

CLCV / ENGL 2500A; Fall Term 2023  
The College of the Humanities

CLCV/ENGL 2500A:  
CLASSICAL MYTHOLOGY

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### COURSE DESCRIPTION

One of the most widely known and appreciated aspects of the Graeco-Roman world is its rich mythological heritage. Its stories about gods and heroes have been retold and recycled throughout the centuries. Many of these tales still remain popular today. Yet, what do they really tell us about ancient people and how they understood and related to their world? How have they been received and reinterpreted over the centuries? This course will examine a selection of key classical myths from a theoretical and comparative perspective. Students will be expected to critically engage with these stories and place them in a wider historical, social, and cultural context.

### LEARNING OBJECTIVES

- students will learn how to read myths in historical and cultural contexts
- students will engage with key methodological frameworks for the interpretation of myth
- students will explore the reception history of mythological narratives
- students will apply concepts in the course to aspects of popular culture

### COURSE DELIVERY

This course will be delivered *asynchronously* online. Course material has been divided into a series of topics with assigned readings and pre-recorded lectures, which students are invited to work through at their own pace. I strongly advise you to develop a regular work routine and not leave everything to the last minute. Extensions will not be granted based on poor time management. Also, note that Brightspace will serve as our course hub, which means that all course content will be made available and all assignments will be submitted there. **NB: We will not be having weekly live lectures at a scheduled time.**

### COMMUNICATION

You can contact me about course related issues via email (see above), and I will do my best to respond within 24 hours during weekdays, 48 hours during weekends. I am also available for walk-in office hours (TBD) or by appointment.

### REQUIRED TEXTBOOK

Liza Maurizio, *Classical Mythology in Context* (Oxford University Press, 2015) is available from the University Bookstore, amazon.ca, and [www.vitalsource.com](http://www.vitalsource.com).

### EVALUATION

Midterm I (multiple choice on Brightspace based <i>only</i> on Modules I-IV: Oct 2-9)	(20%)
Midterm II (multiple choice on Brightspace based <i>only</i> on Modules V-VIII: Nov 6-13)	(20%)
Case Study (film or novel—see below: due Oct 20)	(15%)
Case Study (film or novel—see below: due Dec 1)	(15%)
Final Exam (multiple choice on Brightspace based <i>only</i> on topics IX-XII / short essay: Dec 10-22)	(20%)
Virtual Discussion Groups (see below)	(10%)

### NOTE ON MIDTERMS AND DUE DATES

Written assignments (Case Study I and II) are due Oct 20 and Dec 1. However, you can submit them before that date if you choose. Late assignments will be accepted with a 10% deduction per day. As for the midterms, they will be made available on Brightspace on Oct 2 and Nov 6. You will then have 7 days to complete them at your convenience within a 2-hour time window.

## TOPICS AND READINGS

### MODULE I: INTRO AND METHODOLOGY

- 1.1 Course Introduction
- 1.2 Myth and Methodology (Maurizio 1.1, 1.2, 1.3)

### MODULE II: CREATION STORIES

- 2.1 Creation Stories I: History / Theory (Maurizio 2.1; 2.2)
- 2.2 Creation Stories II Comparison / Reception (Maurizio 2.3; 2.4)
- Video: The Myth of Prometheus (Brightspace)

### MODULE III: ZEUS AND HERA

- 3.1 Zeus and Hera: History / Theory (Maurizio 3.1; 3.2)
- 3.2 Zeus and Hera: Comparison / Reception (Maurizio 3.3; 3.4)

### MODULE IV: DEMETER AND HADES

- 4.1 Demeter and Hades: History / Theory (Maurizio 4.1; 4.2)
- 4.2 Demeter and Hades: Comparison / Reception (Maurizio 4.3; 4.4)
- Video: Orpheus and Eurydice (Brightspace)

