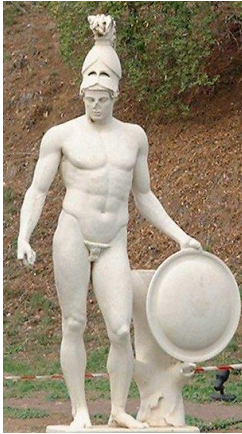


**The College of the Humanities
Humanities or Greek and Roman Studies Program
CLCV 2500 A/ ENGL 2500 A; Winter Term
Online Asynchronous**



CLASSICAL MYTHOLOGY

Professor: Dr. L. Gagné
E-mail: laura.gagne@carleton.ca
Office: 310A Paterson Hall
Office Hours: Tuesday 1:15-2:30 or via Zoom by appointment

Teaching Assistants: Amanda Cannella
amandacannella@cmail.carleton.ca
Emma D'Amico
emmadamico@cmail.carleton.ca
Victoria Hawco
victoriahawco@cmail.carleton.ca
Keegan Speelman
keeganspeelman@cmail.carleton.ca

COURSE DESCRIPTION

A study of classical mythology, emphasizing its use in Greek and Roman literature and its place in classical art and religion. There is some discussion of classical myths in terms of contemporary interpretations of myth. Also listed as ENGL 2500. Precludes additional credit for CLCV 2000 and ENGL 2007 (no longer offered).

Prerequisite(s): second-year standing or permission of the unit.

LEARNING OUTCOMES

By the end of this course, students will be able to:

- Summarize several important myths of the classical world
- Compare and contrast different versions of fundamental myths including those relating to creation and the afterlife
- Interpret literary myths according to the concept of “the hero’s journey”
- Describe the use of classical mythology in art and literature
- Describe the character and appearance of the major Greek and Roman deities
- Discuss the influence of the myths of other cultures on the development of Greek and Roman mythology
- Explain the significance of various types of myth including etiological myths, foundational myths, succession myths, and ontological myths

TEXTBOOK

- Morford, Mark, Robert J. Lenardon, and Michael Sham. 2019. *Classical Mythology. Twelfth Edition*. Oxford: Oxford University Press. ISBN 978-0-19-085-169-9.

The textbook is available at the University Bookstore. You may also rent an e-book version from VitalSource for the semester at this link:

<https://www.vitalsource.com/en-ca/products/classical-mythology-mark-morford-robert-j-v9780197653951>

You may also find a cheaper copy on Amazon. You may use earlier versions as well, but you probably should make sure Michael Sham is one of the authors. I don't know what changes were made when he joined the team. If you use an earlier edition, the pages numbers will be different from those posted in the readings. There is also a copy of the book on reserve through Ares at the library.

Students are expected to be familiar with the material contained in the textbook **before** attempting the lessons. I will talk about the myths, but will not retell them. You might be lost if you have not done the reading. Myths may be available in translation online but will not be edited for brevity the way they are in the textbook. Theoretical chapters are also required reading, but are not available on the internet.

EVALUATION

Quizzes (4)	10%
Lessons	10%
Discussions (2)	10%
CSAS workshops (2)	10%
Midterm	30%
Final Exam	30%

COURSE DELIVERY

This course is being delivered online asynchronously. This means that you are free to work through the lessons and take the quizzes at a time that suits your own schedule. However, we do have to cover the material in a timely fashion. You will see that there are dates and deadlines for the completion of quizzes and discussions. There are multiple-choice questions embedded in the lectures for which you score points for "lessons". You will not be able to see any of the lessons or access any graded items until you first complete

the Academic Integrity and Course Outline Quiz with a score of 80% or higher. You may take this quiz as often as necessary to achieve that score.

TECHNOLOGICAL REQUIREMENTS

You will require a device that can access the internet and a stable internet connection in order to complete the requirements of this course. Carleton's system is optimized for use with a Windows-based platform using Google Chrome as a web browser. If you are uncertain whether you meet these requirements, you should contact the university's IT department.

