ICN CREATIVE BUSINESS SCHOOL

INTERNATIONAL STUDENTS GUIDE
icn
CREATIVE
business
school
open-mindedness commitment team spirit

ICN summed up in 3 values

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ICN Business School is a recognized organisation in the Greater Region in terms of continuing education in the managerial domain, and today is one of the first references on the Datadock list under the decree of quality professional training.

ICN has obtained the “Établissement d’Enseignement Supérieur Privé d’Intérêt Général” (EESPIG) qualification by ministerial decree on the 8th of June, 2016, published in the ‘Bulletin Officiel’ on 07/07/2016.
how to get there?

BY PLANE
Regional Airport of Metz-Nancy-Lorraine
Route de Vigny – 57 420 GOIN
+33 (0)3 87 56 70 00
www.lorraineairport.fr

BY CAR
Three highways
A4, A5 and A31 lead from Paris, Calais, Strasbourg, Saarbrücken and Frankfurt to Nancy. The A31 connects Nancy to Lille, Luxembourg, Brussels and Dijon.

BY TRAIN
. Nancy train station
3, place Thiers – 54 000 NANCY
+33 (0)969 369 379 (outside of France)
3635 (inside of France)
www.oui.sncf
. Train station
Monday to Friday from 5am to 11.30pm
Saturday from 5am to 11.30pm
Sunday & holidays from 6am to 11.30pm
. Ticket counter
Monday to Friday from 6.40am to 7.30pm
Saturday from 7am to 7.30pm
Sunday and holidays from 9am to 7.30pm
. Direct train from Charles de Gaulle airport to Gare Lorraine TGV
1 hour and 15 minutes.
Special bus "Keolis Sud Lorraine" from Lorraine TGV to center of Nancy (10€ - 35 minutes)
Schedule at www.ter-sncf.com/regions/lorraine.fr

pick-up service
If you wish to be picked up at the train station in Nancy, you can contact the student association ESN BDI Globe & Co at globeandco54@gmail.com
Remember to give them your arrival date and time. Please give 48 hours’ notice.

how to get to ICN
NANCY TRAIN STATION › ICN ARTEM
Take the Tram 1, from the Nancy Gare stop going in the direction of Vandoeuvre CHU Brabois.
Get off at the Campus Artem stop.

ICN Nancy campus
Campus Artem
86 rue du Sergent Blandan
CS 70 148
54 003 NANCY Cedex

Additional information on:
www.icn-artem.com

Nancy is situated:
• 1 hour 30 minutes from Paris (TGV)
• 1 hour 15 minutes from Strasbourg
• 1 hour 15 minutes from Germany
• 1 hour 15 minutes from Luxembourg
• 3 hours from Brussels
2 PROGRAMS
initial training

ICN summer program

Designed for international students, the Summer Program allows you to discover the courses of a French grande école.

- 25 places available
- 4 week program
- Selection based on application after 2 years of study at a foreign university

ICN bachelor en management sup’est

Certified by the government, ‘bac+3’

The renowned diploma for jobs in sales and marketing. A quick start in the professional world with this 3 year course or an opportunity to pursue a master’s degree with a professional experience in 3 years.

- 160 places available

ICN grande école program

Certified by the government, Master’s degree

The program trains future managers, capable of working on the forefront of management and in other fields.

- 365 places available in the 1st year for the national competitive examination*
- 135 places available in the 2nd year for the national competitive examination*
- 2 or 3 year program, plus an optional “experiences” year
* in addition to international competitive examination*

6 ICN MSC

- Admission through selection process
- 1 or 2 year programs

ICN MSC in international management/miex

Accredited by “conférence des grandes écoles”

A program with a lot of international travelling thanks to 7 prestigious institutions all over the world to validate a double or even a triple degree.

ICN MSC in international business development

The program trains students to provide tools and methodology in negotiation and business development techniques internationally.

ICN MSC in luxury and design management

The first Artem Alliance program (with Mines Nancy and the Nancy National Graduate School of Art and Design) allows you to approach the luxury industry in a cross-disciplinary way.

ICN MSC in digital management

This MSc trains students for management positions in large digital companies in France and overseas.

ICN MSC in marketing and brand management

This MSc trains students to become future brand managers to identify opportunities and implement successful marketing plans.

ICN MSC in finance, insurance and risk management

Work in the finance and insurance industry, in the public or private sector, thanks to this traineeship. ICN is one of the rare schools to offer an MSc in this domain.
Learn tools, methods, techniques, and also develop the ethical behaviour of a professional coach.

- Admission with a bachelor degree or equivalent after relevant professional experience of 5 years
- The program is 3 or 4 days per month, lasting 18 months

EXECUTIVE MBA - AMBA Accredited

• Working engineers, executives, and managers can strengthen their managerial skills and acquire a global strategic vision of the company.

- Admission with a bachelor degree or equivalent after relevant professional experience of 5 years
- The program is 3 or 4 days per month, lasting 18 months

EXECUTIVE MASTER OF SCIENCE in business administration

For professionals wishing to improve or bring their academic knowledge up to date.

• 25 places available
• Have a bachelor’s degree and 3 years of successful work experience, or have 10 years of relevant work experience
• 12 three-day modules over 12 months in Shanghai and 2 modules in France

Formacadre, Operational Manager of a Profit Centre

RNCP level 2 certified

General program that covers all areas of management necessary to access managerial positions.

• 15 places available per session; 3 sessions per year (in Nancy and in Paris)
• Admission by application after 'Bac+2', and 3 years work experience
• Full-time or part-time program

Professional Coach

RNCP level 1 certified

Learn tools, methods, techniques, and also develop the ethical behaviour of a professional coach.

