

COLLEGE OF HUMANITIES - GREEK AND ROMAN STUDIES

EATING AND DRINKING IN CLASSICAL ANTIQUITY  
CLCV 3003

Professor: Laura Banducci

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Virtual Office hours via Zoom: Tuesdays 10am-11am, or by appointment

Online. **Blended: Asynchronous recording. Approximately 2x weekly. Infrequent pre-scheduled meetings on zoom, 4x during the semester.**

*You need high-speed Internet access to download the pre-recorded videos and a relatively reliable Internet connection to take the exam online. Students are expected to remain up to date with the deadlines and due dates provided by the instructor.*

**Description**

This class investigates eating and drinking in the ancient Mediterranean and explores these practices as both environmental and cultural phenomena. Much more than mere sustenance, foodways have the potential to reveal one's origins, status, ideas about health and the body, and personal taste and style. The class is divided into three parts. First, we will consider the types of evidence we have for ancient food. Next we will progress chronologically as we look more closely at this evidence. We will read about archaeological investigations in Greece and Italy, and alternate these material examinations with readings from ancient authors to see what textual sources reveal about eating and dining practices in the Greek and Roman worlds. Finally, we will look more broadly at the social and cultural themes we can gain insight into using food.

No textbook covers all of the topics to be covered in this class. The readings have been chosen from among scholarly research to provide in depth coverage of some topics and overviews of other topics. These readings are available on CuLearn. The class will be mostly lecture-based and thus, asynchronous, but there will be four pre-scheduled group discussions over the course of the semester. For these "seminar" style discussions, we will focus on primary ancient texts which reveal aspects of eating and drinking behaviours. These are the classes marked "*Focus on a Primary Text.*" We will schedule these class meetings at a time when everyone is available during the week indicated on the schedule.

Useful books in the MacOdrum Library

Garnsey, P. 1999. *Food and Society in Classical Antiquity*. Cambridge: Cambridge University Press.

Nielsen, I., and H. Sigismund-Nielsen. Editors. 1998. *Meals in a social context: aspects of the communal meal in the Hellenistic and Roman world*. Aarhus: Aarhus University Press.

Wilkins, J., F.D. Harvey, and M.J. Dobson. Editors. 1995. *Food in antiquity*. Exeter: University of Exeter Press.

**Evaluation**

Lecture viewing 5%

Assignment 1 (written response to a primary text) (1,500 words) - March 6th: 15%

Mid-term exam - March 18th: 20%

Assignment 2 (written response to a primary text) (1,500 words) - April 6th: 20%

Research Essay (3,000 words) - April 14th: 25%

Final Exam (take home) - April 27th: 15%

### Weekly Class Schedule

#### **Preamble: Background and Introduction**

#### **PART 1: The evidence: How do we learn about food in the ancient world?**

#### **PART 2: Foodstuffs and food behaviours in Antiquity**

#### **PART 3: Ancient Food Meanings and Messages**

	lecture 1	lecture 2
<b>Jan</b>		
11	<b>Preamble:</b> Class intro and outline: Perspectives on the importance of food	The Ancient Mediterranean: Food, Diet, Subsistence
18	Crash Course on Mediterranean History	<b>Part I:</b> Archaeological evidence – Ecofacts: plant, animal, and human remains
25	Archaeological evidence – Artefacts: ceramics and other objects	Archaeological evidence – domestic architecture and iconography
<b>Feb</b>		
1	Textual evidence – Didactic authors on food quality and health concerns	Textual evidence – comedy: hunger and metaphor
8	Research help >> resources and methods	<b>Part II:</b> Importance of Ancient Foodstuffs: The Mediterranean Triad
15	Winter break	
22	Bronze Age Greece from the archaeology	<i>Focus on primary texts: The Bronze and Iron Age</i>
<b>Mar</b>		
1	Archaic Greece and Italy – the role of the symposium	<i>Focus on primary texts: Greece – perspectives and scenes of dining and diet</i>
8	Greece – public consumption and ritual feasting	Roman Italy Basics
15	midterm exam	
22	Roman Italy – domestic consumption	<i>Focus on primary texts: dining etiquette</i>
29	<i>Focus on primary texts: Satyricon</i>	<b>Part III:</b> Ideals and Realities of Health and Nutrition
5	Food, Dining, and Gender	Food as an ethnic marker
12	Conclusions and review	

### Plagiarism

Two definitions of plagiarism which are useful for our subject area are: “Failing to acknowledge sources through the use of proper citations when using another’s works and/or failing to use quotation marks” and “using ideas or material without appropriate acknowledgment in any academic assignment.” (As defined in Carleton’s Academic Integrity website.)

If I suspect that you have plagiarized, I will treat it very seriously, as is the policy of the Faculty of Arts and Social Sciences and the university.

