

## How to Stay Motivated When Paying Off Debt

How do you stay motivated to get to your goal of getting rid of your debts? Sticking to a budget, limiting your spending, and allocating every cent towards your debt can feel like a never-ending burden.

The Credit Counselling Society's article, <u>Dealing with Debt</u>, will help you stay determined when you're on your journey of getting back in control of your money. Tips include:

- Set SMART goals for tackling debt
- Create checkpoints
- Make a vision board
- Review your budget every month
- Choose your sacrifices and your rewards