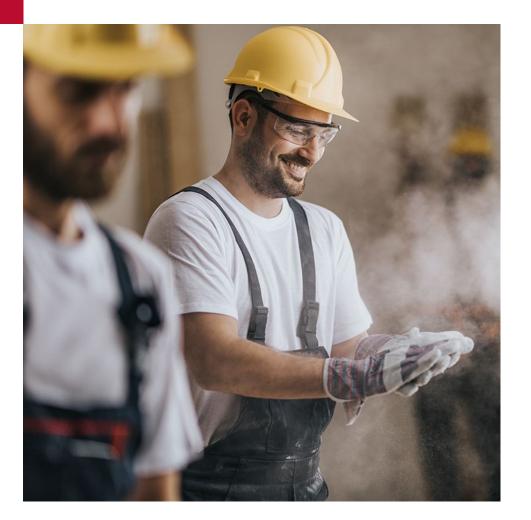
## October 2023



## Workplace Health & Safety

In Canada, hundreds of people are injured every day on the job. There are several ways you can prevent injury in your workplace.

Locate the article *Workplace Health and Safety* on *Health Connected's Health Library*\* today to get tips on how to stay safe and healthy at work. The article includes sections on:

- Knowing if you're at risk of injury;
- How to spot invisible health hazards;
- What to do when an injury happens; and
- How to keep your workplace safe.

\*Access the Health Connected site on your <u>My Canada Life at Work</u> profile today.