Resources to learn about plagiarism: <https://carleton.ca/csas/learning-support-workshops/>

Take a quiz to figure out if you are plagiarizing:

<http://carleton.ca/csas/wp-content/uploads/integrity-quiz.swf>

### **Guidelines for Class Dialogue**

- 1) **Confidentiality.** We want to create an atmosphere for open, honest exchange.
  - 2) **Our primary concern is to learn from each other.** We will listen to each other and not talk at each other. We acknowledge differences amongst us in backgrounds, skills, interests, and values. We realize that it is these very differences that will increase our awareness and understanding through this process.
  - 3) **We will not demean, devalue, or “put down” people** for their experiences, lack of experiences, or difference in interpretation of those experiences.
  - 4) **We will trust that people are always doing the best they can.**
  - 5) **Challenge the idea and not the person.** If we wish to challenge something that has been said, we will challenge the idea or the practice referred to, not the individual sharing this idea or practice.
  - 6) **Speak your discomfort.** If something is bothering you, please share this with the group (or with the instructor). Often our emotional responses to this process offer the most valuable learning opportunities.
  - 7) **Step Up, Step Back.** Be mindful of taking up much more space than others. On the same note, empower yourself to speak up when others are dominating the conversation.
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# Humanities

## University Regulations for All College of the Humanities Courses

### Academic Dates and Deadlines

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This schedule contains the dates prescribed by the University Senate for academic activities. Dates relating to fee payment, cancellation of course selections, late charges, and other fees or charges will be published in the Important Dates and Deadlines section of the Registration Website.

### Online Learning Resources

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While online courses offer flexibility and convenience, they also present unique challenges that traditional face-to-face courses do not. [On this page](#), you will find resources collected by Carleton Online to help you succeed in your online courses; Learning Strategies and Best Practices, Study Skills, Technology and Online Interaction and Engagement.

### Copies of Written Work Submitted

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Always retain for yourself a copy of all essays, term papers, written assignments or take-home tests submitted in your courses.

### Academic Integrity at Carleton

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The University Senate defines **plagiarism** as “*presenting, whether intentionally or not, the ideas, expression of ideas or work of others as one’s own.*” This can include:

- reproducing or paraphrasing portions of someone else’s published or unpublished material, regardless of the source, and presenting these as one’s own without proper citation or reference to the original source;
- submitting a take-home examination, essay, laboratory report or other assignment written, in whole or in part, by someone else;
- using ideas or direct, verbatim quotations, or paraphrased material, concepts, or ideas without appropriate acknowledgment in any academic assignment;
- using another’s data or research findings;
- failing to acknowledge sources through the use of proper citations when using another’s works and/or failing to use quotation marks;
- handing in "substantially the same piece of work for academic credit more than once without

prior written permission of the course instructor in which the submission occurs." Plagiarism is a serious offence that cannot be resolved directly by the course's instructor. The Associate Dean of the Faculty conducts a rigorous investigation, including an interview with the student, when an instructor suspects a piece of work has been plagiarized. Penalties are not trivial. They can include a final grade of "F" for the course

[Academic Integrity Policy](#)  
[Academic Integrity Process](#)

## Academic Accommodation Policy

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### **Academic Accommodation**

Carleton University is committed to providing access to the educational experience in order to promote academic accessibility for all individuals.

**Parental Leave:** The Student Parental Leave Policy is intended to recognize the need for leave at the time of a pregnancy, birth or adoption and to permit a pause in studies in order to provide full-time care in the first year of parenting a child or for health-related parental responsibilities.

**Religious obligation:** Carleton University accommodates students who, by reason of religious obligation, must miss an examination, test, assignment deadline, laboratory or other compulsory academic event.

### **Academic Accommodations for Students with Disabilities:**

Academic accommodation of students with disabilities is available through the [Paul Menton Centre](#) by evaluations that are carried out on an individual basis, in accordance with human rights legislation and University policy, and with the support of relevant, professional/medical documentation.

### **Survivors of Sexual Violence**

Individuals who disclose that they have experienced sexual violence will be provided support services and will be treated with dignity and respect at all times by the University and its representatives. A person affected by sexual violence is not required to report an incident or make a complaint about sexual violence under the formal complaint process of the Sexual Violence Policy in order to obtain support and services, or in order to receive appropriate accommodation for their needs.

[Supports and services available at the University to obtain information about sexual violence and/or support.](#)

### **Accommodation for Student Activities**

Carleton University recognizes the substantial benefits, both to the individual student and for the university, that result from a student participating in activities beyond the classroom experience. [More information.](#)

## Grading System at Carleton University

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Standing in a course is determined by the course instructor, subject to the approval of the faculty Dean. Standing in courses will be shown by alphabetical grades. This means that grades submitted by the instructor may be subject to revision. No grades are final until they have been approved by the Dean."

The [system of grades](#) used, with corresponding grade points and the percentage conversion, is listed below. Grade points indicated are for courses with 1.0 credit value.