• 15 places available per session; 3 sessions per year (in Nancy, Luxembourg, and in Paris)
• Admission by application for all managers, executives, HR managers, and consultants
• Part-time program, 18 days over 6 months

Executive Manager Program

Polyvalent manager of people and organisations

The program is founded on a structured and operational method aiming to build and deploy an entity project (team, service, business unit or company) over 2-5 years, and to support participants in defining and deploying their strategy.

• 15 places available
• Admission by application for company directors, executive committee members, business unit or network managers, and founders.
• Part-time program over 10 months (17 days in class, 7 e-learning sessions, and 4 individual coaching sessions)

Certificate Programs, Short Modules

• A personalised approach and complete support to perfectly adapt to needs and improve training efficiency
• Training ‘à la carte’

• 15 places available per session
• Admission by application for all managers with a ‘Bac+2’ level and professional experience
• 1 to 3 days short modules, and certificate programs up to 16 days
Application Process 3
for international students, admission is on application form

<table>
<thead>
<tr>
<th>EXCHANGE STUDENTS</th>
<th>NON-EXCHANGE STUDENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEND YOUR APPLICATION WITH THE FOLLOWING DOCUMENTS:</td>
<td>PLEASE DROP YOUR DOCUMENTS ONLINE ON THE APPLICATION PLATFORM <a href="HTTPS://WWW.ICN-ARTEM.COM/EN/ACADEMIC-PROGRAMS/ADMISSIONS-INTERNATIONAL-CANDIDATES">HTTPS://WWW.ICN-ARTEM.COM/EN/ACADEMIC-PROGRAMS/ADMISSIONS-INTERNATIONAL-CANDIDATES</a>:</td>
</tr>
<tr>
<td>• Completed application form with photo</td>
<td>• Registration form online</td>
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<tr>
<td>• Curriculum vitae or résumé in French or in English (depending on the language of study)</td>
<td>• Curriculum vitae or résumé in French or in English (depending on the language of study)</td>
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<td>• Letter of motivation in French or in English (depending on the language of study)</td>
<td>• Letter of motivation in French or in English (depending on the language of study)</td>
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<tr>
<td>• Copy of passport or identity card</td>
<td>• Deferred video meeting</td>
</tr>
<tr>
<td>• Academic transcripts from the last 2 years</td>
<td>• Copy of High School Diploma (Bachelor year 1 only)</td>
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<tr>
<td>• Copy of TOEFL, TOEIC, IELTS or Certificate of Cambridge (if program in English)</td>
<td>• Copy of passport or identity card</td>
</tr>
<tr>
<td>• Attestation of French language level by the home university (if program in French)</td>
<td>• Academic transcripts from the last 2 years</td>
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<td></td>
<td>• 2 letters of academic and/or professional reference</td>
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<tr>
<td></td>
<td>• Copy of TOEFL, TOEIC, IELTS or Certificate of Cambridge (if program in English)</td>
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<td>• Copy of DALF or DELF (if program in French)</td>
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<td>• 100€ application fee (2019-2020 prices)</td>
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**Application deadline:**
- May 15th, 2020 (Fall semester / Year)  
- October 15th, 2020 (Spring semester)

**Application deadline:**
- July 5th, 2020  
- July 10th, 2020 for EU students (MSc IM-MIEX et MSc LDM only)

**APPLICATION:**
You can download application files on the ICN website:
www.icn-artem.com/en/academic-programs/admissions-international-candidates

PLEASE SEND YOUR APPLICATION TO ICN BUSINESS SCHOOL:

icnexchange@icn-artem.com  
studyabroad@icn-artem.com
Visa Process and Residence Permit
If you are a citizen of a non-European Community country (even if you presently reside in a European Community country) you will need to obtain a long-term student visa before coming to France. The VLS-TS student visa allows you to pursue studies in France for a period of four months to one year. It must be validated upon your arrival in France. If you would like to continue your studies after it expires, you may apply for a multi-annual residence permit (carte de séjour pluriannuelle).

There is an official website for visas in France: [https://france-visas.gouv.fr](https://france-visas.gouv.fr)

**How to obtain a VLS-TS student (VLS-TS "étudiant") visa?**

- If you live in one of the 42 countries subject to the "Etudes en France ("Studies in France) procedure and you need a visa to come study in France, you must first apply to enrol in a higher education institution through the platform "Etudes en France". Your visa application will be automatically sent to the French consular authorities of your home country through the platform.
- If you do not live in one of these countries and you need a visa to come study in France, please contact French consular authorities in your home country.

**How to validate your student VLS-TS visa?**

You can validate your VLS-TS visa online. As soon as you arrive in France, you must validate your visa. The process is entirely digital: you can do everything remotely, at home, on your computer. You must validate your visa within 3 months of arriving in France at the very latest. Please, visit the following website: [https://administration-etrangers-en-france.interieur.gouv.fr](https://administration-etrangers-en-france.interieur.gouv.fr)

**What do you need to validate your VLS-TS visa?**

You will need:
- a valid email address,
- information on your visa,
- your date of arrival in France,
- your home address in France,
- a bank card to pay online the fee for issuing the residence permit.

**What if you do not have a bank card?**

Don’t worry! You can buy an electronic stamp (timbre électronique) at a kiosk, at a dedicated terminal, and pay in cash.
health insurance
It is the CPAM (Caisse Primaire d’Assurance Maladie) which manages student social security in Meurthe-et-Moselle. It is important to respect this obligation since during your administrative procedures (residence card, APL ...), you will have to justify a social coverage. Enrollment in the French student insurance system will allow you to be reimbursed for up to 70% of medical costs. We recommend that you also purchase additional insurance called a student “mutuelle” which will provide more coverage. The two health insurance providers are MGEL (www.mgel.fr) and LMDE (www.lmde.fr).