COURSE STRUCTURE

The course material is divided into 12 weeks. Each week will consist of lessons that are divided into smaller lectures with associated quiz-like questions embedded in the short lecture videos. The material for each week is the equivalent of 2 regular in-class lectures of approximately 80 minutes each.

LESSONS

The lessons are divided into shorter lecture videos that are between roughly 5 and 30 minutes in length and represent a single topic of the lecture material. There are also some third-party videos. To make sense of the overall lesson, you should follow the videos in the order in which they are presented. To score the points for the interactive videos, it is necessary to submit your answer at the end of the video. A submission page should pop up automatically. If it does not, then you can click on the star at the right end of the progress bar, and this should make it appear. Simply clicking on "check answer" after answering the question will not populate the grade book. You can view the video called "how to score points for lessons" in the "Getting Started" folder. The videos have closed captioning which can be turned on or off by pressing on the square that says "cc" at the bottom of the screen. The captions are machine-generated. Each week will consist of what would have been two lectures, but the number of mini lectures will vary from week to week, depending on how I have divided the longer lectures. It should still work out to roughly 3 hours of videos per week.

CSAS INCENTIVE PROGRAM (WORKSHOPS)

This course has been registered in the Incentive Program offered through the Centre for Student Academic Support (CSAS). The Incentive Program is fully online. CSAS Learning and Writing Support Workshops are designed to help students cultivate and refine their academic skills for a university environment. To earn 10% marks towards “Workshops”, students are expected to complete 2 workshops throughout the term. The workshops must be completed by April 10th to receive credit for the Incentive Program.

For students' attendance to be captured, they must complete all workshop components and achieve 100% on the final assessment. Once students achieve 100% on the final assessment, they will receive a Record of Completion award from Brightspace. Students will need to download the Record of Completion PDF for each applicable workshop and submit them to the assignment submission box within their instructor's course. The assignment submission box is in the folder called “CSAS Workshops”. You must submit **one certificate per assignment**. You may choose any workshop you are interested in. For more information about workshop attendance and submitting the Records of Completion, please visit the Incentive Program Policies on the CSAS website.

To view the complete list of the workshops and their descriptions, please visit the Learning and Writing Support Workshops page on the CSAS website. Please note that CSAS in-person workshops are not eligible for the Incentive Program. To access the online workshops, please self-enrol on the CSAS Online Resources page. For further information on the Incentive Program, please visit the Incentive Program FAQs page. For additional questions, please contact the Centre for Student Academic Support at csas@carleton.ca.

You will find everything you need in the module called “CSAS Workshops” on the course Brightspace page.

QUIZZES

There will be 4 quizzes during the term. These will be on Brightspace and will take 20 minutes to complete. The quizzes will be available for one week. Once you begin the quiz, you must finish it in one attempt, so be sure you have 20 minutes of uninterrupted time. You will be given 10 questions selected at random from a bank of questions that include multiple choice, true/false, and matching questions. The results of your quiz will be released after the quiz closes. If you have a technological problem while taking the quiz, notify me immediately so that I can reset it for you. I can see whether a problem has occurred and will not reset a quiz only so that you can improve your score. **Once the quiz has closed, I cannot reopen it for anyone because the answers will have been released.** Try not to leave the quiz until the last minute. I will be dropping your lowest quiz score, so if you miss one or don't do well, it will not harm your grade as long as you have done the other three quizzes.

MIDTERM TEST

There will be an in-person, paper-based midterm for this class. It will take place outside of regular class time (Friday night, Saturday, or Sunday) and will be scheduled by Exam Services to be written on campus. The specific date, time, and place will be communicated once this date is known. It will be on the first weekend of March (1-3).

Deferral of the midterm will only be granted on the grounds of serious illness or the death of a family member. Students must contact the instructor no later than 3 days after the date of the midterm and must provide supporting documentation (e.g., valid doctor's note, death certificate) in order to write a deferred test.

