

Consult the race websites for official race details and regulations. Click on race names to be taken to their official website and policies to be directed to specific web pages.

Pregnancy/Postpartum Deferral	Refund	Policies Supporting/Mentioning Pregnant/Parenting Athletes	Lactation Stations/Accommodations	On-Site Accommodations for Pregnant/Parenting Athletes	Notes
World Athletics					
NA	NA	None	NA	NA	
Abbott World Marathon Majors (leading organization)					
NA	NA	None	NA	NA	
Berlin Marathon					
YES	YES WITH INSURANCE PURCHASE	<p>Deferrals</p> <ul style="list-style-type: none"> Pregnant participants can postpone their entry for up to 3 years. Medical certificate needed for deferral. Unclear if registration fees transfer to following years. <p>Registration Insurance</p> <ul style="list-style-type: none"> Covers pregnancy complications or becoming pregnant after purchasing the insurance policy. Medical note required. 	NO	NONE	<ul style="list-style-type: none"> Strollers and babyjoggers are not allowed on the course. No mention of postpartum/parenting accommodations during race.
London Marathon					
YES	NO	<p>Deferrals</p> <ul style="list-style-type: none"> Pregnant or postpartum participants can postpone their entry for up to 3 years. Racers must pay entry fee again, initial registration is not refunded. 	YES	<p>Lactation Tents</p> <ul style="list-style-type: none"> Milk expressing areas available at the half-way point and finish line. Breastfeeding spaces available in the family support area. Nipple cream and breast pads available. Supported by parenting charity Best Beginnings. <p>Family Support Area</p> <ul style="list-style-type: none"> Area for families with children under 5 years old at Finish area with: <ul style="list-style-type: none"> Baby change mat Breastfeeding chairs Microwave Nappies in various sizes Nappy bin Play pen Wet wipes 	<ul style="list-style-type: none"> Strollers, babyjoggers, or any wheeled devices are not allowed on the course.
Tokyo Marathon					
NO	NO	NONE	NO	NONE	<ul style="list-style-type: none"> Strollers, babyjoggers, and children are not allowed on the course. No mention of postpartum/parenting policies or accommodations.
Boston Marathon					
YES	YES WITH INSURANCE PURCHASE	<p>Deferral</p> <ul style="list-style-type: none"> Applies to those who become pregnant or postpartum after registration. Postpartum is defined as 24 weeks following the birth of a child. Medical certificate or note required. Participants can postpone their entry for up to 2 years. Athletes may request a second deferral if they become pregnant again during the deferral period. Racers must pay entry fee again, initial registration is not refunded. <p>Registration Insurance</p> <ul style="list-style-type: none"> Covers only pregnancy complications, which are undefined. Does not specify if a medical certificate is needed. 	YES	<p>Lactation Tents</p> <ul style="list-style-type: none"> Lactation tents are available at the start and finish lines. Personal pumps and medical devices can be transported from the start tent to the finish tent. Details about device drop off, transportation, and pick up are available on the race website (click here for link). Breast milk cannot be transported and must be discarded. <p>Marathon Expo Lactation Pod</p> <ul style="list-style-type: none"> Private lactation pods, supplied by Mamava, will be available at the Expo for all attendees to use. 	<ul style="list-style-type: none"> Strollers, babyjoggers, and children are not allowed on the course.
Chicago Marathon					
YES + fee transfers to following year	YES WITH INSURANCE PURCHASE	<p>Deferral</p> <ul style="list-style-type: none"> Applies to those who are pregnant, recently pregnant, or postpartum. Physician authorization form required. May be waived for those who have experienced certain circumstances like miscarriage. Participants can postpone their entry for up to 3 years. Participants who become pregnant during the 3 year window will be eligible for an additional cancellation under the policy. Participants going through adoption, surrogacy, or who have a partner who is pregnant are eligible for the event's standard cancellation policy. <p>Registration Insurance</p> <ul style="list-style-type: none"> Covers only pregnancy complications, which are undefined. Does not cover normal pregnancy, also undefined. Medical certificate is needed. 	YES	<p>Lactation Tents</p> <ul style="list-style-type: none"> Lactation tents are available at the start and finish lines and on course. Pump supply details are unclear. Participants are encouraged to contact office@chicagomarathon.com for details. <p>Marathon Expo Lactation Pod</p> <ul style="list-style-type: none"> A private lactation pod, supplied by Mamava, will be available at the Expo for all attendees to use. 	<ul style="list-style-type: none"> Strollers, babyjoggers, and children are not allowed on the course.
New York Marathon					
YES	YES WITH INSURANCE PURCHASE	<p>Deferral</p> <ul style="list-style-type: none"> Applies to those who are pregnant, have experienced pregnancy loss, or are postpartum. Postpartum is defined as up to one year post-childbirth. Medical authorization form required. Participants can postpone their entry for up to 3 years. Participants who become pregnant during the 3 year window will be eligible for one consecutive pregnancy and postpartum cancellation policy. Participants going through adoption are not covered by the policy. <p>Registration Insurance</p> <ul style="list-style-type: none"> Covers pregnancy if your physician advises not participating. Medical certificate is needed. Covers the childbirth of a family member if it falls on the same day of the race. Does not cover normal pregnancy, fertility treatments, childbirth, or elective abortion (excluding unforeseen complications) of you or a family member. 	YES	<p>Lactation Tents</p> <ul style="list-style-type: none"> Lactation tents are available at the start and finish lines and on course. Transportation for personal pumps is provided. Medela hand pumps and accessories will be available for runners. Breastmilk will not be transported. Supported by the organization & Mother. 	<ul style="list-style-type: none"> Strollers, babyjoggers, and children are not allowed on the course.