# Employees enrolled in <u>CanadaLife</u> group benefits: Lower your drug costs!

CanadaLife, Carleton University's insurance provider, would like to make all plan members aware of drug cost savings available to you. Whether you go in person, or order your drugs online, Costco Pharmacy will help you save on your prescription drug costs. *You do not need to be a member of Costco to use the pharmacy*.



# **Easy options**

### **In-person: Go to any Costco pharmacy:**

- $\sqrt{\text{Lower dispensing fees}}$
- √ Lower drug costs

#### On-Line: Free delivery with same cost savings

- $\sqrt{\text{Lower dispensing fees}}$
- √ Lower drug costs
- $\sqrt{\text{Save time}}$
- $\sqrt{\text{Delivered to your home}}$

#### **Prescription Drugs by Mail**

Avoid going to the pharmacy during the Covid-19 Pandemic. Costco's mail order pharmacy has the low dispensing fees, allowing you to remain below the plan's dispensing fee cap to limit your out of pocket expenses. Delivery is free.

# What is a mail order pharmacy?

Mail order pharmacies operate online. Licensed pharmacists will fill your prescriptions, answer any questions or concerns regarding your therapy or answer any of your health-related questions by phone, email or chat. Your medication is sent to you by a courier (such as Canada Post).

# When should I purchase my medication through a mail order pharmacy?

If you take medication on a regular basis, ordering from a mail order pharmacy is a great option for you.

Typically, these pharmacies dispense 100 days-worth supply at a time. Prescription refills can be sent to you automatically, so you will never run out.

When you need to start treatment immediately, for example an antibiotic to treat an infection, it would be preferable for you to use a traditional pharmacy.

For details, visit your <u>local Costco Pharmacy</u> or go to <u>www.costcopharmacy.ca</u> Please note that Costco does not operate pharmacies in any of its Quebec locations.

To access your CanadaLife account visit <a href="https://gwl.greatwestlife.com/MyLogin">https://gwl.greatwestlife.com/MyLogin</a>