Students studying remotely, or varsity athletes with in-person tests or exams have the flexibility of applying to write off-campus if they will be at least 160km away from Carleton on exam day with the approval from the course instructor. The deadline for students to apply to write at a distance during the winter term will be announced shortly.

The “Distance Exam Request Form” can be found at this webpage:
<https://carleton.ca/ses/distance-exams/>.

DISCUSSIONS

There will be two online discussions during the course. You are required to post a thread to the forum in answer to a prompt before you will see the responses of other students. You must then reply to the threads made by two of your classmates. This is an opportunity for you to engage in an academic discussion. You are not evaluating the posts made by others but having an intellectual conversation with your classmates. Ask them questions and/or give them something new to think about. Pretend you are at a conference talking to your peers about the subject given in the prompt. This is meant to foster a spirit of community in the class. Students are expected to follow the protocols of Carleton’s online netiquette:
<https://carleton.ca/online/online-learning-resources/netiquette/>

FINAL EXAM

There will be an in-person proctored final exam to be scheduled during the regular exam period (April 13th- 25th). **Students should not make travel plans until they know the date of their exams.** Please note, the university does not accept travel as a reason for a deferred test. Students who require a deferral of the exam due to **serious illness** or **death in their family** must make arrangements through the registrar’s office. Supporting documentation will be required as for the midterm.

COMMUNICATION

I will use Brightspace for the administration of this course. You will need to have a Carleton University email account and will need to make sure you can access Brightspace. I strongly suggest you check the page frequently because I will use it to make announcements. You can send me an email anytime and I will do my best to answer within 48 hours except on weekends and holidays. Please make sure you put the course code CLCV 2500A or ENGL 2500A in the subject line of your email so that I will not think it is spam and delete it. You

will also get a more sensible answer from me, since I am teaching more than one course.

If your question is of a general nature (about course content, quizzes, deadlines, etc), you are encouraged to post in the online forum “Ask the Professor” so that I can answer questions once for the whole class. You can also check to see if your question has already been asked by someone else. Only use email for questions of a more personal nature (about your own performance, to send me sick notes, etc). If you really want to talk to me live, you can either drop by my office during my office hours or send me an email and we can set something up with Zoom. Note: I will only be using Zoom to have private discussions with students, so if you see a meeting that you did not request, do not attempt to join it.

Student or professor materials created for this course (including presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the author(s). They are intended for personal use and may not be reproduced or redistributed without prior written consent of the author(s).

SCHEDULE

Date	Topic	Readings
Week 1 Ends January 12	Course Introduction	
	Lesson 1 Interpretation and Definition of Classical Mythology	Chapter 1 pp. 3-30
	Lesson 2 Historical Background of Classical Mythology	Chapter 2 pp. 39-55
Week 2 Ends January 19	Lesson 3 The Nature of the Gods and Greek Religion	Chapter 6 pp. 136-161
	Lesson 4 Myths of Creation	Chapter 3 pp. 59-79

Week 3 Ends January 26 Quiz 1	Lesson 5 Zeus' Rise to Power and the Creation of Mortals	Chapter 4 pp. 82-110
	Lesson 6 The Origin of the Olympians	Chapter 5 pp. 114-133
Week 4 Ends February 2 Discussion 1	Lesson 7 The Sea Deities, and Monsters	Chapter 7 pp. 165-174
	Lesson 8 The Virgin Goddesses: Athena and Artemis	Chapter 8 pp. 176-187 Chapter 10 pp. 223-244
Week 5 Ends February 9	Lesson 9 Aphrodite and Eros	Chapter 9 pp. 190-220
	Lesson 10 Apollo	Chapter 11 pp. 247-276
Week 6 Ends February 16 Quiz 2	Lesson 11 Hermes, Pan, Echo and Narcissus	Chapter 12 pp. 281-298 Chapter 13 pp. 324-331
	Lesson 12 Dionysus	Chapter 13 pp. 300-324
February 19-23	Reading Week	
Week 7 Ends March 1	Lesson 13 Demeter and the Eleusinian Mysteries	Chapter 14 pp. 334-352
	Lesson 14 Views of the Afterlife: the Realm of Hades	Chapter 15 pp. 355-380

