



## Back to School: A Healthy Start

It's September and the back-to-school bell is sounding. As a parent, you want to help your child get off to a good start for the school year. The place to begin is on Canada Life's Health Connected site library\*, where you can find a selection of healthy tips for boosting your pint-sized pupil's physical and emotional well-being.

\*Access the Health Connected site on your [My Canada Life at Work](#) profile today.