

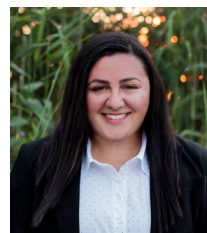
Movement as Medicine for Children with Chronic Medical Conditions



Abstract

Physical activity is widely recognized as a fundamental means of improving health across the lifespan. For children with a chronic medical condition, physical activity may be an effective strategy for managing symptoms, maintaining function, and improving quality of life. And yet we know that today, most children are not engaging in enough physical activity to reap these benefits. This presentation will focus on current research that aims to promote movement as medicine in children and adolescents with chronic medical conditions, and will highlight the key role of patient stories in shaping on-going studies in the Child Health & Exercise Medicine Program.

Presenter



Dr. Joyce Obeid,
Assistant Professor,
Department of Pediatrics,
McMaster University.

When

Date: Nov 24, 2022

Time: 12:00 PM Eastern Time (US and Canada)

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