Midterm date TBD. Will be in-person on campus Friday evening, Saturday, or Sunday (March 1-3). It covers Lessons 1-12.		
Week 8 Ends March 8 Quiz 3	Lesson 15 Orpheus and Orphism	Chapter 16 pp. 384-393
	Introduction to Greek Sagas Lesson 16 The Theban Saga	Intro pp. 403-407 Chapter 17 408-434
Week 9 Ends March 15	Lesson 17 The Mycenaean Saga	Chapter 18 pp. 437-464
	Lesson 18 The Trojan War	Chapter 19 pp. 467-509
Week 10 Ends March 22 Discussion 2	Lesson 19 The Returns of the Heroes from Troy	Chapter 20 pp. 517-537
	Lesson 20 Heroes Who Labour: Heracles and Theseus	Chapter 22 pp. 554-579 Chapter 23 pp. 582-603
Week 11 Ends March 29	Lesson 21 Perseus and the Legends of Argos	Chapter 21 pp. 540-552
	Lesson 22 Jason, Medea, and the Argonauts	Chapter 24 pp. 607-632
Week 12 Ends April 10 Quiz 4	Lesson 23 Greek Mythology in the Roman World	Chapter 25 pp. 637-663
	Lesson 24 Roman Mythology and Saga	Chapter 26 pp. 667-703
Final Exam April 13-25	Do not make travel plans until you know the date for all your exams.	

University Regulations for All College of the Humanities Courses (Updated December 12th 2023)

Academic Dates and Deadlines

This schedule contains the dates prescribed by the University Senate for academic activities. Dates relating to fee payment, cancellation of course selections, late charges, and other fees or charges will be published in the Important Dates and Deadlines section of the Registration Website.

Copies of Written Work Submitted

Always retain for yourself a copy of all essays, term papers, written assignments or take-home tests submitted in your courses.

Online Learning Resources

[On this page](#), you will find resources collected by Carleton Online to help you succeed in your online courses; Learning Strategies and Best Practices, Study Skills, Technology and Online Interaction and Engagement.

Academic Integrity Policy

The University Academic Integrity Policy defines **plagiarism** as “*presenting, whether intentionally or not, the ideas, expression of ideas or work of others as one’s own.*” This includes reproducing or paraphrasing portions of someone else’s published or unpublished material, regardless of the source, and presenting these as one’s own without proper citation or reference to the original source. Examples of sources from which the ideas, expressions of ideas or works of others may be drawn from include but are not limited to: books, articles, papers, literary compositions and phrases, performance compositions, chemical compounds, artworks, laboratory reports, research results, calculations and the results of calculations, diagrams, constructions, computer reports, computer code/software, material on the internet and/or conversations.

Examples of plagiarism include, but are not limited to:

- any submission prepared in whole or in part, by someone else, including the unauthorized use of generative AI tools (e.g., ChatGPT);
- using ideas or direct, verbatim quotations, paraphrased material, algorithms, formulae, scientific or mathematical concepts, or ideas without appropriate acknowledgment in any academic assignment;
- using another’s data or research findings without appropriate acknowledgement;
- submitting a computer program developed in whole or in part by someone else, with or without modifications, as one’s own; and
- failing to acknowledge sources through the use of proper citations when using another’s work and/or failing to use quotations marks.

Plagiarism is a serious offence that cannot be resolved directly by the course’s instructor. The Associate Dean of the Faculty conducts a rigorous investigation, including an interview with the student, when an

instructor suspects a piece of work has been plagiarized. Penalties are not trivial. They can include a final grade of “F” for the course.

