



A Couple's Guide to Fighting MS

Multiple sclerosis (MS) can be a challenge to any couple, but also a chance to grow closer as you fight back together.

Locate the article *A Couple's Guide to Fighting MS* on *Health Connected's Health Library** today to find out how to show MS that it can't take over your relationship or break your spirit! The article includes sections on:

- Facing MS together and how it can help you grow closer as a couple; and
- How to advocate for your partner who is fighting MS.