



Heart-Healthy BBQ and Summertime Tips

Does the sound of a sizzling barbecue make your mouth water?

Locate the article *Heart-Healthy BBQ and Summertime Tips* on *Health Connected's Health Library** today to find out ways to have a heart-healthy BBQ this summer. The article includes sections on:

- Healthy BBQ tips;
- Other healthy eating tips; and
- How to stay cool.