Co-operation or Collaboration

An important and valuable component of the learning process is the progress a student can make as a result of interacting with other students. In struggling together to master similar concepts and problems and in being exposed to each other’s views and approaches, a group of students can enhance and speed up the learning process. Carleton University encourages students to benefit from these activities which will not generally be viewed as a violation of the Policy. With the exception of tests and examinations, instructors will not normally limit these interactions.

Students shall not co-operate or collaborate on academic work when the instructor has indicated that the work is to be completed on an individual basis. Failure to follow the instructor’s directions in this regard is a violation of the standards of academic integrity. Unless otherwise indicated, students shall not co-operate or collaborate in the completion of a test or examination.

Group Work: There are many cases where students are expected or required to work in groups to complete a course requirement. Normally, students are not responsible for violations of this policy committed by other members of a group in which they participate.

The full Academic Integrity Policy can be found [here](#). More information on the process [here](#).

Academic Accommodation Policy

Carleton University is committed to providing access to the educational experience in order to promote academic accessibility for all individuals.

Academic accommodation refers to educational practices, systems and support mechanisms designed to accommodate diversity and difference. The purpose of accommodation is to enable students to perform the essential requirements of their academic programs. At no time does academic accommodation undermine or compromise the learning objectives that are established by the academic authorities of the University.

Addressing Human Rights Concerns

The University and all members of the University community share responsibility for ensuring that the University’s educational, work and living environments are free from discrimination and harassment. Should you have concerns about harassment or discrimination relating to your age, ancestry, citizenship, colour, creed (religion), disability, ethnic origin, family status, gender expression, gender identity, marital status, place of origin, race, sex (including pregnancy), or sexual orientation, please contact the [Department of Equity and Inclusive Communities](#).

Requests for Academic Accommodation

You may need special arrangements to meet your academic obligations during the term. For an accommodation request the processes are as follows:

Pregnancy obligation: write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For accommodation regarding a formally-scheduled final exam, you must complete the Pregnancy Accommodation Form ([click here](#)).

Religious obligation: write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details [click here](#).

Academic Accommodations for Students with Disabilities: [The Paul Menton Centre for Students with Disabilities \(PMC\)](#) provides services to students with Learning Disabilities (LD), psychiatric/mental health disabilities, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorders (ASD), chronic medical conditions, and impairments in mobility, hearing, and vision. If you have a disability requiring academic accommodations in this course, please contact PMC at 613-520-6608 or pmc@carleton.ca for a formal evaluation. If you are already registered with the PMC, contact your PMC coordinator to send me your Letter of Accommodation at the beginning of the term, and no later than two weeks before the first in-class scheduled test or exam requiring accommodation (if applicable). After requesting accommodation from PMC, meet with me to ensure accommodation arrangements are made. Please consult the PMC website for the deadline to request accommodations for the formally-scheduled exam (if applicable).

Survivors of Sexual Violence

As a community, Carleton University is committed to maintaining a positive learning, working and living environment where sexual violence will not be tolerated, and where survivors are supported through academic accommodations as per Carleton's Sexual Violence Policy. For more information about the services available at the university and to obtain information about sexual violence and/or support, visit: <https://carleton.ca/equity/sexual-assault-support-services>

Accommodation for Student Activities

Carleton University recognizes the substantial benefits, both to the individual student and for the university, that result from a student participating in activities beyond the classroom experience. Reasonable accommodation will be provided to students who compete or perform at the national or international level. Write to me with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. <https://carleton.ca/senate/wp-content/uploads/SCCASP-Accommodation-for-Student-Activities-Clean-copy-final-Sept-2022-2.pdf>

Grading System at Carleton University

Standing in a course is determined by the course instructor, subject to the approval of the faculty Dean. Standing in courses will be shown by alphabetical grades. The system of grades used, with corresponding grade points and the percentage conversion can be found [here](#). Grade points indicated are for courses with 1.0 credit value. Where the course credit is greater or less than one credit, the grade points are adjusted proportionately.