Concerning the mandatory health insurance, several cases are possible:

**If you come from a European Community country**

You must obtain, from the Insurance Agency in your home country, your European Health card or a temporary replacement certificate. It will exempt you from having to register for French health insurance while at the same time providing identical coverage.

If you have a European health insurance card valid until 30/08/2020, you do not need to register at the French health insurance. It is the health insurance of your country which will take care of your expenses of health and will refund you.

If you do not have a European Health Insurance Card, you must create an account on etudiant-etranger.ameli.fr in order to create a social insurance file (free of charge).

**If you come from a non-European Community country**

You must register on etudiant-etranger.ameli.fr. You must provide a residency permit, a proof of registration for the current academic year, identity document (valid passport or ID card), a student visa, a vital record authenticated by a legible stamp and an official banking information slip (RIB).

Students from the Province of Quebec, Canada should obtain the SE401-Q106 form from the Ministry of Foreign Affairs in Quebec before coming to France. This form will exempt you from having to pay for French student insurance.

We recommend that you purchase an additional insurance called a student “mutuelle” which will provide more coverage.

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**Contact Information**

**MGEL**
- www.mgel.fr
- +33 (0)3 83 30 03 00 (Nancy)

**LMDE**
- www.lmde.fr
- 0 81 15 05 633

**CPAM**
- www.ameli.fr
- contact@cpam-nancy.cnamts.fr

**REGISTRATION OFFICE**
- inscriptions@icn-artem.com
- +33 (0)3 54 50 25 39
There are 4 main housing categories in France:

- Furnished studio in a private student residence,
- Furnished studio in a private residence,
- Furnished room in a state-owned university residence (CROUS),
- Private housing (apartment, roommates...).

ICN Business School does not own any residence halls. However, once your admission has been finalized, please contact us via housing-info@icn-artem.com in order to obtain detailed information about housing options available in Nancy, Metz, Nürnberg or Berlin. The International Relations Office (international@icn-artem.com) and the Globe & Co student association (globeandco54@gmail.com) are also available to assist you in your search for housing.

**YOU MUST RESERVE your housing before you ARRIVE AT ICN!**

To facilitate your search for accommodation, we also recommend using the school's platform dedicated to housing: Studapart. You will be able to find a rental in a student residence or in a private apartment, a room in a shared apartment, a sublease or even a room with a French family!

[https://housing.icn-artem.com](https://housing.icn-artem.com): ask the International Relations office for the access code and sign up!
SOME INFORMATION ABOUT A ROOM IN A STATE-OWNED UNIVERSITY RESIDENCE (CROUS)

**Description**
The University residences in Nancy are managed by the CROUS (Centre régional des oeuvres universitaires et sociales). The traditional residences offer only single occupant furnished rooms, each measuring 9 square meters. You will need to bring your own bed and bath linens, including towels and sheets. The bathrooms (toilets) and kitchens are for shared use and are located outside your room on the same floor.

Cooking in your room is forbidden. The university restaurants offer full, modest priced meals at lunch and dinner (meals are 3,25 € each). Meal tickets can be purchased at the restaurants (on a rechargeable chip card).

Nancy has several university residences which are located in various parts of the city. Although ICN requests that its students be assigned close to campus, we can not guarantee this. If possible, the CROUS will accommodate students close by (Résidence du Placieux, Haute-Malgrange, Monplaisir, Vélodrome, Charmois). However, the decision is made by the CROUS and not by ICN.

**Type of Contract**
The contract is normally drawn up for a period of 9 months (usually from September to June). As soon as the contract is signed, students must stay in the residence and the contract cannot be cancelled. The rent for a university student's room varies between 150 € and 550 € per month.

Upon arrival in Nancy, you must pay a guarantee (security deposit) amounting to between 150€ and 230€, depending on the type of room.

This deposit will be returned to you at the end of your stay after your apartment has been inspected for damage and after any other sums due to the CROUS have been paid.

You should also take out a comprehensive ‘multi risk’ property and contents insurance policy (in case of theft, fire, accident, etc.) with a French company (insurance company, bank, or the student’s insurance agency MGEL).

You should expect to pay between 30€ and 65€ per year for this insurance. You can apply for a housing allowance (see next chapter).

**CROUS INTERNATIONAL RECEPTION DESK**
75, rue de Laxou – 54 000 NANCY
+33 (0)3 83 91 89 38
www.crous-lorraine.fr/international
Monday to Friday from 9am to 12pm
and 1pm to 4.30pm

The request for housing is done online on the CROUS website:
www.crous-lorraine.fr/international/nos-solutions-dhebergement

It is recommended that students who would like additional privacy (personal bathroom and kitchen) select a private student residence rather than CROUS.

**Private housing**
There is the possibility of renting apartments either with roommates or via private individuals. This area of real estate may be difficult to access from abroad. Nevertheless, you can consult offers and advertisements via the websites below:

**Housing advertisements**
MGEL | www.mgel.fr/logement
PARU VENDU | www.paruvendu.fr/immobilier/
BED AND SCHOOL | www.bedandschool.com/site/index.php
LE BON COIN | http://www.leboncoin.fr/

**Offers for roomates**
www.recherche-colocation.com/nancy.html
www.appartager.com/lorraine/meurthe-et-moselle/colocation-nancy
IMPORTANT NOTE
for any kind of housing

REMEMBER TO SEND YOUR ARRIVAL DATE AND TIME TO GLOBE AND CO if you wish to be picked up at the train station. You must give 48 hours’ notice.

YOU SHOULD PLAN YOUR ARRIVAL FOR A WEEKDAY (from Monday to Friday) and before 6pm. You should advise the rental office in advance of your intended arrival.

KEEP IN MIND THAT RESIDENCES ASK FOR THE PAYMENT OF A GUARANTEE corresponding to a security deposit which will be reimbursed to you at the end of the contract if there is no damage to the property. Certain residences also ask for a non-reimbursable agency fee for administrative purposes.

