Description
This class investigates eating and drinking in the ancient Mediterranean and explores these practices as both environmental and cultural phenomena. Much more than mere sustenance, foodways have the potential to reveal one’s origins, status, ideas about health and the body, and personal taste and style. The class is divided into three parts. First, we will consider the types of evidence we have for ancient food. Next we will progress chronologically as we look more closely at this evidence. We will read about archaeological investigations in Greece and Italy, and alternate these material examinations with readings from ancient authors to see what textual sources reveal about eating and dining practices in the Greek and Roman worlds. Finally, we will look more broadly at the social and cultural themes we can gain insight to using food.

No textbook covers all of the topics to be covered in this class, thus it is very important to attend lectures. The readings have been chosen from among scholarly research to provide in depth coverage of some topics and overviews of other topics. These readings will be available on CuLearn. You are expected to have read the assigned readings and thought about them before you arrive in class. The class will be mostly lecture-based, but expect to have some group discussions – in particular during the classes marked “Focus on a Primary Text.”

Useful books on reserve in the MacOdrum Library

Evaluation
Participation 5%
Assignment 1 (analysis of your food) (1,000 words): 15%
Mid-term exam: 20%
Assignment 2 (written response to a primary text) (1,500 words): 20%
Research Essay (3,000 words): 25%
Final Exam (take home): 15%
Class Schedule

Preamble: Background and Introduction

Sept 6th
Class introduction and outline: Perspectives on the importance of Food

Sept 11
The Ancient Mediterranean: Food, Diet, Subsistence
Garnsey, P. 1999. “Introduction” In Food and Society in Classical Antiquity. pg 1-11
Optional (and useful for Assignment 1):

Sept 13th
Crash Course on Mediterranean History
http://www.timemaps.com/history/ancient-greece-1000bc < start here and read through to 500 AD
http://www.timemaps.com/history/italy-500bc < start here and read through to 500 AD

PART 1: The evidence: How do we learn about food in the ancient world?

Sept 18th
Archaeological evidence – Ecofacts: plant, animal, and human remains

Sept 20th
Archaeological evidence – Artefacts: ceramics and other objects

Sept 25th
Archaeological evidence – domestic architecture and iconography

Sept 27th
Textual evidence – Didactic authors on food quality and health concerns
Cato on cabbage in on Agriculture 156-157
Pliny on wine in Natural History 14.6-8

Oct 2\textsuperscript{nd}
Textual evidence – comedy: hunger and metaphor

PART 2: Foodstuffs and food behaviours in Antiquity

Oct 5\textsuperscript{th}
Important Ancient Foodstuffs: The Mediterranean Triad

Thanksgiving Weekend

Oct 9th
Focus on primary texts
Bronze Age Greece – real and legendary
Homer’s Odyssey – Odysseus in Polyphemus’ cave (Book 6, 82-562), Telemachos at Helen and Menelaus’ house (Book 4, 1-304)

Oct 11\textsuperscript{th}
Bronze Age Greece from the archaeology

Monday October 15\textsuperscript{th} – Assignment 1 due by noon

October 16th
Archaic Greece and Italy – the role of the symposium

Oct 18th
Focus on primary texts
Greece – perspectives and scenes of dining and diet
Athenaeus’ The Learned Banqueters “Epitome” (Book 1, section 1-3), “Attic Banquets and Feasts” (Book 4, section 12-14), “Conversations at Banquets” (Book 5, section 16)
Xenophon’s Symposium Chapter 1-3.
Plato’s Symposium Section 204-223D
Monday October 22nd – first chance for Assignment 2 – due by noon

Oct 23rd
Greece – public consumption and ritual feasting

Oct 25th
Maybe cancelled, or Roman Italy - basics

Fall Break

Nov 6th
Maybe cancelled, or Roman Italy – basics (see above)

Nov 8th
Roman Italy – domestic consumption
(both of these seem long but they both have lots of images and tables – so don’t despair!)

