well-being. If you need help, please speak to someone. There are numerous resources available both on- and off-campus to support you. For more information, please consult <https://wellness.carleton.ca/>

Emergency Resources ([on and off campus](#))

- Suicide Crisis Helpline: call or text 9-8-8, 24 hours a day, 7 days a week.
- For immediate danger or urgent medical support: call 9-1-1

Carleton Resources

- Mental Health and Wellbeing: <https://carleton.ca/wellness/>
- Health & Counselling Services: <https://carleton.ca/health/>
- Paul Menton Centre: <https://carleton.ca/pmc/>
- Academic Advising Centre (AAC): <https://carleton.ca/academicadvising/>
- Centre for Student Academic Support (CSAS): <https://carleton.ca/csas/>
- Equity & Inclusivity Communities: <https://carleton.ca/equity/>

Off Campus Resources

- Distress Centre of Ottawa and Region: call 613-238-3311, text 343-306-5550, or connect online at <https://www.dcottawa.on.ca/>
- Mental Health Crisis Service: call 613-722-6914 or toll-free 1-866-996-0991, or connect online at <http://www.crisisline.ca/>
- Empower Me Counselling Service: call 1-844-741-6389 or connect online at <https://students.carleton.ca/services/empower-me-counselling-services/>
- Good2Talk: call 1-866-925-5454 or connect online at <https://good2talk.ca/>
- The Walk-In Counselling Clinic: for online or on-site service <https://walkincounselling.com>

The Centre for Indigenous Support and Community Engagement

The Centre for Indigenous Initiatives is proud to offer culturally centered individual counselling to students who self-identify as First Nation, Metis or Inuk. Through this service, Indigenous students [can access confidential, individual sessions for support with personal, mental health or academic challenges.](#)

Department Contact Information

Bachelor of the Humanities 300 Paterson Hall CollegeOfHumanities@cunet.carleton.ca

Greek and Roman Studies 300 Paterson Hall GreekAndRomanStudies@cunet.carleton.ca

Religion 2A39 Paterson Hall
Religion@cunet.carleton.ca

Digital Humanities (Graduate) 2A39 Paterson Hall
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Digital Humanities (Undergraduate Minor) 300 Paterson Hall
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MEMS (Undergraduate Minor) 300 Paterson Hall
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