YOU SHOULD ALSO TAKE OUT A COMPREHENSIVE “MULTI RISK” PROPERTY AND CONTENTS INSURANCE POLICY (in case of theft, fire, accident, etc.) with a French company (insurance company, bank or MGEL, student’s insurance agency). Again, Globe and Co will help you with this. Renting a studio in France entitles you to apply for a financial grant, called “Aide Personnalisée au Logement” (see the section on “Financial Assistance” section).

In order to qualify, you need to meet certain requirements:
• a completed application form,
• a check for the security deposit,
• proof of insurance,
• your appointment for the studio inventory.

STUDIO INVENTORY AND DAMAGE INSPECTION. An inventory and damage inspection of the studio will be carried out upon your arrival and again when you leave. You should thus plan your arrival for a weekday (Monday to Friday) and before 6pm. You should advise the rental office in advance of your intended departure. The studio inventory and damage inspections are required. Students who do not respect this rule risk losing their security deposits.

THE LEASING CONTRACTS are drawn up on the basis of a traditional leasing arrangement, which student occupants can cancel ONLY upon 3 months’ notice. For example, if you wish to leave your apartment/studio on June 15th, you must send a letter indicating your intention to cancel your leasing contract dated no later than March 15th. The International Relations Office can give you a sample of the resiliation letter.
financial housing assistance and taxes
financial assistance

Any foreign student who has a European nationality or a French long-stay visa has the right to apply for government housing assistance. In order to qualify, you need to meet certain requirements.

This type of financial assistance is coordinated and distributed by the CAF (Caisse d’Allocations Familiales). You should apply promptly upon arrival.

This type of financial assistance takes at least one month to obtain after receiving your residence permit. You will thus have to pay for at least the entire first month’s rent by yourself. It is important to apply for financial housing assistance as soon as possible after arrival in Nancy (the student association Globe and Co will help you with this procedure).

Keep in mind that if you should leave your apartment on the 15th of a given month, the financial housing assistance will not apply for that month’s rent. The people can help answer your questions about financial housing assistance and help you fill out the necessary forms. Globe and Co can also assist you with this.

housing tax

French fiscal law declares that any person residing in France as of January 1st is responsible for housing tax (rates estimated to be approximately a month and half of rent). Payment of this tax is required by the French government a few months after your departure.

Remember to bring a birth certificate (translated into French). This document will be requested in order to complete your file.
living in Nancy and its surroundings
The famous squares and monuments of Nancy

The city is particularly famous for its squares and historic monuments:

**La Place Stanislas**: this internationally renowned square was built by Stanislas Leszczynski, one of the Dukes of Lorraine. It is famous for its beautiful gilded ironwork designed by Jean Lamour. On Stanislas Square, you will discover the Hotel de Ville, the Opera Theatre of Lorraine and Fine Arts Museum.

**La Place Carrière**: it stretches from the Héré Gate to the exquisite Government Palace

**Le Palais Ducal**: the palace is located within the confines of the medieval city or old town

**La Porte de la Craffe**: at one end of the Grande Rue in the old town, this imposing fortress once protected the city

**Religious monuments**: Nancy has 6 famous churches: Basilique Saint-Epvre, Eglise des Cordeliers, Cathédrale Notre-Dame-de-l’Annonciation de Nancy, Eglise Notre Dame de Bonsecours, Eglise Saint Pierre, and Eglise Saint Sébastien.

Museums

For those who appreciate art and art history, Nancy has 3 museums, each dedicated to a different aspect of the city’s cultural heritage. Located in different parts of the city, the museums have distinctive architectural styles:

**The Museum of Lorraine** is located within the Palace of the Dukes of Lorraine in the medieval city. Visitors can retrace the history of the region from prehistoric to modern times.

**The Fine Arts Museum** is housed in one of the splendid 18th century pavilions surrounding Stanislas Square. It contains a magnificent collection of paintings, sculptures and artwork as well as an exceptional collection of crystal by Daum.

**The Museum of l’Ecole de Nancy** can be found in a late 19th century Chateau. It is dedicated to “Art Nouveau”, the decorative style of art which flourished in Nancy at the turn of the 20th century.

For those of you who love nature or for those who are interested in the mining and steel industries (which were the traditional industries of Nancy), the following museums will certainly interest you:

**The Museum aquarium of Nancy** has more than 10,000 specimens, some of which represent endangered species. In addition to tropical fish and marine animals, the aquarium contains a natural history museum.

**Iron Museum** has exhibits on the history of iron and ironwork as well as techniques for making iron.

Parks and gardens

Nancy owns wonderful public parks for everyone to enjoy. The most famous is “la Pépinière” which offers a rose garden, a football ground, a brewery and soon a water park. Parc Sainte-Marie is close to ICN and welcomes picnics students in the spring. Do not miss the beautiful Jardin Ephémère on Place Stanislas.
Theaters, Concerts and Cinemas

Compose your own programs as there is a vast range to choose from: Opéra national de Lorraine, Centre Dramatique National, CCN Ballet de Lorraine, Zénith de Nancy, L’Autre Canal, etc. Nancy owns many cultural locations. Throughout the year, cultural events are organized by the city or by private associations related to the arts:

- Le Livre sur la Place, major autumn event in Nancy
- Journée et Nuit du patrimoine (September)
- Nancy Jazz Pulsations festival (October)
- Saint-Nicolas 5 weeks festival (November-December)
- Christmas Village (December)
- Le printemps des poètes (March)
- Epicurieux festival (April)
- Bon Moment festival (May)
- Nancy is burning festival (May)
- Festival International de chant choral (in May, every two years)

Libraries

At ICN, you will find the médiathèque Artem which includes a business library and a study hall. You may also use the libraries at the Economics and Law Faculties. Students can also expand their research by using the public libraries of the city of Nancy. The most important are:

- The media center (médiathèque), located at 10, rue Baron Louis in Nancy
- The municipal library located at 43, rue Stanislas in Nancy

Sports

The “service universitaire des activités physiques et sportives” (SUAPS) is the sports service for all students in Nancy. For more informations: +33 (0)3 54 50 37 77 - sport.univ-lorraine.fr

You can practice any of 55 different sports. Among them are: aikido, badminton, basketball, body-building, climbing, dancing, fencing, golfing, kayaking, skiing, sky-diving, swimming, tennis, table tennis...