Nov 13th – Midterm

Nov 15th
Focus on primary texts
Roman perspectives on dining etiquette
Catullus, Poem 12
Juvenal Satire 5
Horace Satire 2.8
Martial Epigrams Book 2.14, 2.27, Book 3.82, Book 11.52

Nov 20th
Focus on primary texts
Petronius’ Satyricon 26-78.
Screening of the dinner scene in Fellini’s film Satyricon (1969)

PART 3: Ancient Food Meanings and Messages

Nov 22nd
Ideals and Realities of Health and Nutrition
Garnsey, P. 1999. “Famine and shortage” In Food and Society in Classical Antiquity. pg. 36-42.
Thursday Nov 22nd, 5:30-7pm
Roman eating exercise – location TBD

Friday Nov 23rd – Last chance for Assignment 2 – due by noon

Nov 27th
Food, Dining, and Gender

Nov 29th
Food as an ethnic marker
*Readings TBD*

Dec 4th
Conclusions and Review

Dec 6th
Extra class

Dec 7th - Research essay due by 11:59 pm

Final exam is a take-home exam essay question - due December 21st, 2018, 12 pm

**Plagiarism**

Two definitions of plagiarism which are useful for our subject area are: “Failing to acknowledge sources through the use of proper citations when using another’s works and/or failing to use quotation marks” and “using ideas or material without appropriate acknowledgment in any academic assignment.” (As defined in Carleton’s Academic Integrity website.)

If I suspect that you have plagiarized, I will treat it very seriously, as is the policy of the Faculty of Arts and Social Sciences and the university.

Resources to learn about plagiarism: [https://carleton.ca/csas/learning-support-workshops/](https://carleton.ca/csas/learning-support-workshops/)
Take a quiz to figure out if you are plagiarizing: [http://carleton.ca/csas/wp-content/uploads/integrity-quiz.swf](http://carleton.ca/csas/wp-content/uploads/integrity-quiz.swf)
Guidelines for Class Dialogue

1) **Confidentiality.** We want to create an atmosphere for open, honest exchange.

2) **Our primary concern is to learn from each other.** We will listen to each other and not talk at each other. We acknowledge differences amongst us in backgrounds, skills, interests, and values. We realize that it is these very differences that will increase our awareness and understanding through this process.

3) **We will not demean, devalue, or “put down” people** for their experiences, lack of experiences, or difference in interpretation of those experiences.

4) **We will trust that people are always doing the best they can.**

5) **Challenge the idea and not the person.** If we wish to challenge something that has been said, we will challenge the idea or the practice referred to, not the individual sharing this idea or practice.

6) **Speak your discomfort.** If something is bothering you, please share this with the group (or with the instructor). Often our emotional responses to this process offer the most valuable learning opportunities.

7) **Step Up, Step Back.** Be mindful of taking up much more space than others. On the same note, empower yourself to speak up when others are dominating the conversation.

Digital Multitasking Affirmation

I, ____________________________, do solemnly affirm that should I decide to bring my computer to *Eating and Drinking in Classical Antiquity*, I will restrict my activities to a note-taking program and a pdf reader, and unless otherwise directed, will not allow myself to wander on to the internet or into other applications for any reason whatsoever: not to check email or facebook, not to look over my notes or finish an assignment for another class, not even once, from this day until the last day of class.

Affirmed aloud.

Signed:

Date:
University Regulations for All Humanities Courses

Copies of Written Work Submitted

Always retain for yourself a copy of all essays, term papers, written assignments or take-home tests submitted in your courses.

Academic Integrity at Carleton

Plagiarism is presenting, whether intentionally or not, the ideas, expression of ideas, or work of others as one’s own. Plagiarism includes reproducing or paraphrasing portions of someone else’s published or unpublished material, regardless of the source, and presenting these as one’s own without proper citation or reference to the original source. Examples of sources from which the ideas, expressions of ideas or works of others may be drawn from include but are not limited to: books, articles, papers, literary compositions and phrases, performance compositions, chemical compounds, art works, laboratory reports, research results, calculations and the results of calculations, diagrams, constructions, computer reports, computer code/software, and material on the internet. More information can be found here.

Academic Accommodation Policy

Academic Accommodation
You may need special arrangements to meet your academic obligations during the term. For an accommodation request the processes are as follows:

Pregnancy obligation: write to the instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details see the Student Guide

Religious obligation: write to the instructor with any requests for academic accommodation during the first two weeks of class, or as soon as possible after the need for accommodation is known to exist. For more details see the Student Guide

Academic Accommodations for Students with Disabilities: The Paul Menton Centre for Students with Disabilities (PMC) provides services to students with Learning Disabilities (LD), psychiatric/mental health disabilities, Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorders (ASD), chronic medical conditions, and impairments in mobility, hearing, and vision. If you have a disability requiring academic accommodations in this course, please contact PMC at
613-520-6608 or pmc@carleton.ca for a formal evaluation. If you are already registered with the PMC, contact your PMC coordinator to send me your Letter of Accommodation at the beginning of the term, and no later than two weeks before the first in-class scheduled test or exam requiring accommodation (if applicable). After requesting accommodation from PMC, meet with me to ensure accommodation arrangements are made. Please consult the PMC website for the deadline to request accommodations for the formally-scheduled exam (if applicable).

