Pre-Arrival Steps

- Book your airfare for travel
- Confirm that you have received a full vaccine series with a Government of Canada accepted vaccine
  - You must have received your last dose at least 14 days prior to your entry to Canada
- Complete the Pre-Arrival Form to notify the ISSO of your travel plans and vaccine status

- Gather essential travel documents such as:
  - Visa or eTA
  - Valid Study Permit
  - Certificate of Enrolment or Admission Letter
  - Proof of financial means (bank statements, GIC, etc)
  - Proof of valid medical exams, if required
  - English language test results, if they were required for your study permit application
  - University Health Insurance Card (UHIP)
  - Confirmation email from Pre-Arrival Form

- Create a document with your quarantine plan, with details on your accommodations, transportation and access to necessities in case you do not qualify for the exemption and are required to complete a 14-day quarantine
- Ensure you have the financial means to pay for travel and quarantine expenses
- Ensure you have access to a cellphone that works in Canada

- Submit your travel information through the ArriveCAN Mobile App, including proof of full vaccination in English or French
- Within 72 hours of scheduled flight, complete a COVID-19 PCR test and bring documentation of negative test result to the airline prior to boarding flight

After Arrival

- Take COVID-19 test at the airport if randomly selected
- Travel to final destination following Public Health Guidelines
- Inform Carleton staff that you have been exempted from quarantine

Stay Safe!
For more information, contact ISSO
Telephone: +1 (613) 520-6600
Email: isso@carleton.ca
Hours: Monday to Friday, 8:30 am to 4:30 pm or visit the website at https://carleton.ca/issO/