ICN’s Sport Association (BDS-Bureau des Sports) will assist you with all administrative steps and will also help you join any of the school’s sporting teams if you wish. The sports halls are situated at several locations in Nancy:

- **Center of Nancy**
  - Gymnase A. Lefebvre
    - (multi-purpose gymnasium, dancing, fighting and fencing halls)
    - 1, bis boulevard Albert 1er
    - 54 000 Nancy
    - +33 (0)3 54 50 37 60

  - Océanutes swimming pool and gymnasium
    - Rue de Verdun - 54 000 Nancy
    - +33 (0)3 83 96 15 71

- **Vandœuvre**
  - Aiguillettes Sports Complex
    - Boulevard des Aiguillettes
    - 54 600 Villers-lès-Nancy
    - +33 (0)3 83 28 29 72

- **Brabois**
  - New Sports Hall
    - 11 Avenue de la Forêt de Haye
    - 54 500 Vandœuvre-lès-Nancy
    - +33 (0)3 54 50 37 93

For additional information, don’t hesitate to contact the BDS at ICN Business School: bds@myicn.fr
RESTAURANTS

Would you like to sample the gastronomic specialties of the Lorraine region or perhaps try other exotic foods?
In Nancy, you can find all kinds of restaurants from the local Alsace and Lorraine dishes to North African, American, Mexican, East Asian, Indian, Greek, Creole and Corsican dishes. There are also many bakeries, pizzerias and specialized restaurants (for example crêpes) as well as bars and pubs. Nancy is blessed with a number of five-star restaurants.

The international relations office at ICN can provide you with a list of restaurants.

UNIVERSITY RESTAURANTS

Several university restaurants are available for students, near ICN and in Nancy (Artem, vélodrome, etc...) and offer full meals for lunch and dinner for the modest price of 3,25€.

On weekends and during school holidays, the schedules.

A new (S)Pace Artem CROUS restaurant opened in 2018. Located on the ICN Artem campus, it is open from 7:30 am to 10:00 pm
Please check which ones are opened on the CROUS website: www.crous-lorraine.fr/restauration/nosrestaurants

TRANSPORTATION

The tram connects Vandoeuvre-lès-Nancy to Essey-lès-Nancy and goes through the heart of Nancy.

All the lines of Stan network will get you almost anywhere in Nancy.

Vélo Stan Lib': you can get free access to bicycles for a short period of time. The service is available 24 hours a day, 7 days a week in 29 stations all around the city.

WHAT TO DO IN THE SURROUNDINGS?

The Vosges are only an hour drive from Nancy. The many mountains, parks, lakes (eg. The Pierre-Percée Lake) and rivers offer many things to do: hiking, cycling, skiing, as well as nautical activities and many more.

The Amnéville zoo is also an hour drive from Nancy and offers a wide range of animals for you to see.

For more ideas, visit www.tourisme-lorraine.fr
9 PRACTICAL MATTERS RELATED TO LIVING IN FRANCE
SOME BASIC PHRASES

<table>
<thead>
<tr>
<th>English</th>
<th>Français</th>
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<tbody>
<tr>
<td>Hello</td>
<td>Salut</td>
</tr>
<tr>
<td>Good morning/good afternoon</td>
<td>Bonjour</td>
</tr>
<tr>
<td>Good evening</td>
<td>Bonsoir</td>
</tr>
<tr>
<td>Good night</td>
<td>Bonne nuit</td>
</tr>
<tr>
<td>Goodbye</td>
<td>Au revoir</td>
</tr>
<tr>
<td>My name is...</td>
<td>Je m’appelle...</td>
</tr>
<tr>
<td>What is your name?</td>
<td>Comment vous appelez-vous/t’appelles-tu ?</td>
</tr>
<tr>
<td>Yes/no</td>
<td>Oui/non</td>
</tr>
<tr>
<td>Thank you</td>
<td>Merci</td>
</tr>
<tr>
<td>You’re welcome</td>
<td>De rien</td>
</tr>
<tr>
<td>Excuse me</td>
<td>Excusez-moi</td>
</tr>
<tr>
<td>How are you?</td>
<td>Comment allez-vous/vas-tu ?</td>
</tr>
<tr>
<td>Where is/are...?</td>
<td>Où est/sont... ?</td>
</tr>
</tbody>
</table>

COST OF LIVING

The average cost of living for a single student who lives in a student apartment is estimated to be from 400€ to 800€ per month (including rent and other living costs), plus approximately 70€ of general fees (library, sports facility, etc) and health insurance if needed (see page 15).

WHAT YOU SHOULD BRING?

- Formal clothes for special events
- Important documents (passport, travel or health insurance, copy of birth certificate)
- Medical records, special prescription or medicine (if any)
- Spare glasses or contact lenses (if needed)
- Umbrella
- Bedsheets and towels
- Winter clothes (ski clothes if you attend the BBA seminar).
- Other necessities like wristwatch, alarm clock, school bag, dictionary, stationary,…

BUSINESS HOURS IN FRANCE

Most businesses are closed on Sundays. All stores close by 7pm during the week and banks are often closed on Mondays. ICN Business School is open from Monday to Friday.