### Midterm I (multiple choice on Brightspace based on Modules I-IV)

### MODULE V: APHRODITE, HEPHAESTUS, ARES

- 5.1 Aphrodite, Hephaestus, Ares: History / Theory (Maurizio 5.1; 5.2)
- 5.2 Aphrodite, Hephaestus, Ares: Comparison / Reception (Maurizio 5.3; 5.4)
- Video: Isis and the Seven Scorpions (Brightspace)

### MODULE VI: HERMES AND HESTIA

- 6.1 Hermes and Hestia: History / Theory (Maurizio 7.1; 7.2)
- 6.2 Hermes and Hestia: Comparison / Reception (Maurizio 7.3; 7.4)
- Video: Pandora's Box (Brightspace)

### MODULE VII: ARTEMIS AND APOLLO

- 7.1 Artemis and Apollo: History / Theory (Maurizio 8.1; 8.2)
- 7.2 Artemis and Apollo: Comparison / Reception (Maurizio 8.3; 8.4)

### MODULE VIII: DIONYSUS

- 8.1 Dionysus: History / Theory (Maurizio 9.1; 9.2)
- 8.2 Dionysus: Comparison / Reception (Maurizio 9.3; 9.4)
- Video: The Bacchae (Brightspace)

### Midterm II (multiple choice on Brightspace based on Modules V-VIII)

### MODULE IX: MEDEA

- 9.1 Medea: History / Theory (Maurizio 11.1; 11.2)
- 9.2 Medea: Comparison / Reception (Maurizio 11.3; 11.4)
- \*No recorded lecture
- Video: Euripides' *Medea* (Brightspace)

### MODULE X: ACHILLES

- 10.1 Achilles: History / Theory (Maurizio 10.1; 10.2)
- 10.2 Achilles: Comparison / Reception (Maurizio 10.3; 10.4)
- Video: Theatre of War (Brightspace)

### MODULE XI: HEROINES

- 11.1 Iphigeneia: History / Comparison (Maurizio 13.1; 13.3)
- Video: Antigone in Ferguson Minidocumentary / Dramatic Reading (Brightspace)

### MODULE XII: NEW HEROES

- 12.1 Thecla (Maurizio 13.2; 13.3)

**CASE STUDIES (to be submitted via Brightspace by Oct 20 and Dec 1)**

One of the goals of this course is to help you understand the on-going reception and re-interpretation of classical myths, as well as learning to appreciate the on-going presence of mythology in modern culture. This is particularly apparent in modern films and written works, which regularly re-use and recycle stories and themes from the ancient world.

For this assignment, you are required to produce **two case studies**: one based on a modern film or game (case study #1) and a second based on a written work or graphic novel (case study #2). Each of these “case studies” will be based solely on the concepts and methods learned in the course and will require no additional research.

**STEP 1: Choose a topic from the lists below** (\*no substitutions\*), then acquire a copy from an online platform or library. Challenge yourself! Try to select something you haven’t seen or read before. Note: You must write one case study on a film and another on a written work. It doesn’t matter which order you complete them.

**STEP 2: Watch the film, play the game, or read the book.** As you do this, think of the key concepts and interpretive approaches you’ve been learning in the course. It’s a good idea to take notes as you do this.

**STEP 3: Organize your thoughts.** As you consider the film or book, reflect on some of the following questions:

- What sort of mythological universe or tradition is presented in the work? Is it based on an ancient model or is it newly invented?
- What are some of the central mythological themes / elements used? What is the function of those themes / elements within the narrative? Are those themes / elements used effectively or ineffectively?
- What specific concepts or theoretical approaches learned in the course might be useful in interpreting the use of these mythic elements?

NB: These questions are not a template for how your paper should be structured, but rather are meant to get you thinking before writing!

**STEP 4: Write your case study.** Once you’ve engaged with your source and reflected on it, put your thoughts into writing. Your analysis must be supported by concepts and approaches from course material.

*A few things to keep in mind...*

-You are not writing a “book report”: You are not just summarizing the storyline, but rather you are identifying specific mythological elements and analyzing them using concepts and approaches learned in the course.

