

Suggested Places to Eat in Ottawa June 2019

Here is a list of popular places to eat and drink in Ottawa (this is not an exhaustive list, just a few of the highlights). If you have any questions or need suggestions, just send me an email, Cheryl.Harasymchuk@carleton.ca

Check out an interesting article from a couple of years ago about Ottawa's food scene:

<https://www.nytimes.com/interactive/2017/01/05/travel/what-to-do-36-hours-in-ottawa-canada.html>

Near Carleton University campus, on Sunnyside and Bank Street (20-minute walk or short bus ride)

- House of Targ <http://www.houseoftarg.com> pinball, live music, and perogies—including vegan options
- Stella Luna Gelato Café <https://www.slgelato.com> I love this Gelato so much that I eat it in the winter (as well, they have food like soups, sandwiches, & waffles).
- Siam Kitchen- Thai food--good <http://siamkitchen.ca>
- Pubs- Barley Mow <https://barleymow.com/locations/ottawa-bank-street-pub/> , Quinn's <http://www.quinnsalehouse.com>

Across the bridge (a short walk from the Sunnyside and Bank restaurants)

- Kettleman's Bagel Company <https://www.kettlemansbagels.ca> I love these wood-fired, Montreal-style bagels (you might even try the smoked meat bagel sandwich).
- Craft Beer <https://www.craftbeermarket.ca/ottawa> Big restaurant, lots of beer choices, good food
- Lansdowne Live area has a lot of other fun restaurant choices (think fun chain restaurants with patios) <https://www.tdplace.ca/restaurants/>

Downtown Highlights

(includes a few distinct areas; 15-minute drive, 30-minute bus ride from campus; nearer hotel)

If you are looking for something a **little special (and a bit pricier)**, here are some of my favourite places:

Restaurants

ByWard Market

- Side Door <https://sidedoorrestaurant.com>
- Play <http://www.playfood.ca>
- Oz Kafe <https://ozkafe.com>

Elgin near Sparks Street (Elgin is under construction for the summer, so it does not have the best view)

- Bekta <http://www.beakta.com>
- Riviera <https://www.dineriviera.com>
- Whalesbone <https://thewhalesbone.com/pages/bank-street>
- Town <http://www.townlovesyou.ca>

Downtown/ Centretown

- Thali Coconut Lagoon (only open for lunch) <http://thaliottawa.ca>
- Aroma Meze (small plates) <http://www.aromameze.com>
- Fairouz <https://www.fairouz.ca>
- Union 613 <https://www.union613.ca>
- Mamma Teresa <http://www.mammateresa.com>

Cocktail-focused

- Copper Spirits and Sights for drinks and great view <https://www.hyatt.com/en-US/hotel/canada/andaz-ottawa-byward-market/yowaz/dining>, 16th floor of Andaz hotel in Byward market
<https://www.nytimes.com/2018/06/02/travel/andaz-ottawa-canada-hotel-review.html>
- Zoe's lounge (at the Chateau Laurier, the castle-looking building next to Parliament) <https://www.fairmont.com/laurier-ottawa/dining/zoes-lounge/>

Other options:

Byward Market

- Beaver Tail Pastries (skip the meal and focus on this Ottawa fried dessert)
- Zak's Diner <https://www.zaksdiner.com/home/> (perhaps try some poutine; they also have vegan milkshakes).
- Heart and Crown <https://heartandcrown.pub/byward/>
- Chateau Lafayette (oldest tavern in Ottawa, fried food, live music) <https://www.thelaff.ca>

Aside from restaurants around campus and near downtown, there are a few other notable places I want to highlight in and around Ottawa:

Chinatown (near Centretown)

- Yangtze <http://www.yangtze.ca/>
- many Pho restaurants

Little Italy (on Preston street) You can walk 20 minutes through an Arboretum from Carleton University campus to the Little Italy/ Dow's Lake area

- Stoneface Dolly's <http://preston.stonefacedollies.com/Home>
- Pub Italia (a large selection of beers, patio) <https://www.pubitalia.ca>
- Moonroom (expensive cocktail lounge with a moody and cozy atmosphere) <https://www.facebook.com/The-Moonroom-198329570195807/>
- DiRienzo's (delicious, no-fuss sandwiches) <http://dirienzo.ca>

Further down Preston, at the border of Chinatown and Hintonburg (at last stop of the O-train)

- Art is In Bakery <https://www.artisinbakery.com> (food and baked goods)
- Beyond the Pale Brewing <https://btpshop.ca>

Hintonburg/Wellington

- Tooth and Nail <https://toothandnailbeer.com>
- Wellington Gastropub <http://www.thewellingtongastropub.com>
- Suzy Q donuts <https://www.facebook.com/suzyqottawa/>

Quebec (you'll need a car)

- Chelsea (20 minute drive from downtown Ottawa)
 - Chelsea Pub has wonderful casual food, a great selection of Quebec beers
<https://www.chelseapub.ca/en>
 - Les Fougères <http://fougeres.com> and L'Orée du Bois are
<http://fr.oreeduboisrestaurant.com> wonderful special occasion restaurants
 - Just over the bridge from Ottawa into Quebec (if you don't have a car, you can take a taxi)
 - Soif (excellent wine bar with food pairings, hidden patio at the back of the restaurant)
<https://www.soifbaravin.ca>
 - Les Brasseurs du Temps <https://www.brasseursdutemps.com/en/>
 - Place Aubry <https://www.tourismeoutaouais.com/en/attractions/place-aubry/>
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For your reference

On campus (...when you are looking for convenience)

- Note. There are a few on-campus refreshment/food venues, but the options and hours are limited in the summer months (especially Sat. and Sun.). Check out the link for the available restaurants on campus (and the hours of operation) <https://dining.carleton.ca/locations/>

A few highlighted places on campus

- For weekdays, you can find coffee and some light food options at:
 - *Tim Hortons* (in the Richcraft building, main floor), not open on the weekend
 - *Starbucks* (located in the library, just off of the Quad, near the tallest building on campus, Dunton Tower), there are limited hours on the weekend
- **There is a pub on campus in University Centre (2nd floor) called *Mike's Place* and they serve good food at affordable prices
- *Bakers restaurant* (in the University Centre) is open Mon-Fri. from 7:30 am-2:30 pm,
<https://dining.carleton.ca/cu-facilities/bakers/>
- *Rooster's Coffeehouse* (in the University Centre) is open Mon.- Fri. 8am-6pm (on Friday it is only open until 5pm).