DRIVING LICENSE

In France you drive on the right side of the road. It is mandatory to wear seatbelts at all times. Regulations on the permissible level of alcohol for drivers is very strict, allowing less than 0.5g (0.2g for young drivers), and all misdemeanors are liable to heavy penalties.

SMOKING REGULATIONS

France has very strict regulations regarding smoking in public. Smoking is forbidden in public places such as offices, shops and public transport and also in bars and restaurants. Smoking in the work place is not allowed, unless there is a specific room provided for smokers. Otherwise you will have to smoke outdoors.
**Basic Rules**

No noise after 10pm inside the housing residences.
No absenteeism in classes.

**Electricity**

The electricity current in France is 230V, 50 Hz. The plugs conform to European standards.

**Public Holidays**

<table>
<thead>
<tr>
<th>Event</th>
<th>2019</th>
<th>2020</th>
<th>2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>New Year’s Day</td>
<td>1st January</td>
<td>1st January</td>
<td>1st January</td>
</tr>
<tr>
<td>Easter</td>
<td>21st April</td>
<td>12th April</td>
<td>4th April</td>
</tr>
<tr>
<td>Easter Monday</td>
<td>22nd April</td>
<td>13th April</td>
<td>5th April</td>
</tr>
<tr>
<td>Labor Day</td>
<td>1st May</td>
<td>1st May</td>
<td>1st May</td>
</tr>
<tr>
<td>8 mai 1945</td>
<td>8th May</td>
<td>8th May</td>
<td>8th May</td>
</tr>
<tr>
<td>Ascension Day</td>
<td>30th May</td>
<td>21st May</td>
<td>13th May</td>
</tr>
<tr>
<td>Pentecost Monday</td>
<td>10th June</td>
<td>1st June</td>
<td>24th May</td>
</tr>
<tr>
<td>Bastille Day</td>
<td>14th July</td>
<td>14th July</td>
<td>14th July</td>
</tr>
<tr>
<td>Assumption</td>
<td>15th August</td>
<td>15th August</td>
<td>15th August</td>
</tr>
<tr>
<td>All Saint’s Day</td>
<td>1st November</td>
<td>1st November</td>
<td>1st November</td>
</tr>
<tr>
<td>Christmas</td>
<td>25th December</td>
<td>25th December</td>
<td>25th December</td>
</tr>
</tbody>
</table>

**Emergency Phone Numbers**

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency call</td>
<td>15 (or 112 depuis from a mobile tel.)</td>
</tr>
<tr>
<td>Fire emergency</td>
<td>18</td>
</tr>
<tr>
<td>Police</td>
<td>17</td>
</tr>
</tbody>
</table>

**How can I call from France to another country?**

If you want to call another country from France, dial the international code 00, the code of the country you want to reach, then the number without the first 0.
**How can I open a bank account in France?**

Please contact the registration office for ICN’s partner banks if needed.

To open a bank account, you must be over 18.

You will need:
- your identity card, your passport and your Residence Permit for non-European citizens (valid time period)
- a proof of domicile (originals, less than 3 months):
  - your lease
  - or an electricity bill
  - or a land line phone bill
  - or a water bill.

**What is a « RIB » (IBAN)?**

A “Relevé d’Identité Bancaire” is a series of codes that include the code of your bank in France, its location and also your personal account number.

You will need this number in order to receive electronic money transfers from your bank in your home country and to receive other automated electronic deposits to your account, for example, remuneration for an internship or other employment. This should be provided by your bank several days after opening your account or can be obtained directly at the branch, simply by asking for your “RIB”.

**What if I want to send mail?**

La Poste is the national post office in charge of collecting, routing and delivering mail. Regular stamps (for Europe) can be bought in the Post Office and in some tobacconists (“tabac”) and cigarette counters (cafés). If you want to send a letter outside Europe, you usually have to buy a stamp at the Post Office directly.

It is possible to send an urgent document by Chronopost with guaranteed 24-hour delivery in France and express international deliveries.

More information can be found at www.laposte.fr

**TIPPING**

In France, service is included in the prices.

**MEASUREMENTS**

France uses the metric system. Below you will find some of the most common measurements and their equivalents.

<table>
<thead>
<tr>
<th>Metric</th>
<th>Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 centimeter</td>
<td>0.39 inches</td>
</tr>
<tr>
<td>1 meter</td>
<td>3.28 feet</td>
</tr>
<tr>
<td>1 kilometer</td>
<td>0.62 mile</td>
</tr>
<tr>
<td>1 liter</td>
<td>1.76 pint (UK) / 2.1 pints (US)</td>
</tr>
<tr>
<td>1 liter</td>
<td>0.22 gallon (UK) / 0.26 gallon (US)</td>
</tr>
<tr>
<td>1 kilogram</td>
<td>2.2 pounds</td>
</tr>
</tbody>
</table>

To convert Centigrade to Fahrenheit: multiply by 9, divide by 5 and add 32.
To convert Fahrenheit to Centigrade: subtract 32, multiply by 5 and divide by 9.
"Our association is made up of students from ICN Business School and our mission is to help you enjoy your stay in Nancy. Helping you discover France and French culture is also of prime importance to us."

Welcome

As soon as you arrive, we will be there to answer all of your questions. Whether they are about practical life, administration or school life... We are always available. If you have any problems, please contact us.

Integration

Attending a foreign university means meeting a lot of new people. In order to make your stay in France a rewarding one, we propose mentoring, a welcoming drink, parties, and visits to interesting places. Your suggestions are always appreciated.

Discussion

Of course we know that being away from home is sometimes hard and that is why we want to make you feel at home. If you ever feel homesick or need anything, you can come and talk to us. We are available 24 hours a day.