-You are not writing a “film review”: You are not commenting on elements such as production value, performance, literary style, or merits as a work of art. Rather, you are analysing and interpreting the use of mythological content in the work based on course material. You don’t even have to like the work in question!

-You are not writing an “argumentative essay”: You are not trying to prove or disprove a central thesis or argument. You are identifying specific mythological elements from the world and interpreting them using concepts from the course.

Your final paper **MUST** contain the following elements:

Length: 4-pages double-spaced (not including title page!) It can be longer but not shorter than 4 pages!

Presentation: typed, double-spaced, 12-point font, standard margins, title-page (w/ name and student #)

Style: standard English grammar, spelling, and syntax

Organization: information should be structured and presented in a clear and readable manner

Analysis: course concepts have been understood and effectively applied

File format: papers must be uploaded to Brightspace in .pdf format

**REFERENCES**

Your paper **must** contain references to your source material. It doesn't matter if you're paraphrasing or providing a direct quotation, you must still indicate where the information came from. This particular assignment should only contain three types of references:

1) references to information from the textbook can be given in parenthetical form, ex. (Maurizio p. 100)

2) references to specific parts of the chosen film can be indicated by the timecode, ex. (The Hobbit 1:02) or the written work (Ilium p. 253) (*Games present a special problem since there isn't usually a specific way to reference in-game content*).

3) references to material from the lectures, ex. (Module 3.2).

NB: No bibliography or "works cited" is required at the end of your paper.

*\*Late assignments will be accepted after the due date, with a 10% deduction off the value of the assignment for each day, unless an extension has been granted. Extensions will not be granted retroactively after the assignment due date.*

FILMS	WRITTEN WORKS
Black Orpheus (1959)	Shakespeare, <i>A Midsummer Night's Dream</i>
Jason and the Argonauts (1963)	Rilke, <i>Sonnets to Orpheus</i> (1922)
Clash of the Titans (1981 or 2010)	Tolkien, <i>The Hobbit</i> (1937)
Nausicaa of the Valley of the Winds (1984)	C.S. Lewis, <i>Till We Have Faces</i> (1956)
O Brother Where Art Thou? (2000)	Margaret Atwood, <i>The Penelopiad</i> (2005)
Troy (2004)	Dan Simmons, <i>Ilium</i> (2003)
Pan's Labyrinth (2006)	Emily Whitman, <i>Radiant Darkness</i> (2009)
Percy Jackson and the Olympians (2010)	Madeline Miller, <i>The Song of Achilles</i> (2011)
Thor (2011)	Neil Gaiman, <i>American Gods</i> (2001)
Wonder Woman (2017)	Marie Phillips, <i>Gods Behaving Badly</i> (2007)
Any Star Wars film or TV series	Jennifer Saint, <i>Ariadne</i> (2021)
Any LOTR film or TV series	* <i>Heathen</i> (2017)
<i>*Instead of a film, you may choose to write about mythology used in gaming (ex. MTG, WoW, Dark Souls etc). This option must be approved by me.</i>	* <i>Promethea</i> (2001)
	* <i>The Wicked + The Divine</i> (2014-2019)
	* <i>graphic novels</i>

**PLEASE NOTE: The use of AI text generation platforms ARE NOT permitted for any course components. One of the primary goals of university education, particularly in the Humanities, is to help you develop your critical thinking skills and writing abilities. I am only interested in what YOU, as a human being, have to say, not in data mined by some robot or algorithm. As such, students may be required to discuss the contents of their assignment in-person with me or a TA prior to the determination of a grade.**

### VIRTUAL DISCUSSION GROUPS (Online / 10%)

In order to help you prepare for your case study assignments, the TAs for the course will be holding small virtual discussion groups throughout the term at various times. These online sessions will be an opportunity to discuss mythical elements of some of the films and written works from the lists provided. To earn the full 10% for the component you should participate in at least 2 sessions. Space for each session will be limited, so please limit yourself to two sessions. Details about dates, times, and sign up will be provided. (NB: This component may be subject to revision based on class size and TA resources).