Course Sharing Websites and Copyright

Classroom teaching and learning activities, including lectures, discussions, presentations, etc., by both instructors and students, are copy protected and remain the intellectual property of their respective author(s). All course materials, including PowerPoint presentations, outlines, and other materials, are also protected by copyright and remain the intellectual property of their respective author(s).

Students registered in the course may take notes and make copies of course materials for their own educational use only. Students are not permitted to reproduce or distribute lecture notes and course materials publicly for commercial or non-commercial purposes without express written consent from the copyright holder(s).
[More information](#)

Student Rights and Responsibilities at Carleton

Carleton University strives to provide a safe environment conducive to personal and intellectual growth, free of injustice and characterized by understanding respect, peace, trust, and fairness.

The [Student Rights and Responsibilities Policy](#) governs the non-academic behaviour of students. Carleton University is committed to building a campus that promotes personal growth through the establishment and promotion of transparent and fair academic and non-academic responsibilities.

Deferred Term Work

In some situations, students are unable to complete term work because of extenuating circumstances beyond their control, which forces them to delay submission of the work. Requests for academic consideration are made in accordance with the [Academic Consideration Policy for Students in Medical or Other Extenuating Circumstances](#).

1. Students who claim short-term extenuating circumstances (normally lasting up to five days) as a reason for missed term work are held responsible for immediately informing the instructor concerned and for making alternate arrangements with the instructor. If the instructor requires supporting documentation, the instructor may only request submission of the University's self-declaration form, which is available on the [Registrar's Office website](#). The alternate arrangement must be made before the last day of classes in the term as published in the academic schedule.
 - a. Normally, any deferred term work will be completed by the last day of term. In all cases, formative evaluations providing feedback to the student should be replaced with formative evaluations. In the event the altered due date must extend beyond the last day of classes in the term, the instructor will assign a grade of zero for the work not submitted and submit the student's earned grade accordingly; the instructor may submit a change of grade at a later date. Term work cannot be deferred by the Registrar.
2. In cases where a student is not able to complete term work due to extenuating circumstances lasting for a significant period of time/ long-term (normally more than five days), the instructor and/or student may elect to consult with the Registrar's Office (undergraduate courses) or Graduate Registrar (graduate courses) to determine appropriate action.
3. If a student is concerned the instructor did not respond to the request for academic consideration or did not provide reasonable accommodation, the student should follow the appeals process described in the Academic Consideration Policy.
4. If academic consideration is granted, but the student is unable to complete the accommodation according to the terms set out by the instructor as a result of further illness, injury, or extraordinary circumstances beyond their control, the student may submit a petition to the Registrar's Office (undergraduate courses)/Graduate Registrar (graduate courses). Please note, however, that the course instructor will be required to submit an earned final grade and further consideration will only be reviewed according to established precedents and deadlines. (More information: [Undergraduate](#) | [Graduate](#)).

Deferred Final Exams

Students who are unable to write a final examination because of extenuating circumstances, as defined in the [Academic Consideration Policy](#), may apply for accommodation. Normally, the accommodation for a missed final examination will be granting the student the opportunity to write a deferred examination. In

specific cases when it is not possible to offer a deferred examination, and with the approval of the Dean, an alternate accommodation may be made.

The application for a deferral must:

1. be made in writing to the Registrar's Office no later than three (3) working days after the original final examination or the due date of the take-home examination; and,
2. be fully supported by appropriate documentation. In cases of short-term extenuating circumstances normally lasting no more than five (5) days, students must include the University's self-declaration form, which can be found on [the Registrar's Office website](#). Additional documentation is required in cases of extenuating circumstances lasting longer than five (5) days and must be supported by a medical note specifying the date of onset of the illness, the (expected) date of recovery, and the extent to which the student was/is incapacitated during the time of the examination. The University's preferred medical form can be found at the Registrar's Office [here](#).