Grading System at Carleton University

Standing in a course is determined by the course instructor, subject to the approval of the faculty Dean. Standing in courses will be shown by alphabetical grades. The system of grades used, with corresponding grade points and the percentage conversion is below. Grade points indicated are for courses with 1.0 credit value. Where the course credit is greater or less than one credit, the grade points are adjusted proportionately. [Grading System](#)

Course Sharing Websites and Copyright

Classroom teaching and learning activities, including lectures, discussions, presentations, etc., by both instructors and students, are copy protected and remain the intellectual property of their respective author(s). All course materials, including PowerPoint presentations, outlines, and other materials, are also protected by copyright and remain the intellectual property of their respective author(s).

Students registered in the course may take notes and make copies of course materials for their own educational use only. Students are not permitted to reproduce or distribute lecture notes and course materials publicly for commercial or non-commercial purposes without express written consent from the copyright holder(s).

Statement on Class Conduct

The Carleton University Human Rights Policies and Procedures affirm that all members of the University community share a responsibility to:

- promote equity and fairness,
- respect and value diversity,
- prevent discrimination and harassment, and preserve the freedom of its members to carry out responsibly their scholarly work without threat of interference.
Deferred Term Work

In some situations, students are unable to complete term work because of illness or other circumstances beyond their control, which forces them to delay submission of the work.

Students who claim illness, injury or other extraordinary circumstances beyond their control as a reason for missed term work are held responsible for immediately informing the instructor concerned and for making alternate arrangements with the instructor and in all cases this must occur no later than three (3.0) working days after the term work was due.

The alternate arrangement must be made before the last day of classes in the term as published in the academic schedule. Normally, any deferred term work will be completed by the last day of term. More information is available in the calendar.

Deferred Final Exams

Students who are unable to write a final examination because of a serious illness/emergency or other circumstances beyond their control may apply for accommodation. Normally, the accommodation for a missed final examination will be granting the student the opportunity to write a deferred examination. In specific cases when it is not possible to offer a deferred examination, and with the approval of the Dean, an alternate accommodation may be made. More information.

The application for a deferral must:

1. be made in writing or online to the Registrar's Office no later than three working days after the original final examination or the due date of the take-home examination; and,
2. be fully supported by appropriate documentation and, in cases of illness, by a medical certificate dated no later than one working day after the examination, or by appropriate documents in other cases. Medical documents must specify the date of the onset of the illness, the (expected) date of recovery, and the extent to which the student was/is incapacitated during the time of the examination. The University's preferred medical form can be found at the Registrar's Office forms and fees page.

Any questions related to deferring a Final Exam or Final Assignment/Take Home Examination should be directed to the Registrar’s Office.
Withdrawal From Courses

Withdrawn. No academic credit, no impact on the CGPA. WDN is a permanent notation that appears on the official transcript for students who withdraw after the full fee adjustment date in each term (noted in the Academic Year section of the Calendar each term). Students may withdraw on or before the last day of classes.

Important dates can be found here:

Financial vs. Academic Withdrawal

Make sure that you are aware of the separate deadlines for Financial and Academic withdrawal!

Making registration decisions in Carleton Central involves making a financial and academic commitment for the courses you choose, regardless of attendance. If you do not attend – you must withdraw in Carleton Central within the published deadlines to cancel your registration. More information

Department Contact Information

College of the Humanities 300 Paterson Hall (613)520-2809
CollegeOfHumanities@cunet.carleton.ca
Drop box for CLCV, HUMS LATN GREK Term Papers and assignments is outside 300 P.A.

Greek and Roman Studies 300 Paterson Hall (613)520-2809
GreekAndRomanStudies@cunet.carleton.ca
Drop Box is outside of 300 P.A.

Religion 2A39 Paterson Hall (613)520-2100
Religion@cunet.carleton.ca
Drop box for RELI and SAST Term Papers and assignments is outside of 2A39 P.A.

Registrar’s Office 300 Tory (613)520-3500
https://carleton.ca/registrar/

Student Resources on Campus

CUKnowHow Website
Academics: From registration to graduation, the tools for your success.