Contact us at

globeandco54@gmail.com
www.facebook.com/GlobeAndCo

Remember to send us your arrival date and time if you wish to be picked up at the train station in Nancy. Please give 48 hours’ notice.
Every Year, You Are Invited To Various Events Organized by the ICN International Relations Office

Integration Week | September

Each year in September, prior to the start of the academic year, the international relations office at ICN Business School organizes an Integration Week for international students.

This week is optional and consists of visits of Nancy and the surrounding region as well as French language classes (optional). A detailed program will be sent to you by email during the summer. This event gives you not only the opportunity to get to know other international students, but French students as well. Since the creation of the integration week, it has always been truly appreciated by the students who partake in it. We highly recommend that you participate in this week.

The price (FYI in 2018: 240€ without French classes, 260€ with French classes) includes the numerous visits and activities and the majority of meals related to these events. Students who wish to participate in the Integration Week have to register online via the international relations office.

Buddy Ceremony | October

The international relations office and the BDI ESN Globe&Co association organize a buddy ceremony where you can officially meet your god mother or god father.

Very prestigious and chic ceremony not to miss!

International Forum | November

This International Day is a great opportunity for international students to promote their Home University to French students. Booths will be available to students in order display brochures and other promotional materials.

Contribute to boosting inter-school exchanges!

BBa Seminar | January

Every year in January, a Seminar in the French Alps is organized. This seminar is a great opportunity to mix with other international students as well as French students. We strongly advise you to participate in it. As it is held in a big resort, the prices that are proposed are way under the normal price, which makes this week in the Alps a very attractive bargain.

This great seminar will enable you to foster meetings through a multicultural living experience among French and international students. It will also boost relationships among students of different nationalities, go beyond prejudices, stereotypes and preconceived ideas, build common values, and help to integrate the students arriving for the 2nd semester. Finally, it will enable in-depth exchanges by means of joint workshops, conferences, sporting activities, and evening gatherings.

Welcome Party for the 2nd Semester Students | January

It will be the occasion to meet all of you and introduce you to our International Relations Department as well as the students from Globe and Co... And also to eat some pizza!

Goodbye Lunch | April

International students are invited by the International Relations office to a lunch. A great occasion to look back to your experience in France, at ICN, and say goodbye!
12 CONTACTS AND USEFUL ADDRESSES
Frédérique BOUTIN
Head of International Relations Office
+33 (0)3 54 50 25 49
frederique.boutin@icn-artem.com

Stéphanie GUGLIELMINA
International Recruitment Manager
+33 (0)3 54 50 25 25
stephanie.guglielmina@icn-artem.com
studyabroad@icn-artem.com

Maria KOLNIKAJ
Exchange Programs Manager
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icnexchange@icn-artem.com

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icnexchange@icn-artem.com

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+33 (0)3 54 50 25 28
jenny.huet@icn-artem.com
icnexchange@icn-artem.com

Elisa LEON
Exchange Programs Advisor
(Latin America, USA, Russia, Middle East, Africa)
+33 (0)3 54 50 26 28
elisa.leon@icn-artem.com
icnexchange@icn-artem.com
**Useful Adresses**

### Office de Tourisme de Nancy

<table>
<thead>
<tr>
<th>Place Stanislas</th>
<th>Tourism information about Nancy and the Lorraine region</th>
</tr>
</thead>
<tbody>
<tr>
<td>BP 810 – 54 011 NANCY Cedex</td>
<td>+33 (0)3 83 35 22 41</td>
</tr>
<tr>
<td><a href="http://www.nancy-tourisme.fr">www.nancy-tourisme.fr</a></td>
<td></td>
</tr>
</tbody>
</table>

### CROUS

(Centre régional des œuvres universitaires et sociales)

| 75, rue de Laxou – 54 000 NANCY | In charge of making student life (work and school) easier and better: housing, meals, allowances... |
| +33 (0)3 83 91 89 38 | Open from Monday to Friday from 9am to 12pm and 1pm to 4.30pm. |
| www.crous-lorraine.fr | "Accueil international" office open from Monday to Friday from 1.30pm to 4.30pm. |

### MGEL

<table>
<thead>
<tr>
<th>NANCY</th>
<th>Social security for students and &quot;mutuelle étudiante&quot;: complementary medical insurance and practical help for students (job searching, housing...)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3, rue des Carmes – 54 000 NANCY</td>
<td>Monday through Friday from 9am to 6pm (except Tuesday, open at 9:30am)</td>
</tr>
<tr>
<td>+33 (0)3 83 30 03 00</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>VANDOEUVRE</th>
<th>Social security for students and &quot;mutuelle étudiante&quot;: complementary medical insurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>3, boulevard des Aiguillettes 54 500 VANDOEUVRE-LES-NANCY</td>
<td>Monday from 10:00am to 12:30pm and to 1:30pm to 5:00pm and Tuesday through Friday from 8:45am to 12:30pm and from 1:30pm to 5:00pm</td>
</tr>
<tr>
<td>+33 (0)3 83 54 86 86</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>METZ</th>
<th>Social security for students and &quot;mutuelle étudiante&quot;: complementary medical insurance</th>
</tr>
</thead>
<tbody>
<tr>
<td>11, boulevard Sérot - 57 000 METZ</td>
<td>Monday from 10:00am to 12:30pm and to 1:30pm to 5:00pm and Tuesday through Friday from 8:45am to 12:30pm and from 1:30pm to 5:00pm</td>
</tr>
<tr>
<td>+33 (0)3 87 30 34 14</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.mgel.fr">www.mgel.fr</a></td>
<td></td>
</tr>
</tbody>
</table>

### LMDE

| 9, rue Maurice Barrès | Social security for students and "mutuelle étudiante": complementary medical insurance |
| 54 000 NANCY | Monday from 10:00am to 12:30pm and to 1:30pm to 5:00pm and Tuesday through Friday from 8:45am to 12:30pm and from 1:30pm to 5:00pm |
| +33 (0)8 11 50 56 33 | |
| www.lmde.fr | |