## Course Sharing Websites and Copyright

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Classroom teaching and learning activities, including lectures, discussions, presentations, etc., by both instructors and students, are copy protected and remain the intellectual property of their respective author(s). All course materials, including PowerPoint presentations, outlines, and other materials, are also protected by copyright and remain the intellectual property of their respective author(s).

Students registered in the course may take notes and make copies of course materials for their own educational use only. Students are not permitted to reproduce or distribute lecture notes and course materials publicly for commercial or non-commercial purposes without express written consent from the copyright holder(s).

[More information](#)

## Student Rights and Responsibilities at Carleton

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Carleton University strives to provide a safe environment conducive to personal and intellectual growth, free of injustice and characterized by understanding respect, peace, trust, and fairness.

The [Student Rights and Responsibilities Policy](#) governs the non-academic behaviour of students. Carleton University is committed to building a campus that promotes personal growth through the establishment and promotion of transparent and fair academic and non-academic responsibilities.

[7 Student Rights and Responsibilities](#)

## Deferred Term Work

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In some situations, students are unable to complete term work because of illness or other circumstances beyond their control, which forces them to delay submission of the work.

1. Students who claim illness, injury or other extraordinary circumstances beyond their control as a reason for missed term work are held responsible for immediately informing the instructor concerned and for making alternate arrangements with the instructor and in all cases this must occur no later than three (3.0) working days after the term work was due. The alternate arrangement must be made before the last day of classes in the term as published in the academic schedule. Normally, any deferred term work will be completed by the last day of term. In all cases, formative evaluations providing feedback to the student should be replaced with formative evaluations. In the event the altered due date must extend beyond the last day of classes in the term, the instructor will assign a grade of zero for the work not submitted and submit the student's earned grade accordingly; the instructor may submit a change of grade at a later date. Term work cannot be deferred by the Registrar.
2. In cases where a student is not able to complete term work due to illness or injury for a significant period of time/or long term, the instructor and/or student may elect to consult with the Registrar's Office (undergraduate courses) or Graduate Registrar (graduate courses) to determine appropriate action.

[More information of deferred Term Work](#)

## Deferred Final Exams

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Students who are unable to write a final examination because of a serious illness/emergency or other circumstances beyond their control may apply for accommodation. Normally, the accommodation for a missed final examination will be granting the student the opportunity to write a deferred examination. In specific cases when it is not possible to offer a deferred examination, and with the approval of the Dean, an alternate accommodation may be made.

The application for a deferral must:

1. be made in writing to the Registrar's Office no later than three working days after the original final examination or the due date of the take-home examination; and,
2. be fully supported by appropriate documentation and, in cases of illness, by a medical certificate dated no later than one working day after the examination, or by appropriate documents in other cases. Medical documents must specify the date of the onset of the illness, the (expected) date of recovery, and the extent to which the student was/is incapacitated during the time of the examination.

[More information on Final Exam Deferrals Registrar's Office "Defer an Exam" page](#)

## Financial vs. Academic Withdrawal

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Withdrawn. No academic credit, no impact on the CGPA. WDN is a permanent notation that appears on the official transcript for students who withdraw after the full fee adjustment date in each term (noted in the Academic Year section of the Calendar each term). Students may withdraw on or before the last day of classes.

Important dates can be found [here](#). Make sure that you are aware of the separate deadlines for Financial and Academic withdrawal!

Making registration decisions in Carleton Central involves making a financial and academic commitment for the courses you choose, regardless of attendance. If you do not attend – you must withdraw in Carleton Central within the published deadlines to cancel your registration. You can do this via the [MyCarleton Portal](#). A fee adjustment is dependent on registration being canceled within the published [fee deadlines](#) and dependent on your course load.

## Department Contact Information

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*Bachelor of the Humanities* 300 Paterson Hall  
[CollegeOfHumanities@cunet.carleton.ca](mailto:CollegeOfHumanities@cunet.carleton.ca)

*Greek and Roman Studies* 300 Paterson Hall  
[GreekAndRomanStudies@cunet.carleton.ca](mailto:GreekAndRomanStudies@cunet.carleton.ca)

*Religion* 2A39 Paterson Hall  
[Religion@cunet.carleton.ca](mailto:Religion@cunet.carleton.ca)

*Digital Humanities (Graduate)* 2A39 Paterson Hall  
[digitalhumanities@carleton.ca](mailto:digitalhumanities@carleton.ca)

*Digital Humanities (Undergraduate Minor)* 300 Paterson Hall  
[digitalhumanities@carleton.ca](mailto:digitalhumanities@carleton.ca)

*MEMS (Undergraduate Minor)* 300 Paterson Hall  
[CollegeOfHumanities@cunet.carleton.ca](mailto:CollegeOfHumanities@cunet.carleton.ca)