### PLAGIARISM

#### 1. Plagiarism

Plagiarism is presenting, whether intentionally or not, the ideas, expression of ideas, or work of others as one's own, including content generated by AI tools.

Plagiarism includes reproducing or paraphrasing portions of someone else's published or unpublished material, regardless of the source, and presenting these as one's own without proper citation or reference to the original source. Examples of sources from which the ideas, expressions of ideas or works of others may be drawn from include but are not limited to: books, articles, papers, literary compositions and phrases,

performance compositions, chemical compounds, art works, laboratory reports, research results, calculations and the results of calculations, diagrams, constructions, computer reports, computer code/software, material on the internet, content generated by artificial intelligence (AI) tools, and/or conversations.

## ***2. Co-operation or Collaboration Students***

shall not co-operate or collaborate on academic work when the instructor has indicated that the work is to be completed on an individual basis. This includes unauthorized use of generative artificial intelligence (AI) tools. Failure to follow the instructor's directions in this regard is a violation of the standards of academic integrity. Unless otherwise indicated, students shall not co- operate or collaborate in the completion of a test or examination. Students are responsible for being aware of and demonstrating behaviour that is honest and ethical in their academic work (see [www.carleton.ca/registrar](http://www.carleton.ca/registrar)). Instructors at both the graduate and undergraduate level have the responsibility to provide clear guidelines concerning their specific expectations of academic integrity (e.g. rules of collaboration or citation) on all course outlines, assignment and examination material.

# University Regulations for All College of the Humanities Courses

Tuesday, July 4, 2023

## Academic Dates and Deadlines

This schedule contains the dates prescribed by the University Senate for academic activities. Dates relating to fee payment, cancellation of course selections, late charges, and other fees or charges will be published in the Important Dates and Deadlines section of the Registration Website.

## Copies of Written Work Submitted

Always retain for yourself a copy of all essays, term papers, written assignments or take-home tests submitted in your courses.

## Online Learning Resources

[On this page](#), you will find resources collected by Carleton Online to help you succeed in your online courses; Learning Strategies and Best Practices, Study Skills, Technology and Online Interaction and Engagement.

## Academic Integrity Policy

**Plagiarism** is presenting, whether intentionally or not, the ideas, expression of ideas, or work of others as one's own.

Plagiarism includes reproducing or paraphrasing portions of someone else's published or unpublished material, regardless of the source, and presenting these as one's own without proper citation or reference to the original source. Examples of sources from which the ideas, expressions of ideas or works of others may be drawn from include but are not limited to: books, articles, papers, literary compositions and phrases, performance compositions, chemical compounds, art works, laboratory reports, research results, calculations and the results of calculations, diagrams, constructions, computer reports, computer code/software, material on the internet and/or conversations.

**Examples of plagiarism** include, but are not limited to:

- any submission prepared in whole or in part, by someone else;
- using ideas or direct, verbatim quotations, paraphrased material, algorithms, formulae, scientific or mathematical concepts, or ideas without appropriate acknowledgment in any academic assignment;
- using another's data or research findings without appropriate acknowledgement;
- submitting a computer program developed in whole or in part by someone else, with or without modifications, as one's own; and
- failing to acknowledge sources through the use of proper citations when using another's work and/or failing to use quotations marks.

### **Co-operation or Collaboration**

An important and valuable component of the learning process is the progress a student can make as a result of interacting with other students. In struggling together to master similar concepts and problems and in being exposed to each other's views and approaches, a group of students can enhance and speed up the learning process. Carleton University encourages students to benefit from these activities which will not generally be viewed as a violation of the Policy. With the exception of tests and examinations, instructors will not normally limit these interactions.

Students shall not co-operate or collaborate on academic work when the instructor has indicated that the work is to be completed on an individual basis. Failure to follow the instructor's directions in this regard is a violation of the standards of academic integrity. Unless otherwise indicated, students shall not co-operate or collaborate in the completion of a test or examination.

