

Compliments of Canada Life

Webinar: Neurodiversity works: unlocking the power of different minds in the workplace

Oct. 9, 2025, 1 p.m. – 2 p.m. ET.

Register

Have you ever felt like your brain works a little differently and wondered how that fits into the workplace? Or maybe you're a leader or colleague looking to better support your team and coworkers' diverse ways of thinking. If this resonates, on Oct. 9, join Workplace Strategies for Mental Health, Canada Life and featuring Mary Ann Baynton for a meaningful conversation about neurodiversity in the workplace. Specifically:

- What neurodiversity is and how it's a part of the human experience
- The differences between neurodivergent and neurotypical thinking including how it might influence communication, problem-solving, and collaboration
- The strengths of neurodivergent employees
- Practical tips and practices to creating inclusive spaces and support neurodivergent employees
- How to better advocate for yourself or others

Plus, hear from two panelists who share their real experiences and strategies to support their own success at work everyday.

Let's build a workplace where every mind is valued. Register today.

This webinar will be in English but French interpretation, slides and resource links will be available. You'll also have the opportunity to ask questions related to the topic. This event will be recorded for future reference or just in case you can't watch live. Find it on the <u>Workplace Strategies for Mental Health YouTube page</u>.

Learn more about the guest panelists:



Maya Volpato is a workplace mental health consultant. She addresses organizational psychosocial risks, supports leaders in fostering psychological health, and advances strategies that link mental health to performance. She is the founder of CGI Canada's first Neurodiversity Resource Group and a proud advocate for reducing research and care inequalities within equity deserving communities.



Greg Swaine After years of working on the frontlines of healthcare, Greg shifted his focus to "taking care of the people who take care of others."

Today, through storytelling and years of dedicated research and application, Greg has become one of Ontario's most sought-after advisors on Psychological Health and Safety in healthcare.