### CAF

(Caisse d’allocations familiales)

| 21, rue de Saint-Lambert – 54 000 NANCY | Organization for social welfare, housing assistance... |
| +33 (0)8 10 25 54 10 | Monday to Friday: from 8:30am to 4:00pm |
| www.54.caf.fr | |

### CPAM

(Caisse primaire d’assurance maladie)

| 9, boulevard Joffre – 54 000 NANCY | Social security |
| +33 (0)8 11 70 36 46 (outside of France) 3646 (inside of France) | Monday to Friday from 8:30am to 12pm and from 13pm to 16:30pm |
TESTIMONIES

13
"In the last year of stay in ICN at Nürnberg campus, I just feel that I experienced another kind of lifestyle. It is at ICN that I met people with different backgrounds, took various courses as well as spent a meaningful time, at which I could say it's definitely an unforgettable memory for me. I really appreciate that ICN provide me with an international horizon and will back me up like always on the way to my destination."

Shuyun YANG - China

"Till now, I have finished my IPM2 in Nancy, France, and I'm taking my double degree in Nürnberg, Germany. It's hard to believe that within just this fleeting one year, I have taken over 5,000 pictures on my phone, and I just have so many stories to share. I really have a rich aboard life! I felt fresh first, then strange, disappointed sometimes, but every time when I had a heated discussion in the class, a wonderful story during the trip, or the grateful buildings and masterpieces showing right in front me, I know all these are worthwhile. It's quite interesting I see and experience the culture collision and fusion between China and Western, even over every European country. Thanks to myself for making this decision one year ago and thank that ICN gives my everything to be an explorer."

Maximilien SARR - Senegal

"My name is Maximilien Sarr, I am from Senegal, in West Africa. I am a 3rd year student in the Bachelor program. When I decided to study in France, I started to look for both a general and international course of study that would allow me to gain knowledge in several domains before starting a specialization. This is why I chose the ICN Bachelor Sup’Est, which is one of the best Bachelor programs in France. The thought of changing countries and cultures worried me greatly. I was especially afraid that I might not be able to integrate and that I’d constantly feel home sick. But Nancy is a student city and ICN is a school with a vast international scope, allowing me to meet loads of people of different nationalities, and thus facilitating my integration. I strongly recommend the Bachelor program to any student with a passion for interpersonal relationships and the international field."

Xu YING - China

"ICN Business School is driven by three fundamental values that take on their full meaning with the Alliance Artem: open-mindedness, commitment and team spirit. At ICN, I not only gained commercial knowledge but also learned some French cultural rules. It is a good opportunity for me to develop my commercial expertise and to get to know French friends. ICN Business School is a “Grande Ecole” with an environment that is favorable to studies and that engages renowned professors. I have enjoyed my academic year at ICN. Many thanks to the friends and professors who helped me during my stay."
frequently asked questions
### How do I apply?

**Which documents are required for application? Will I need to provide proof of my proficiency in English/French?**

See “Application process” p.10.

### When can I expect to receive my letter of acceptance?

It will take approximately 3-4 weeks after your complete application file is received. If you are a non-exchange student, your file will not be treated until your application fee payment is received.

### Do you offer any scholarships?

ICN Business School is a private establishment. Therefore, it does not offer any scholarship opportunities.

### Can I pay my tuition fees in installments?

You can work out a payment plan with the accounting office at ICN upon arrival. A non-refundable down payment must be made in order to receive the Admission Letter.

### Can I join a student association?

You can join as an active member. BDI ESN Globe&Co can help you if there is an association that you are interested in.

### Do you offer any programs in English?

See “Programs” p.8.

### Can I take French lessons during my stay at ICN?

ICN is not a language school but we do want you to improve your French language skills during your time in France. French lessons are offered (usually once a week). Depending on the program, this French course may be required or not.

### Can I mix classes from different programs/semesters?

It is not possible to combine courses from more than one program. You must follow the full program offered by ICN. Exchange students must discuss the choice of their classes with their coordinator and ICN in order to be sure that credits will be transferred back to the home university.

### How many courses/credits can I take in one semester?

You can study up to 30 credits (ECTS) in one semester. A full course load is 30 ECTS credits per semester.
is it possible to begin a program in january?

For non-exchange students, all programs are held from September to May. Only students applying for the 1st year of the Bachelor program taught in French in Nancy can start the program in January. For exchange students, the 1st semester begins in September and the 2nd semester begins in January.

Can i live on campus in a residence hall?

ICN does not have its own residence halls. However, one of the student association BDI ESN Globe&Co’s main missions is to assist international students in their search for housing. The international relations office can also help you with your search. Ultimately, the housing reservation is a personal matter and must be made by the student (see p.16).

what should i do if i have a problem with my landlord?

Contact the student association BDI ESN Globe&Co or the International Relations office.

Can i go home during holidays can i travel abroad?

Yes you can, but it is highly recommended that you wait to receive the validation of your long-stay permit from the OFII before travelling.

Can i work during my stay at icn? what about an internship?

Programs are taught full-time so it would be very difficult to work at the same time. It is also very difficult to be hired by employers if you do not speak French. If an internship is not required for your program, it will not be possible to obtain an internship contract in France.

What if i fail an exam?

Dates of retake exams are decided by ICN Business School. It is only possible to retake an exam one time.

When should i expect to receive my transcripts or diploma?

You should receive your transcript in February (Fall semester) and July (Spring semester). Diplomas will not be available until October. For exchange students, official transcripts and diplomas will be sent directly to the home University.
CREATIVE business school

Contact
International relations office
+33 3 54 50 25 25
studyabroad@icn-artem.com

icn-artem.com