**Group Work:** There are many cases where students are expected or required to work in groups to complete a course requirement. Normally, students are not responsible for violations of this policy committed by other members of a group in which they participate.

**The full Academic Integrity Policy can be found [here](#). More information on the process [here](#).**

### **Academic Accommodation Policy**

Carleton University is committed to providing access to the educational experience in order to promote academic accessibility for all individuals.

Academic accommodation refers to educational practices, systems and support mechanisms designed to accommodate diversity and difference. The purpose of accommodation is to enable students to perform the essential requirements of their academic programs. At no time does academic accommodation undermine or compromise the learning objectives that are established by the academic authorities of the University.

### **Addressing Human Rights Concerns**

The University and all members of the University community share responsibility for ensuring that the University's educational, work and living environments are free from discrimination and harassment. Should you have concerns about harassment or discrimination relating to your age, ancestry, citizenship, colour, creed (religion), disability, ethnic origin, family status, gender expression, gender identity, marital status, place of origin, race, sex (including pregnancy), or sexual orientation, please contact the [Department of Equity and Inclusive Communities](#).

### **Requests for Academic Accommodation**

You may need special arrangements to meet your academic obligations during the term. For an accommodation request the processes are as follows:

**Pregnancy obligation:** write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For accommodation regarding a formally-scheduled final exam, you must complete the Pregnancy Accommodation Form ([click here](#)).

**Religious obligation:** write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details [click here](#).

**Academic Accommodations for Students with Disabilities:** [The Paul Menton Centre for Students with Disabilities \(PMC\)](#) provides services to students with Learning Disabilities (LD), psychiatric/mental health

disabilities, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorders (ASD), chronic medical conditions, and impairments in mobility, hearing, and vision. If you have a disability requiring academic accommodations in this course, please contact PMC at 613-520-6608 or [pmc@carleton.ca](mailto:pmc@carleton.ca) for a formal evaluation. If you are already registered with the PMC, contact your PMC coordinator to send me your Letter of Accommodation at the beginning of the term, and no later than two weeks before the first in-class scheduled test or exam requiring accommodation (if applicable). After requesting accommodation from PMC, meet with me to ensure accommodation arrangements are made. Please consult the PMC website for the deadline to request accommodations for the formally-scheduled exam (if applicable).

### **Survivors of Sexual Violence**

As a community, Carleton University is committed to maintaining a positive learning, working and living environment where sexual violence will not be tolerated, and where survivors are supported through academic accommodations as per Carleton's Sexual Violence Policy. For more information about the services available at the university and to obtain information about sexual violence and/or support, visit: <https://carleton.ca/equity/sexual-assault-support-services>

### **Accommodation for Student Activities**

Carleton University recognizes the substantial benefits, both to the individual student and for the university, that result from a student participating in activities beyond the classroom experience. Reasonable accommodation will be provided to students who compete or perform at the national or international level. Write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. <https://carleton.ca/senate/wp-content/uploads/SCCASP-Accommodation-for-Student-Activities-Clean-copy-final-Sept-2022-2.pdf>

## **Grading System at Carleton University**

Standing in a course is determined by the course instructor, subject to the approval of the faculty Dean. Standing in courses will be shown by alphabetical grades. The system of grades used, with corresponding grade points and the percentage conversion can be found [here](#). Grade points indicated are for courses with 1.0 credit value. Where the course credit is greater or less than one credit, the grade points are adjusted proportionately.

## **Course Sharing Websites and Copyright**

Classroom teaching and learning activities, including lectures, discussions, presentations, etc., by both instructors and students, are copy protected and remain the intellectual property of their respective author(s). All course materials, including PowerPoint presentations, outlines, and other materials, are also protected by copyright and remain the intellectual property of their respective author(s).

