



HEALTH SCIENCES RUN/WALK CREW

Join faculty, staff, and students for an informal weekly walk/run and chat!

Where: Health Sciences Building Lobby (near room 1104)

When: every Wednesday at 4:15 pm

Just show up! We will have a short(1-2km) and longer (5km+) routes mapped out and group leaders. For further information contact: francine.darroch@carleton.ca or maddysheppardperkins@cmail.carleton.ca