



Health Connected Contest

Want better insight on your health and a chance to win cash prizes at the same time? You can participate in Canada Life's Health Connected contest by following these 3 simple steps:

1. Sign in to [mycanadalifeatwork.com](https://my.canadalife.com/sign-in) <https://my.canadalife.com/sign-in>, then create an account on Health Connected and agree to the contest
2. Complete the health risk assessment
3. Use the Health Library on Health Connected one time