Students registered in the course may take notes and make copies of course materials for their own educational use only. Students are not permitted to reproduce or distribute lecture notes and course materials publicly for commercial or non-commercial purposes without express written consent from the copyright holder(s). [More information](#)



## Student Rights and Responsibilities at Carleton

Carleton University strives to provide a safe environment conducive to personal and intellectual growth, free of injustice and characterized by understanding respect, peace, trust, and fairness.

The [Student Rights and Responsibilities Policy](#) governs the non-academic behaviour of students. Carleton University is committed to building a campus that promotes personal growth through the establishment and promotion of transparent and fair academic and non-academic responsibilities.

## Deferred Term Work

In some situations, students are unable to complete term work because of short-term incapacitation (illness, injury, emergency, or other circumstances beyond their control) which forces them to delay submission of the work.

1. Students who claim incapacitation as a reason for missed term work are held responsible for immediately informing the instructor concerned and for making alternate arrangements with the instructor. If the instructor requires supporting documentation, the instructor may only request submission of the University's self-declaration form, which is available on the [Registrar's Office website](#). The alternate arrangement must be made before the last day of classes in the term as published in the academic schedule. Normally, any deferred term work will be completed by the last day of term. In all cases, formative evaluations providing feedback to the student should be replaced with formative evaluations. In the event the altered due date must extend beyond the last day of classes in the term, the instructor will assign a grade of zero for the work not submitted and submit the student's earned grade accordingly; the instructor may submit a change of grade at a later date. Term work cannot be deferred by the Registrar.
2. In cases where a student is not able to complete term work due to illness or injury for a significant period of time/or long-term, the instructor and/or student may elect to consult with the Registrar's Office (undergraduate courses) or Graduate Registrar (graduate courses) to determine appropriate action.
3. If a student is concerned the instructor did not respond to the request for academic accommodation or did not provide reasonable accommodation, the student should consult with the department/school/institute chair/director. If a mutually agreeable accommodation to complete course requirements prior to the course grade submission deadline cannot be achieved, the Associate Dean will become involved. If academic accommodation is not granted, and the student receives word **after** the academic withdrawal deadline, the student may submit a petition to the Registrar's Office (undergraduate courses)/Graduate Registrar (graduate courses) for a final grade of WDN (Withdrawn) in the course(s). If academic accommodation is not granted, and the student receives word **prior** to the academic withdrawal deadline, the student may elect to withdraw from the course(s).
4. Furthermore, if academic accommodation is granted, but the student is unable to complete the accommodation according to the terms set out by the instructor as a result of further illness, injury or extraordinary circumstances beyond their control, the student may submit a petition to the Registrar's Office (undergraduate courses)/Graduate Registrar (graduate courses). Please note, however, that the course instructor will be required to submit an earned final

grade and further consideration will only be reviewed according to established precedents and deadlines. [More information](#).

## Deferred Final Exams

Students who are unable to write a final examination because of incapacitation (illness, injury, emergency, or extraordinary circumstances beyond a student's control) may apply for accommodation. Normally, the accommodation for a missed final examination will be granting the student the opportunity to write a deferred examination. In specific cases when it is not possible to offer a deferred examination, and with the approval of the Dean, an alternate accommodation may be made.

The application for a deferral must:

1. be made in writing to the Registrar's Office no later than three (3) working days after the original final examination or the due date of the take-home examination; and,
2. be fully supported by appropriate documentation. In cases of short-term incapacitation normally lasting no more than 10 days, students must include the University's self-declaration form, which can be found on [the Registrar's Office website](#). Additional documentation is required in cases of incapacitation lasting longer than 10 days and must be supported by a medical note specifying the date of onset of the illness, the (expected) date of recovery, and the extent to which the student was/is incapacitated during the time of the examination. The University's preferred medical form can be found at the Registrar's Office [here](#).

## Financial vs. Academic Withdrawal

Make sure that you are aware of the separate deadlines for Financial and Academic withdrawal!

