



Prostate Cancer: One Man's Story

What do Robert De Niro, Nelson Mandela, Rudy Giuliani, and Arnold Palmer have in common? They all overcame battles with prostate cancer, the most common cancer diagnosed in Canadian men.

Locate the article *Prostate Cancer: One Man's Story* on *Health Connected's Health Library** today to read one man's story and find out how prostate cancer is prevented, diagnosed, and treated. The article includes sections on:

- How cancer may be discovered and confirmed;
- The stages of prostate cancer;
- What treatments are available for prostate cancer;
- Life after prostate cancer; and
- Your risk of having prostate cancer.

Don't Forget: The month of November is **Movember!** A charity focused on men's mental health and suicide prevention, prostate cancer and testicular cancer awareness.