



Take charge of your health. Win cash prizes.

Are you ready to take charge of your health and have a chance to win cash prizes?

Get up to three contest entries when you:

1. Sign in to mycanadalifeatwork.com, then create an account on Health Connected and agree to the contest
2. Complete the health risk assessment
3. Complete the health skills profile assessment

Get started today!

To access Health Connected, sign in to www.mycanadalifeatwork.com.

You have until Dec. 31, 2022 to enter.

You could win one of 3 grand cash prizes:

- \$7,000
- \$4,000
- \$2,000

There are also 15 secondary prizes
of \$1,000 each

\$28,000 in prizes are available to be won!

* For the Official Contest Rules, visit <http://canlife.co/Contest2022>. The Your Health Connected contest is not open to any individual that won a top 3 cash prizes in a previous Your Health Connected Contest or that is part of a group benefits plan, or class of a group benefits plan, that has been excluded at the request of the relevant group benefits plan sponsor. The contest runs from Sept. 1, 2022 to Dec. 31, 2022. A maximum of three entries will be awarded per person, with only one prize being awarded per person. The odds of winning a prize depend on the total number of eligible entries received by Dec. 31, 2022. Each selected entrant will be required to answer a mathematical skill-testing question before being declared a winner. Taxes and fees associated with a prize, if any, are the sole responsibility of each winner. All prizes will be paid to eligible winners in cash, cheque, American Express gift card, Visa gift card, or as otherwise reasonably determined by Canada Life. Health Connected is powered by MediResource, Canada's leading provider of consumer digital health and wellness solutions. Your personal and confidential information is protected in accordance with applicable privacy laws. Health Connected and the Heart Logo are registered trademarks of MediResource Inc.