Making registration decisions in Carleton Central involves making a financial and academic commitment for the courses you choose, regardless of attendance. If you do not attend, you must withdraw in [Carleton Central](#) within the published deadlines to cancel your registration. A fee adjustment is dependent on registration being canceled within the published [fee deadlines](#) and dependent on your course load. A course dropped after the deadline for financial withdrawal will receive a grade of Withdrawn (WDN), which appears on your official transcript.

Even if you miss the deadline for financial withdrawal, you might decide to drop a course to avoid a failure or a poor grade showing up on your student record and bringing down your CGPA. It is your responsibility to drop the course via Carleton Central within the published [deadlines](#) (see Academic Withdrawal).

If you are considering withdrawing from a course, you may want to talk to an advisor first. Course withdrawal may affect your student status, as well as your eligibility for student funding, immigration status, residence accommodation and participation in varsity sports, etc. Additionally, remember that once you choose your courses, you must use the "Calculate amount to pay" button to determine the correct amount of fees to pay.

Carleton Central is your one-stop shop for registration activities. If you are interested in taking a course, make sure to complete your registration. Simply attending a course does not mean you are registered in it, nor is it grounds for petition or appeal.

## Mental Health and Wellness at Carleton

Discover the tools and resources Carleton offers to help understand, manage and improve your mental health and wellness while at university.

[Counselling](#)

[Residence Counselling](#)

[Supporting Your Mental Health](#)

## Get Help Now

<https://wellness.carleton.ca/get-help-now/>

### If in crisis call:

Counselling Services: 613-520-6674 (press 2)

*Monday-Friday, 8:30 a.m. – 4:30 p.m.*

### After Hours

If you need assistance with an urgent situation outside of our regular operating hours, contact:

- [Distress Centre of Ottawa and Region](#): Available 24/7-365 days/year and is bilingual (English/French).
  - **Distress**: 613-238-3311
  - **Crisis**: 613-722-6914
  - **Text**: 343-306-5550 (available 10:00 am – 11:00 pm, 7 days/week, 365 days/year)
  - Web Chat: blue chat icon at the bottom right corner of the website.
  - Text Service is available in English only to residents of Ottawa & the Ottawa Region.)
- [Good2Talk](#): Available 24/7-365 days/year and is available in English, French and Mandarin
  - Call: **1-866-925-5454**
  - Text GOOD2TALKON to 686868
  - [Facebook Messenger](#)
- [Empower Me](#): A 24/7 resource service for undergraduate students. 1-833-628-5589 (toll-free)
- International SOS's Emotional Support: Offers 24/7 access to mental health professionals in more than 60 languages through their dedicated line +1 215-942-8478. Students can call this number collect (the person being telephoned receives the charges) to access services.

## The Centre for Indigenous Support and Community Engagement

The Centre for Indigenous Initiatives is proud to offer culturally centered individual counselling to students who self-identify as First Nation, Metis or Inuk. Through this service, Indigenous students can access confidential, individual sessions for support with personal, mental health or academic challenges.

[More information and to book an appointment.](#)

## Department Contact Information

*Bachelor of the Humanities* 300 Paterson Hall  
[CollegeOfHumanities@cunet.carleton.ca](mailto:CollegeOfHumanities@cunet.carleton.ca)

*Greek and Roman Studies* 300 Paterson Hall  
[GreekAndRomanStudies@cunet.carleton.ca](mailto:GreekAndRomanStudies@cunet.carleton.ca)

*Religion* 2A39 Paterson Hall  
[Religion@cunet.carleton.ca](mailto:Religion@cunet.carleton.ca)

*Digital Humanities (Graduate)* 2A39 Paterson Hall  
[digitalhumanities@carleton.ca](mailto:digitalhumanities@carleton.ca)

*Digital Humanities (Undergraduate Minor)* 300 Paterson Hall  
[digitalhumanities@carleton.ca](mailto:digitalhumanities@carleton.ca)

*MEMS (Undergraduate Minor)* 300 Paterson Hall  
[CollegeOfHumanities@cunet.carleton.ca](mailto:CollegeOfHumanities@cunet.carleton.ca)