Provincial Medical and Hospital Plan

Each province in Canada has its own plan to help cover the cost of basic medical and hospital expenses. Details of the plans vary between provinces but most plans pay for basic doctor’s bills, standard hospital ward accommodation, and all the usual expenses incurred during a hospital stay.

All Canadian residents must register with the Provincial Medical and Hospital Plan in the province in which they reside in order to participate in the Extended Health Care Plan offered by Carleton University. For Ontario residents, this would be the Ontario Health Insurance Plan (OHIP) and in Quebec, one would register with the Régie de l’assurance-maladie du Québec (RAMQ).

If you are coming to Ontario from another Canadian province you should consult with the Provincial Health Plan in your home province prior to moving to Ontario. The OHIP coverage normally becomes effective three months after the date you establish residency in Ontario.

UHIP – For Non-Residents

The University Health Insurance Plan (UHIP) provides basic health care insurance to its members—non-resident students attending and employees and other individuals officially associated with participating universities (UHIP is compulsory for stays of three or more weeks).

If your stay will be for three or more weeks, please drop by the International Student Services Office (ISSO) to complete the application procedures for getting UHIP coverage for you and/or your family (if applicable). In some instances, you might be eligible to apply for coverage under the Ontario Health Insurance Plan (OHIP).

If you are eligible and you apply for OHIP, there is a three-month waiting period before OHIP takes effect. During this interim period of three months, you must have UHIP coverage. If you applied for OHIP coverage, please contact the ISSO at (613) 520-6600 with proof of your application/receipt so that you can be covered immediately under UHIP.