Financial vs. Academic Withdrawal

Make sure that you are aware of the separate deadlines for Financial and Academic withdrawal!

Making registration decisions in Carleton Central involves making a financial and academic commitment for the courses you choose, regardless of attendance. If you do not attend, you must withdraw in [Carleton Central](#) within the published deadlines to cancel your registration. A fee adjustment is dependent on registration being canceled within the published [fee deadlines](#) and dependent on your course load. A course dropped after the deadline for financial withdrawal will receive a grade of Withdrawn (WDN), which appears on your official transcript.

Even if you miss the deadline for financial withdrawal, you might decide to drop a course to avoid a failure or a poor grade showing up on your student record and bringing down your CGPA. It is your responsibility to drop the course via Carleton Central within the published [deadlines](#) (see Academic Withdrawal).

If you are considering withdrawing from a course, you may want to talk to an advisor first. Course withdrawal may affect your student status, as well as your eligibility for student funding, immigration status, residence accommodation and participation in varsity sports, etc. Additionally, remember that once you choose your courses, you must use the “Calculate amount to pay” button to determine the correct amount of fees to pay.

Carleton Central is your one-stop shop for registration activities. If you are interested in taking a course, make sure to complete your registration. Simply attending a course does not mean you are registered in it, nor is it grounds for petition or appeal.

Mental Health and Wellness at Carleton

Discover the tools and resources Carleton offers to help understand, manage and improve your mental health and wellness while at university.

[Counselling](#)

[Residence Counselling](#)

[Supporting Your Mental Health](#)

Get Help Now If in crisis call: Counselling Services: 613-520-6674 (press 2)
Monday-Friday, 8:30 a.m. – 4:30 p.m.

After Hours

If you need assistance with an urgent situation outside of our regular operating hours, contact:

- [Distress Centre of Ottawa and Region](#): Available 24/7-365 days/year and is bilingual (English/French).
 - **Distress**: 613-238-3311
 - **Crisis**: 613-722-6914
 - **Text**: 343-306-5550 (available 10:00 am – 11:00 pm, 7 days/week, 365 days/year)
 - Web Chat: blue chat icon at the bottom right corner of the website.
 - Text Service is available in English only to residents of Ottawa & the Ottawa Region.)
- [Good2Talk](#): Available 24/7-365 days/year and is available in English, French and Mandarin
 - Call: **1-866-925-5454**
 - Text GOOD2TALKON to 686868
 - [Facebook Messenger](#)
- [Empower Me](#): A 24/7 resource service for undergraduate students. 1-833-628-5589 (toll-free)
- International SOS's Emotional Support: Offers 24/7 access to mental health professionals in more than 60 languages through their dedicated line +1 215-942-8478. Students can call this number collect (the person being telephoned receives the charges) to access services.

The Centre for Indigenous Support and Community Engagement

The Centre for Indigenous Initiatives is proud to offer culturally centered individual counselling to students who self-identify as First Nation, Metis or Inuk. Through this service, Indigenous students [can access confidential, individual sessions for support with personal, mental health or academic challenges.](#)

Department Contact Information

Bachelor of the Humanities 300 Paterson Hall
CollegeOfHumanities@cunet.carleton.ca

Greek and Roman Studies 300 Paterson Hall
GreekAndRomanStudies@cunet.carleton.ca

Religion 2A39 Paterson Hall
Religion@cunet.carleton.ca

Digital Humanities (Graduate) 2A39 Paterson Hall
digitalhumanities@carleton.ca

Digital Humanities (Undergraduate Minor) 300 Paterson Hall
digitalhumanities@carleton.ca

MEMS (Undergraduate Minor) 300 Paterson Hall
CollegeOfHumanities@cunet.carleton.ca